

# Understanding Children's Social-Emotional Development and Behavioral Challenges:

## A New Lens for Supporting Resilience and Optimal Long Term Positive Outcomes for Children.

Bridging the knowledge gap between the fields of mental health, infant health, early intervention, education and allied disciplines, Dr. Delahooke uses cutting edge neuroscience to provide a new lens in viewing and addressing behavioral challenges. Participants will discover how attuned relationships heal toxic stress and demonstrate the compelling argument that all providers can support children's social and emotional development.

**WHEN:** Friday, September 21, 2018

**TIME:** 8:30am - 4:00pm

**WHERE:** Cascades Casino & Convention Centre, 20393 Fraser Hwy, Langley

**REGISTRATION:** \$100.00pp (lunch & refreshments). Group Discount Available.

### RECOMMENDED AUDIENCE:

IDP/SCDP/AIDP/ASCDP; Physical Therapist; Occupational Therapists, Speech-Language Pathologists, Behavior Consultants, School District Teachers, Teaching Assistants, Counsellors, Administrators; MCFD; Community Services; Child and Youth Mental Health, Early Childhood Educators, Child Care Providers and other early childhood professionals.



### PRESENTED BY:

Mona M. Delahooke, Ph.D. is a clinical child psychologist with a passion for supporting families and children. She has worked widely with multi-disciplinary teams in the area of trauma, developmental, and emotional differences for over 30 years. She is a senior faculty member of the Profectum Foundation and is a trainer and consultant to schools, public/private agencies and parents. Dr. Delahooke is a national speaker and her [blog](#) and book, *[Social and Emotional Development in Early Intervention](#)* explore the latest translational application of neuroscience to social and emotional development. She has dedicated her career to promoting compassionate, relationship-based interventions to professionals across all pediatric disciplines.



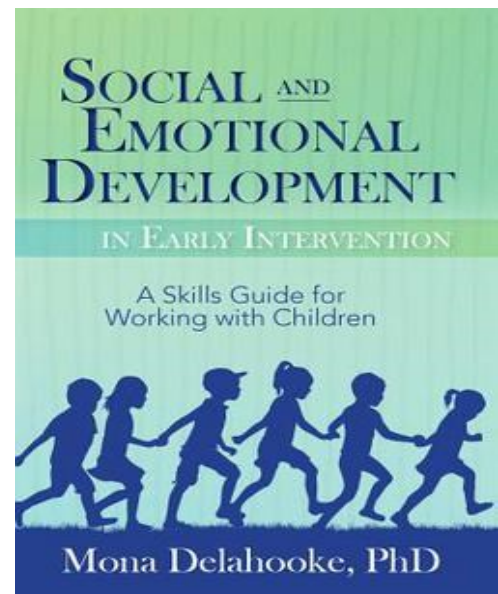
## Overview:

Currently, providers of services to young children have varied backgrounds and training, working without a cross-disciplinary standard of evaluating and supporting social and emotional development in children and their caregivers. This training will discuss ways to bridge the knowledge gap between the fields of mental health, infant mental health, early intervention, education and allied disciplines. Through video examples and a compelling argument that all providers can support children's emotional development, this training will lay out the paradigm shift on the cutting edge between neuroscience, mental health and early intervention.

We will learn about a new lens to view behavioral challenges that describes why challenging behaviors (what we can readily observe in a child) are only the tip of the iceberg, with the causes and triggers often invisible. These invisible causes and triggers are essential to providing the correct supports and building psychological resilience. Participants will learn the difference between "top-down" and "bottom-up" processes as the first step in a roadmap to address behavioral challenges and discover how attuned relationships heal toxic stress and engender hope for all of us who work with children and families.

## Learning Objectives:

1. Describe how the centrality of relationships serves as a platform for Social-Emotional learning, development and psychological resilience.
2. Explain how observable behaviors are the "tip of the iceberg" and are caused by invisible triggers unique to each child's individual differences.
3. Understand the difference between "bottom up" and "top down" causes of behavior challenges and how to support each process.
4. Explain how we personalize attunement to each child and how to apply these steps to solve behavior challenges.



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