



Getting Around Town after Brain Injury

A workshop on regaining independence

Covering:

- Managing anxiety related to traveling in a car – driver or passenger
- Getting your driver license back
- Returning to driving – regaining driving fitness
- Transitioning to not driving – learning alternatives
- ICBC - Changes to Insurance

Agenda – Friday November 8, 2019

- 8:30 – 9:00 Registration**
- 9:00 - 09:15 Welcome/Introduction:**
Marg Turner, BSCN, RN - Insight Driving/Driver Care
- 9:15 – 9:45 Panel – Lived Experience**
- 9:45 - 10:45 Coping with Anxiety in a Vehicle:**
Marg Turner - Insight Driving/Driver Care and Andrew Neufeld, RCC - Alongside You
- 10:45 - 11:00 Break**
- 11:00 – 12:00 Returning to driving after a brain Injury: Ashlee Bardell, O.T.**
- 12:00 - 1:00 Lunch**
- 1:00 - 2:00 ICBC (Enhanced Road Test, re-licensing process): Tanis Hatch - ICBC**
- 2:00 - 2:15 Break**
- 2:15 - 3:00 Panel (all presenters)**
- 3:00 – 3:30 ICBC changes – regulations, insurance**

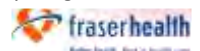


Friday November 8, 2019
9:00 am to 3:30 pm

Cascade Community Church
35190 Delair Road, Abbotsford, BC

General Registration \$75.00 per person
(Group rates and subsidies are available)

<https://gettingaroundtownafterbraininjury.eventbrite.ca>





Presentations

BIO: Margaret Turner, RN - Director, Insight Driving Solutions



Margaret Turner is a registered nurse and educator with over 30 years of experience in health and safety and a focus on road safety for the past 20 years.

Currently, Ms. Turner is the Director and co-founder of Insight Driving Solutions which provide driver medical screening and assessment services to health professionals, government agencies, employers, individuals and families.

Ms. Turner's past work experiences include Program Manager for BCAA Road Safety Foundation, Deputy Regional Coroner for Fraser Valley, Medical/Community Investigator for Correctional Services Canada and Critical Care Educator, ICU at Burnaby Hospital.

BIO: Andrew Neufeld, MC RCC - Executive Director, Alongside You



Andrew Neufeld is the Co-Founder and the Executive Director of Alongside You, Principal at Immerse Consulting, and Clinical Faculty at the University of British Columbia in the Department of Psychiatry.

He is a Registered Clinical Counsellor, Certified Birkman© Consultant and Executive Coach, with over a decade of experience working with individuals, couples, families, and professionals. His passion is in helping clients to clarify their goals and passions and design plans on how to get to where they want to be.

His background working in business, health organizations and non-profit work as well as being an entrepreneur give him practical insight into the challenges that individuals and organizations face. He combines this with his clinical insight into interpersonal psychology and the functioning of team environments to come alongside clients to establish goals, find solutions, and ultimately, help clients come to a deeper understanding of themselves and how they can increase their resilience so they can function at their best.

Since 2015, Andrew and his wife, Meg have built Alongside You, an evidence-based integrated health clinic that offers integrated mental and physical health services to the community. With a growing team and multiple offices, their innovative practice serves the needs of the Greater Vancouver with in-person visits, as well as clients across North America via online services. They are unique in that their services are designed to fill the gaps in the public system, and all of their services are provided on a sliding fee scale based on income because their belief is that everyone deserves excellent care, regardless of income level. Their own Step Forward Program subsidizes their services and has provided over \$225,000 in care in their 4 years of operation, something that they are very proud of.



BIO: Ashlee Bardell - Occupational Therapist BSc (HK), MSc (OT)



Ashlee began her career working forensic mental health in a mental healthcare facility. She worked both in the hospital and in the community with clients with serious mental health issues, addictions, and brain injury; providing assessments, goal planning, and training in independent living skills.

She further complimented these skills by delivering home, attendant care, and workplace assessments for clients who sustained injuries in motor vehicle accidents. In this setting, she worked with clients with traumatic brain injury and complex orthopedic conditions and provided support with hospital discharge, assistive technology and home modifications, seating and mobility, and return-to-work. In addition to her considerable experience,

Ashlee demonstrates best evidence-based practice and astute skills with evaluating activities of daily living and functioning for both the home and workplace settings, and for clients with a combination of physical, psychological and cognitive impairments.

Qualifications & Memberships:

- Graduated from the University of Western Ontario with a Masters degree in Occupational Therapy
- Registered with the College of Occupational Therapists of British Columbia
- Member of the Canadian Association of Occupational Therapists
- Completed Assessment of Motor and Process Skills (AMPS) training
- Obtained certificate in Neurorehabilitation: Assisting Recovery and Function in Everyday Life Following Brain Injury

Thank you to our Sponsors:





This workshop is seeking approval for Continuing Education Credits through the Vocational Rehabilitation Association of Canada (VRA) <http://vraCanada.com>

Workshop Registration

Name: _____

Affiliation/Firm: _____

Address: _____

City: _____ Prov. /State: _____ Country: _____

Postal/Zip: _____ Phone: _____ Ext: _____

Fax: _____ Email: _____

Special Dietary Needs: _____ Receipt required. _____

- Full Day Workshop \$ 75.00 each
- Group Rate (5 or more) \$ 70.00 each
- Post-Secondary Students \$ 30.00 each
- Family Members \$ 25.00 each
- People who have an acquired brain injury \$ 15.00 each

Total Enclosed \$ _____

Online Registration and payment: <https://gettingaroundtownafterbraininjury.eventbrite.ca>

Please include cheques with registration form. Cheques payable to Fraser Valley Brain Injury Association
201-2890 Garden Street, Abbotsford, BC, V2T 4W7

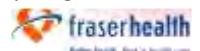
For information, contact 604-557-1913 or 1-866-557-1913 Fax: 604-850-2527

Email: info@fvbia.org Website www.fvbia.org

For Office Use Only

Receipt issued

Added to workshop email list





Sponsor and Exhibitor Categories

Partner (\$2500)

- Recognition in FVBIA newsletter
- Recognition on FVBIA website and Facebook page
- Logo in advertising materials
- Logo on power point in main meeting room
- (3) Complimentary registrations
- Gift presentation during lunch break
- Listing in workshop handouts
- Opportunity to distribute corporate gift items
- Display booth

Gold (\$1500)

- Recognition in FVBIA newsletter
- Recognition on FVBIA website and Facebook page
- Logo in advertising materials
- Recognition on power point in main meeting room
- Announcement during lunch break
- Listing in workshop handouts
- (2) Complimentary registrations
- Opportunity to distribute corporate gift items

Silver (\$1000)

- Recognition in FVBIA newsletter
- Recognition on FVBIA website and Facebook page
- Recognition on power point in main meeting room
- (1) Complimentary registration
- Opportunity to distribute corporate gift items

Bronze (\$500)

- Recognition in FVBIA newsletter
- Recognition on FVBIA website and Facebook page
- Recognition on power point in main meeting room
- (1) Complimentary registration

Exhibitor (\$300)

- Exhibit Booth and (1) workshop registration
- Announcement during lunch break

For sponsor or exhibitor inquiries, please contact Fraser Valley Brain Injury Association.

Category: _____

Affiliation/Firm: _____

Contact Name: _____

Address: _____

City: _____ Prov. /State: _____ Country: _____ Postal/Zip: _____

Phone: _____ Ext: _____ Fax: _____ Email: _____

Please make cheques payable to Fraser Valley Brain Injury Association or pay online at:

<https://gettingaroundtownafterbraininjury.eventbrite.ca>

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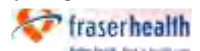
Phone: 604-557-1913, Toll-Free: 1-866-557-1913 Fax: 604-850-2527, Email: info@fvbia.org Website: www.fvbia.org

201 – 2890 Garden St. Abbotsford, BC, V2T 4W7 Ph.: 604-557-1913 T.F.: 1-866-557-1913 Fax: 604-850-2527 info@fvbia.org www.fvbia.org

Community Partner, UWFV, Funded in part by the Province of BC and Fraser Health Authority Acquired Brain Injury Program



Know your limit, play within it.





Exhibitor Registration

Booths are located in the same area as the presentations.

Affiliation/Firm: _____

Contact Name: _____

Address: _____

City: _____ Prov. /State: _____ Country: _____ Postal/Zip: _____

Phone: _____ Ext: _____ Fax: _____

Email: _____

Name(s) of person staffing the booth: _____

Please check all that apply

Exhibit Booth and One (1) full Workshop Registration \$ _____
Includes (1) full workshop registration and display area.
\$300.00

Additional Full Workshop Registrations. \$ _____
\$ 95.00

Total Enclosed \$ _____

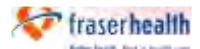
Please indicate how many tables and chairs you will require:

_____ Tables _____ Chairs _____ Electrical

To register for a display booth, please include a cheque payable to Fraser Valley Brain Injury Association or pay online at:

<https://gettingaroundtownafterbraininjury.eventbrite.ca>

Please address any registrations and enquiries to:
Fraser Valley Brain Injury Association
201-2890 Garden Street, Abbotsford, BC, V2T 4W7
Phone: 604-557-1913, Toll-Free: 1-866-557-1913 Fax: 604-850-2527
Email: info@fvbia.org Website: www.fvbia.org





Workshop Location

Cascade Community Church, 35190 Delair Road Abbotsford, BC

<https://goo.gl/maps/RGE58UtkC7reRypZA>

Local Accommodations



[Coast Abbotsford Hotel & Suites](#)

2020 Sumas Way, Abbotsford, BC
Tel 604-853-1880 Fax 604-853-1951
Res **1-800-716-6199**



Quality Inn

36035 North Parallel Rd. Abbotsford, BC V3G 2C6
Phone: 604 870-1050

<http://www.qualityhotelabbotsford.com/>



Best Western Bakerview Inn

1821 Sumas Way, Abbotsford BC
Phone: 604-859-1341

<http://www.bestwesternbakerview.com/accomodations>

The Sandman Inn & Suites

32720 Simon Avenue
Abbotsford, BC V2T 0B8
Tel: 604 556 7263 Fax: 604 556 7253
Toll-free: 1+800+SANDMAN (726 3626)

<http://www.sandmanhotels.com/en/hotel/bc/abbotsford>

