

**NHS Foundation Trust** 

## Dementia, Delirium and Depression:

old age psychiatry for general hospital specialists and general practitioners.

## Programme – Tuesday 9 December

8.30am – 9.15am	Registration and arrival drinks
9.15am – 9.30am	Introduction by the Chair
9.30am – 10.15am Assessment and diagnosis of depression in an older person Speaker: Dr Mohan Bhat onsultant Old Age Psychiatrist, Director of Medical Education, NELFT and Associate Director of PGMDE, UCL Partners	<ul> <li>Epidemiology</li> <li>Diagnostic dilemmas in primary care and general hospital setting</li> <li>Assessment tools</li> </ul>
10.15am – 11am Physical illness and depression in an older person Speaker: Dr John Holmes Senior Lecturer in Liaison Psychiatry of Old Age, University of Leeds	<ul> <li>Vascular depression</li> <li>Post-stroke depression</li> <li>Depression and Parkinson's disease</li> <li>Depression in dementia</li> </ul>
11am – 11.30am	Tea and coffee break
11.30am – 12.15pm Management and long term outcomes of depression in an older person Speaker: Dr Jo Rodda Consultant, Old Age Psychiatry	<ul> <li>NICE guidelines</li> <li>Pharmacotherapy</li> <li>Psychological treatments</li> <li>Long term outcomes (prognosis and morbidity in primary care and general hospital settings)</li> </ul>
12.15pm – 1pm Making sense of cognitive problems: dementia, delirium, depression or ageing Speaker: Lindsay Royan Head of Psychology, NELFT	
1pm – 2pm	Lunch
2pm – 2.45pm Hospital liaison model for old age psychiatry: RAID Speaker: Professor George Tadros Professor and Consultant in Old Age Liaison Psychiatry, lead for the RAID model	
2.45pm – 3.30pm Old age psychiatry and law Speaker: Dr Mike Devine Consultant, Old Age Psychiatry	<ul> <li>Primary care and general hospital settings</li> <li>Mental Health Act</li> <li>Mental Capacity Act</li> <li>Deprivation of liberty safeguards</li> </ul>
3.30pm – 4pm	Tea and coffee break
4pm – 4.45pm Assessment and management of challenging mental health risks in primary care and general hospital settings Speaker: Dr Andrew Winnett Consultant, Old Age Psychiatry	<ul> <li>Suicide and self-harm</li> <li>Acute psychosis</li> <li>Late onset psychosis</li> </ul>
4.45pm – 5pm	Close

8.30am – 9.10am	Registration and arrival drinks
9.10am – 9.20am	Introduction by the Chair
9.20am – 9.50am Management and outcomes of dementia Speaker: Professor Martin Orrell Professor of Ageing and Mental Health, UCL and Director of Research and Development, NELFT	<ul> <li>Pathways of care in primary and general hospital settings</li> <li>NICE guidelines</li> <li>Psychosocial approaches</li> <li>Prognosis and outcomes</li> </ul>
9.50am – 10.30am Assessment and management of delirium in an older person Speaker: Dr Steve O'Connor Associate Medical Director, NELFT and Consultant, Old Age Liaison Psychiatry	<ul> <li>Diagnostic dilemmas</li> <li>Challenges in primary and secondary care</li> <li>Management options</li> <li>Long term outcome</li> </ul>
10.30am – 11.10am 'Right to know' campaign for patients with dementia: primary care perspective Speaker: Kate O'Neill Alzheimer's Society – Operations Director	
11.10am – 11.40am	Tea and coffee break
11.40am – 12.20pm Care of patients with dementia in general hospital setting: The Butterfly Scheme Speaker: Barbara Hodkinson Founder and Co-ordinator of The Butterfly Scheme 12.20pm – 1pm	
Crisis care in dementia in the community Speaker: Dr Afifa Qazi Consultant, Old Age Psychiatry	
1pm – 2pm	Lunch
2pm – 2.45pm Managing behavioural and psychiatric symptoms of dementia (BPSD) Speaker: Dr Janet Carter Consultant, Old Age Psychiatry. Senior Clinical Lecturer, UCL	<ul> <li>Nature of symptoms</li> <li>Challenges</li> <li>Management without drugs</li> <li>Medication use</li> <li>Person-centered care</li> <li>Outcomes</li> </ul>
2.45pm – 3.30pm Advances in palliative care for patients with dementia Speaker: Dr Corinna Midgley Medical Director, St. Francis Hospice	<ul> <li>Approaches in primary and secondary care</li> <li>Psychosocial and cultural aspects</li> <li>Ethical dilemmas</li> </ul>
3.30pm – 4pm	Tea and coffee break Lunch
4pm – 4.45pm Assessment and diagnosis of dementia in primary care and general hospital setting Speaker: Professor Alistair Burns National Clinical Director for Dementia, NHS England, Professor of Old Age Psychiatry, University of Manchester	<ul> <li>Types of dementia</li> <li>Diagnostic dilemmas</li> <li>Assessment tools</li> <li>Mild Cognitive Impairment (MCI)</li> </ul>
4.45pm – 5pm	Close