



Registration & Sponsor Package



Friday October 16, 2015
Cascade Community Church
35190 Delair Road Abbotsford, BC

Contact Fraser Valley Brain Injury Association at 604-557-1913
Or email info@fvbia.org for details

Registration: <https://www.eventbrite.ca/e/concussion-in-sports-workshop-tickets-17871997626>

Continental Breakfast, lunch and refreshments included





Agenda - Friday October 16, 2015

- 8:00** **Registration, Continental Breakfast**
- 8:30** **Opening Statements** - John Simpson
- 8:45** **The Physiology of Concussion: Assessment and Treatment Implications**
Barry Willer, PhD, University at Buffalo
- 10:00** Refreshment Break
- 10:30** **Understanding the Neurocognitive and Cerebrovascular Consequences of Sports Concussion**
Paul van Donkelaar, PhD, UBC Okanagan
- Noon** **Lunch**
- 1:00** **Putting Concussion Knowledge into Action: Diagnosis and Treatment**
Barry Willer, PhD, University at Buffalo
- 2:45** **Refreshment Break**
- 3:00** **Panel: The Roles of Coaches, Athletes and Parents in Dealing with Concussion**
Dr. Barry Willer, Dr. Michael Gaetz, Scott Ramsay, RN(P), BSN, Kirsten Donaldson
- 4:00** **Concussion Awareness Training Tool**
<http://www.injuryresearch.bc.ca/education/concussion-awareness-training-tool/>
Kate Turcotte, BC Injury Research & Prevention Unit
- 5:00** **Closing**



Speakers & Presentations

Opening Statements - John Simpson

Bio: John Simpson was born and educated in Dublin, Ireland and became involved in rehabilitation in 1969 as an insurance adjuster. He was involved in the Rehabilitation Department of ICBC in 1979 and developed a keen interest in the area of brain injury. In 1981, he began providing case management services through his own company, Simpson Rehab Management. John was a founding board member of the BC Head Injury Association in 1982 and has served on the boards of the Canadian Paraplegic Association and Cheshire Homes Society. He founded the Fraser Valley (East) Brain Injury Association in 1997 and although he retired in 2001, continues to serve in a variety of volunteer and consultant roles within the organization.



For over thirty years, John Simpson has been a pioneer in the movement to improve services for people with acquired brain injuries. He has averaged more than 50 hours a month of volunteer time; advocating for families and survivors of brain injury, meeting with government officials, funders and service providers. He is a mentor for professionals and is recognized throughout Canada and the United States for his work in the brain injury field.

Title: The Physiology of Concussion: Assessment and Treatment Implications

Title: Putting Concussion Knowledge into Action: Diagnosis and Treatment

Presenter: Barry Willer, PhD, University at Buffalo

Bio: Barry Willer, PhD received his training in psychology at York University in Toronto Canada. He is currently a Professor of Psychology in the Department of Psychiatry at the University at Buffalo. He has conducted numerous studies of traumatic brain injury and has three books and more than 140 peer reviewed journal articles and book chapters. In 1999 he authored the first return to play guidelines following concussion for Hockey Canada and the International Ice Hockey Federation. In 2000 the International Olympics Association adopted Willer's return to play guidelines in time for the Sydney summer Olympics.



He has since gone on to lead a group of researchers at the University at Buffalo to research the physiological aspects of concussion. His team is the first group to promote active rehabilitation of concussion as opposed to



the more standard protocol of rest until asymptomatic. His group also conducted the first and only published evaluation of the Zurich consensus guidelines for return to play.

Abstract: Researchers at the University at Buffalo (UB: New York, USA) are leaders in the research on physiology of concussion in humans. They have identified various physiological characteristics of concussion including dysautonomia and dysregulation of cerebral blood flow. These physiological markers are more apparent during physical exercise and the UB researchers have systematized the evaluation procedures so that they can be replicated. They have recently demonstrated that a treadmill based exercise stress test is not harmful even when used with adolescents in an acute state following concussion. Their research demonstrates that an exercise stress test is very useful in differential diagnosis, establishment of an exercise based treatment and prognosis. Dr. Barry Willer is the research director for the UB Concussion Management Clinic and will provide an overview of the most recent research findings and their application in sports, the military and return to school.

Title: Understanding the Neurocognitive and Cerebrovascular Consequences of Sports Concussion.

Presenter: Paul van Donkelaar, PhD, UBC Okanagan

Bio: Paul van Donkelaar received a Ph.D. in Clinical Neuroscience from the University of Calgary in 1994 and spent 3 years completing a post-doctoral fellowship at Oxford prior to taking up a faculty position at the University of Oregon in 1997. In 2011, he moved to UBCO to become a Professor and Director of the School of Health and Exercise Sciences. The program of research taking place in his lab is designed to gain a better understanding of how the human brain is able to plan and execute body movements. This broad question is studied in both healthy participants as well as in patients with damage to the brain due to a variety of injuries. For the latter, the lab is currently focused on the sensorimotor, neurocognitive, and cerebrovascular deficits following concussion.



Abstract: Our understanding of the effects of concussion has grown remarkably in the last decade. Unfortunately, much less is known about the potential relationship between injury-induced cerebrovascular dysfunction and neurocognitive symptoms. Our research at UBCO over the last 3 years has started to fill this gap in knowledge. With this research, we have been able to determine the extent to which disrupted cerebrovascular function underlies alterations in neurocognitive behaviours. We suggest that by combining state-of-the-art physiological and behavioural assessments, we will be able to contribute to evidence-based guidelines that will ultimately lead to improved initial diagnosis, management, and return-to-activity decisions when a concussion occurs. <https://www.youtube.com/watch?v=3sdfQF9Oub8>



Title: Panel - The Role of Athletes, Coaches and Family Members in dealing with Concussions

Panel: Dr. Barry Willer, Dr. Michael Gaetz, Scott Ramsay, RN(P), BSN, Kirsten Donaldson

Presenter: Dr. Michael Gaetz, PhD, University of the Fraser Valley



Bio: Dr. Michael Gaetz is an Associate Professor in the Kinesiology and Physical Education Department at the University of the Fraser Valley in Chilliwack BC. He has been researching the effects of mild traumatic brain injury (concussion) since 1998 and was one of the first to report cumulative effects of concussion in athletes. In addition, Dr. Gaetz has over 30 years of experience as a Hockey Canada certified coach. His experience as player, parent, and coach, informs his scientific work which currently focuses on improving the responsible development of young athletes.

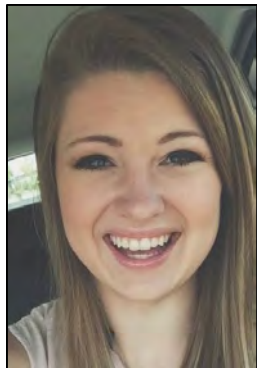
Presenter: Scott Ramsay, RN(P), BSN



Bio: Scott Ramsay is a newly graduated Registered Nurse from the University of the Fraser Valley. His passion lies in Pediatrics and working with kids and their families. He grew up playing hockey in the Fraser Valley, which carried on to the WHL and NHL levels. Scott has endured 5 concussions himself, all while playing hockey, which lead him to retire and pursue Nursing.

He was a researcher for the largest Western Canadian study looking at concussions in hockey players and continues to work in the community with various organizations and athletes on education and baseline testing methods. Scott hopes his past concussion history along with his nursing knowledge will benefit in educating other athletes.

Presenter: Kirsten Donaldson



Bio: Kirsten is a second year nursing student at BCIT. Growing up with a brother who played hockey into the WHL, Kirsten was practically raised at the hockey rink. Kirsten is currently a researcher for the largest Western Canadian study looking at concussions in hockey players with Children’s Hospital and UBC.

In February of 2014 Kirsten’s younger brother passed away from his battle with depression. Since his passing, she has made it a personal goal to raise awareness on the side effects of concussions and traumatic brain injuries; and is working to implement mandatory concussion testing and return to play protocols in minor hockey around the Lower Mainland.

Title: The Concussion Awareness Training Tool

#201 – 2890 Garden St. Abbotsford, BC, V2T 4W7 Ph.: 604-557-1913 T.F.: 1-866-557-1913 Fax: 604-850-2527 info@fvbia.org www.fvbia.org
Community Partner, UWFV, Funded in part by the Province of BC and Fraser Health Authority Acquired Brain Injury Program



Know your limit, play within it.





Concussion in Sports

Presenter: Kate Turcotte, BC Injury Research and Prevention Unit

Bio: Kate Turcotte is a researcher with the BC Injury Research and Prevention Unit. She has a Master's Degree in Epidemiology and has been with the injury unit for over 16 years. Among other things, her role encompasses the coordination of Dr. Shelina Babul's work in raising concussion awareness and standardizing treatment and management.



Abstract: The Canadian Paediatric Society recommends that anyone working with children and youth should be educated about the signs and symptoms of concussion and appropriate concussion management. The Online Concussion Awareness Training Tool – CATT – provides free, accessible concussing information. Based upon the Zurich Consensus Statement on Concussion in Sport, CATT is a resource designed for specific audiences. Developed in partnership with the BC Ministry of Health, the tool for parents, players and coaches - CATT PPC - provides up-to-date educational training on the recognition, management and prevention of concussions in the form of:

- Online Training Video for Parents and for Coaches
- Frequently Asked Questions for Parents
- Concussion Videos appropriate for youth
- Printable handouts for parents and coaches
- The Concussion Response Tool for parents (Smartphone accessible)
- Questions to ask your Doctor (Smartphone accessible)
- The Return to Learn Communication tool for parents and educators
- The Return to Play Communication tool for parents and coaches

CATT also includes a tool for medical professionals - CATT MP - to standardize practice in a clinical setting with a focus on the paediatric patient. CATT MP includes a self-paced learning module; diagnostic tools; clinical resources, patient handouts, journal articles, websites, videos and individual case studies. The soon to be released third tool for School Professionals - CATT SP - will include return-to-learn protocol and resources for teachers, administrators, counsellors and others working with children in the school setting. CATT PPC and CATT MP were evaluated using pre/post intervention self-reported surveys. www.cattonline.com



Workshop Partner

Murphy Battista, LLP Vancouver personal injury lawyers

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At Murphy Battista LLP, our lawyers work with experienced paralegals and legal assistants to assist clients who need legal representation for **motor vehicle accidents** claims (ICBC claims), **medical malpractice claims**, or coverage disputes with private insurers.

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If you or someone you know has been seriously injured we can help. To learn more about our experience, our credentials, the scope of **our practice** and our client service values, **contact** us for a free consultation.”

This workshop is currently seeking pre-approval of Continuing Education through the Vocational Rehabilitation Association of Canada (VRA) <http://vraCanada.com>



Workshop Registration

Name: _____

Affiliation/Firm: _____

Address: _____

City: _____ Prov. /State: _____ Country: _____

Postal/Zip: _____ Phone: _____ Ext: _____

Fax: _____ Email: _____

Special Dietary Needs: _____ Receipt required? _____

- Full Day Workshop (8:30 am to 5:00 pm) \$100.00 each
- Group Rate (5 or more) \$ 90.00 each
- Post-Secondary Students \$ 50.00 each
- FVBIA Members with ABI \$ 20.00 each
- FVBIA Members (Family) \$ 30.00 each
- Non-members with ABI & Family \$ 30.00 each
- Athletes, Coaches & Family Mini-Workshop** **\$ 10.00 each**
(3:00 pm – 5:00 pm only)

Total Enclosed \$ _____

Online Registration and payment through PayPal: <https://www.eventbrite.ca/e/concussion-in-sports-workshop-tickets-17871997626>

**Please include cheques with registration form*. Cheques payable to Fraser Valley Brain Injury Association
201-2890 Garden Street, Abbotsford, BC, V2T 4W7*

For information, contact 604-557-1913 or 1-866-557-1913 Fax: 604-850-2527

info@fvbia.org www.fvbia.org

For Office Use Only

Receipt issued Added to workshop email list





Sponsor and Exhibitor Categories

Partner (\$1000)

- Recognition in FVBIA newsletter
- Recognition on FVBIA website and Facebook page
- Logo in advertising materials
- Logo on power point in main meeting room
- (3) Complimentary registrations
- Gift presentation during lunch break
- Listing in workshop handouts
- Opportunity to distribute corporate gift items
- Display booth

Gold (\$750)

- Recognition in FVBIA newsletter
- Recognition on FVBIA website and Facebook page
- Logo in advertising materials
- Recognition on power point in main meeting room
- Announcement during lunch break
- Listing in workshop handouts
- (2) Complimentary registrations
- Opportunity to distribute corporate gift items

Silver (\$500)

- Recognition in FVBIA newsletter
- Recognition on FVBIA website and Facebook page
- Recognition on power point in main meeting room
- (1) Complimentary registration
- Opportunity to distribute corporate gift items

Bronze (\$250)

- Recognition in FVBIA newsletter
- Recognition on FVBIA website and Facebook page
- Recognition on power point in main meeting room
- Opportunity to distribute corporate gift items

Exhibitor (\$300)

- Exhibit Booth and (1) workshop registration
- Announcement during lunch break

For sponsor or exhibitor inquiries, please contact Fraser Valley Brain Injury Association.

Category: _____

Affiliation/Firm: _____

Contact Name: _____

Address: _____

City: _____ Prov. /State: _____ Country: _____ Postal/Zip: _____

Phone: _____ Ext: _____ Fax: _____ Email: _____

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Know your limit, play within it.





Exhibitor Registration

Booths are located in the same area as the presentations.

Affiliation/Firm: _____

Contact Name: _____

Address: _____

City: _____ Prov. /State: _____ Country: _____ Postal/Zip: _____

Phone: _____ Ext: _____ Fax: _____

Email: _____

Name(s) of person staffing the booth: _____

Please check all that apply

Exhibit Booth and One (1) full Workshop Registration \$ _____
Includes (1) full workshop registration and display area.
\$300.00

Additional Full Workshop Registrations. \$ _____
\$100.00

Total Enclosed \$ _____

Please indicate how many tables and chairs you will require:

_____ Tables _____ Chairs _____ Electrical

To register for a display booth, please include a cheque payable to Fraser Valley Brain Injury Association or pay online at <https://www.eventbrite.ca/e/concussion-in-sports-workshop-tickets-17871997626>

Please address any registrations and enquiries to:
Fraser Valley Brain Injury Association
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Phone: 604-557-1913, Toll-Free: 1-866-557-1913 Fax: 604-850-2527
Email: info@fvbia.org Website: www.fvbia.org





Location

Cascade Community Church, 35190 Delair Road Abbotsford, BC

Local Accommodations



[Coast Abbotsford Hotel & Suites](#)
2020 Sumas Way, Abbotsford, BC
Tel 604-853-1880 Fax 604-853-1951
Res 1-800-716-6199



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