



UNC
SCHOOL OF MEDICINE

**Postpartum Support International and University of North Carolina Center for Women's Mood Disorders
27th Annual PSI Conference ~ Chapel Hill, North Carolina**

***"Creating Connections between Communities, Practitioners, and Science: Innovative Care for Perinatal Mental Health"*
With The Reproductive Psychiatry Group and the National Alliance on Mental Illness (NAMI) North Carolina**

Friday Center | 100 Friday Center Drive | Chapel Hill, North Carolina 27599

**June 18-19, 2014 | PSI Pre-Conference Perinatal Mood and Anxiety Disorders Certificate Training
June 20- June 21, 2014 | MAIN CONFERENCE PROGRAM with Keynotes & Breakouts**

FRI 8:00-8:15 WELCOME	Leslie Lowell Stoutenburg, RNC, MS, PSI President Chris Raines, RN MSN APRN-BC, 2014 Conference Program Chair			
FRI 8:15- 9:15 KEYNOTE 1	 David Rubinow, MD , Assad Meymandi Distinguished Professor and Chair of the Department of Psychiatry of the University of North Carolina at Chapel Hill, an internationally known expert in the evaluation and treatment of women with mood disorders that occur during periods of hormonal change, will speak about cutting edge research on women's mental health.			
FRI Breakout I 9:30-10:30	A New Married State: Postpartum depression and Tokens of Affection: Karen Kleiman, MSW, LCSW	Developing Screening, Treatment, & Support in Pediatric Primary Care: Matthew Broom, MD, Amy Ladley, PhD	Integrative and Holistic Approaches to Antepartum and Postpartum Mood: Kelly Brogan MD ABIHM, Healy Smith MD, and Maria Muzik MD	
FRI Breakout II 10:45-11:45	Beyond the Myths, Implications for Care: How adoption shapes motherhood for Birthmothers, Adoptees and Adoptive Parents: Beth Bassett, LPC and Jessica Harrison, LCSW	Maternal Depression, Infant Toxic Stress and Screening in Primary Care: Marian Earls, MD	Breastmilk, Epigenetics and PMAD: Unraveling the relationship between support, genetics and long-term impact of breastmilk: Laurel Wilson, IBCLC ; Maternal Mental Health and Breastfeeding; Optimizing Outcomes for Mothers and Babies: Maggie Muir, LMFT, IBCLC	My baby would be better off without me: Straight talk about Suicide: Gabrielle Kaufman, MA,LPCC,BC-DMT,NCC

FRIDAY 12:00-1:00	PSI LUNCHEON Ilyene Barsky Award presented by Diana Lynn Barnes, PsyD, MFT Guest Speaker Deb Wachenheim			
FRI 1:15-1:30	Robin Muskal, PhD, Practicing Mindfulness with Ourselves, Part I			
FRI 1:30-2:00 KEYNOTE 2	 Joy Burkhard, MBA: <i>"A Look from the Outside In: Barriers to Screening & Treatment."</i> Founder of the California Maternal Mental Health Collaborative and the national 2020 Mom Project, Joy will share what brought her to our cause, her interest in collaboration, and what the 2020 Mom Project is doing to address barriers to care.			
FRI Breakout III 2:15 - 3:45	Sustainable Community Networks: Working Models of Telephone and Group Support: Moderator Birdie Meyer, RN, MA; Crystal Clancy, Lisa Cross, Wendy Davis, Liz Friedman, Adrienne Griffen, Melissa Hoffman, Amber Koter-Puline, Sonia Murdock, Jennifer Silliman	Pregnancy and Eating Disorders; 9 Months of Cravings V/S A Lifetime of Struggles: Fatima Ali, MD, Dawn Leprich-Graves, MA Eating Disorders and the Effects on Pregnancy and the Postpartum Period, Jacqueline V. Cohen, LPC, CHT and Kris Shock, CPS	Becoming Us - Family Bonding, Elly Taylor; Why Dads Leave - Why Dads Stay: Male Postpartum Abandonment Syndrome: John W. Travis, MD, MPH; Partner-Assisted Interpersonal Psychotherapy Anna R. Brandon, PhD, MCS, ABPP	Meditation, Mindfulness and Yoga in treatment and support of Perinatal Mood Disorders: Diane Sanford, PhD; Susan Ellis Murphy, MA, BSN, RNC-OB, LPC; Robin Muskal, PhD
FRI Breakout IV 4:00 - 5:30	From Crisis to Contribution: Turning Our Lived Experience into Advocacy: Moderator Wendy Davis, PhD, Jennifer H Moyer, BS; Michele Davidson PhD, CNM, CFN, RN; Tara Tulley, CPM, LCSW; Pam Moffitt from Tree of Hope	Three Faces of Psychotherapy: Acceptance and Commitment Therapy, Dialectical Behavior Therapy, and Interpersonal Psychotherapy Demonstrated: Crystal Edler Schiller, PhD, Noreen Esposito, EdD, PMHNP, Anna Brandon, PhD	Pregnancy Loss Support Program; Baby Loss and Postpartum: Nancy Berlow, LCSW-R; Julie Bindeman, PsyD	Effective Perinatal Groups: Gina Hassan, PhD and Lee Safran, MFT; Maria Muzik, MD - Mom Power: A Parenting and Mental Health Group Intervention for Mothers and Infants

FRIDAY June 20, 2014 | 5:45 – 7:00pm | Sharing and Poster Session

Intensive Intervention for PMD: The Pine Rest Mother & Baby Program	Cristina Stauffer, LMSW & Nancy Roberts RN, CCE, CBC
Development of an Intervention for PPD among Impoverished Mothers	McClain Sampson, Ph.D., M.S.S.W, 2013 Hickman Research Award winner
Caring for the Fetus and the Family: Psychosocial Support for Families Expecting Babies with Birth Defects	Joanna CM Cole PhD, CD(DONA)
Screening for depression in expectant parents with a confirmed fetal abnormality	Joanna CM Cole PhD, CD(DONA), Haley Smith, BBA
Creating a Regional Resource Network for Depressed Women	Debra Zand, PhD and Jerri Michael, BA
How National Alliance on Mental Illness(NAMI) Can Facilitate Local Resources	Deby Dihoff, MA and Jennifer Rothman, BA
Psychotherapy imbedded within OBGYN clinics: The benefits and Challenges	Rachel M. Feuer, Ph.D., Anna Kessler-Cordeiro, Ph.D., Lauren Anker, M.A.
Mother's Oasis: Lessons Learned from a Grassroots Community Resource Center	Carole Sheehan RN, MA and Fania Bevill RN
Opioids, Pregnancy, and Professionals	Melissa L. Godwin MSW, LCSW and Judith Johnson - Jones, MA, LCAS
Paternal Empathy, Maternal Mood and Marital Satisfaction in New Parents	Sandra R. Wolkoff, LCSW-R
Postpartum and Family Dogs--Decreasing Stress While Increasing Success!	Jennifer Shryock BA, CDBC
Texting as an Adjunct Treatment for Urban Mothers with PMAD's	Elizabeth Rhyne RN, CPNP, Ashley Borawski RN, CPNP, Amy Ladley, PhD
Therapy Outside the Box: Reflections from the CT Depression Improvement	Jennifer Vendetti, MSW
Use of Off Label Medications in the Treatment of PMADs	Sheila Ward CNM, APRN
Why Dads Leave--Why Dads Stay: Male Postpartum Abandonment Syndrome	John W. Travis MD, MPH
Post-Traumatic Stress Disorder and Childbearing Women	Cheryl Zauderer, PhD, CNM, NPP, IBCLC

Friday Night Banquet ~ June 20, 2014 ~ 7:00 pm -10:00pm

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Join us Friday June 20, 2014, for the annual PSI Banquet, a wonderful event with Katherine Stone as Banquet Emcee and Susan Benjamin Feingold, PsyD Banquet Keynote. You'll find an exciting drawing of desirable items, delicious reception and dinner, and the opportunity to connect with conference speakers, sharing session presenters, and conference participants. Come meet other advocates, providers, community members, and researchers, all dedicated to the care, support, and treatment of families.



Katherine Stone, Banquet Emcee: Katherine Stone is the creator of [Postpartum Progress](#), the world's leading blog on postpartum depression and a New York Times Must-Read Parenting Blog. Katherine is the founder of [Postpartum Progress Inc](#), a national nonprofit supporting pregnant and new moms with perinatal mood and anxiety disorders. She has been named one of the fiercest women in America by More Magazine, and also a WebMD Health Hero.



Susan Benjamin Feingold, PsyD, Banquet Keynote, is a licensed clinical psychologist, author and adjunct professor at Illinois School of Professional Psychology, Chicago Campus of Argosy University. In her clinical practice, she has specialized for over twenty years in women's mental health issues related to reproductive function, including perinatal depression and anxiety disorders, adjustment disorders, PMDD, fertility issues, pregnancy loss, menopausal problems, PTSD, sexual issues and couple relationship problems. Dr. Feingold will sign copies of her new book, [*"Happy Endings, New Beginnings: Navigating Postpartum Disorders"*](#) (New Horizon Press, 2013).

SATURDAY, JUNE 21, 2014

SAT June 21 8:00-8:15	WELCOME: Anna R. Brandon, PhD, ABPP, 2014 Conference Co-Chair Wendy Davis, PhD, PSI Executive Director			
SAT 8:15-9:15 KEYNOTE 3		Marguerite Morgan LMSW, PhD, CAADC, IMH-E (II): Perinatal Mood Disorders among African American Childbearing Women Dr. Morgan is the Clinical Supervisor of Arbor Circle Early Childhood Services in Grand Rapids, Michigan		
SAT Breakout V 9:30 - 11:00	Understanding Infanticide: Diana Lynn Barnes, PsyD, MFT ; Examining Postpartum Psychosis: Michelle Davidson, PhD, CNM, CFN, RN, CPS, Lora Peppard, DNP, PMHNP-BC	Reproductive Psychiatry Group Seminar: Adrienne Einarson, RN , Moderator; Pec Indman, EdD, LMFT , Psychiatry & Psychotherapy; Alison Hermann, MD , Multi-Diagnosis Treatment; Nicole Cirino, MD , Perinatal Marijuana use in 2014; Benita Dieperink, MD : Postpartum Psychosis	Study of stress, hormones and mood in Latina women: Sandraluz Lara-Cinisomo, PhD ; Postpartum Depression Rates, Perspectives, and Help-Seeking Behavior among Asian American Mothers: Deepika Goyal, PhD, FNP-C	Complex Trauma and Loss in Postpartum: A Psychodynamic Approach: Lorraine Caputo, MSW, LCSW ; Cognitive Processing Therapy for Traumatic Birth: Anna R. Brandon, PhD, Shaileen Patton, JD
SAT Breakout VI 11:15-12:15	Women's Integrated Systems for Health (WISH): Developing Innovative Partnerships to Improve Women's Health: Sarah Verbiest, DrPh, Stephen Horton, PhD, MPH	Assessment and Treatment of Postpartum Obsessive-Compulsive Disorder: Licia Freeman, M.A.	Stakeholder Meetings: The First Step in Leading Transformational Change: Joy Burkhard & Liz Friedman	Texting as an Adjunct Treatment for Urban Mothers with PMAD's: Elizabeth Rhyne, RN & Ashley Borawski, RN, Amy Ladley, PhD ; Online Psychotherapy and Support for Perinatal Women: The Wave of The Future: Pec Indman, EdD, MFT

SAT 12:30-1:30	SATURDAY LUNCH Networking and PSI Yearly Report			
SAT 1:45-2:00	Robin Muskal, PhD Practicing Mindfulness with Ourselves, Part II			
SAT 2:00-2:45 KEYNOTE 4		Samantha Meltzer-Brody, MD, MPH: Pharmacologic Management of Perinatal Mood and Anxiety Disorders: A Comprehensive Review of Risks and Benefits. Dr. Meltzer-Brody is the Director of the University of North Carolina at Chapel Hill Perinatal Psychiatry Program.		
SAT Breakout VII 3:00 - 4:00	Holding a Mother/Holding A Baby: Forging Connections with the Low Income Pregnant Woman: William Meyer, MSW	Psychotropic Medication During Pregnancy: Scientist, Industry, Clinician and Patient Perspectives: Edith Gettes, MD & Vani Vannappagarri, MBBS, MPH, PhD, and patient perspectives	"Ask the Pediatrician": Bridging Pediatrics and Perinatal Mental Health: Margaret Howard, PhD; Dana Kaplan, MD	Intensive Intervention for Perinatal Mood Disorders: The Pine Rest Mother & Baby Program: Cristina Stauffer, LMSW and Nancy Roberts RN, CCE, CBC
SAT 4:15- 4:45	Conference Closing Session ~ Evaluations and Discussion Chris Raines and Anna Brandon, Conference 2014 Program Chairs Wendy Davis, PSI Executive Director			



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PSI Pre-Conference Perinatal Mood & Anxiety Disorders Training, June 18-19, 2014

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