

COZY CONVOS RETREAT PACKING LIST

CLOTHING

- Casual clothes that you don't mind getting dirty (but please be appropriate)
- Sweatshirt/ light jacket (chilly nights are possible)
- Outfit for the 90's theme costume party (optional)
- Sneakers/Closed-toed shoes (will walk through terrain)
- Hiking socks *if irritable to grass/ outdoors
- Sun-shielding hats
- Sunglasses
- Sleepwear

BEDDING

- Sleeping bag OR a fitted sheet for TWIN bed
- Blanket/comforter to sleep under (it gets colder at night)
- Pillow

TOLIETRIES

- Toothbrush and toothpaste
- Body wash/soap
- Deodorant
- Comb and brush
- Towel set
- Sunscreen
- Insect repellent
- Hand sanitizer
- Spare eyeglasses/contact lenses
- Health and Beauty Items

FOOD & BEVERAGES

- Reusable water bottle
- Fruit (dried and fresh)
- Breakfast bars
- Chips
- Trail Mix
- Crackers/cheese
- Pepperoni
- Pretzels

ENTERTAINMENT

OTHER

- Bible
- Prayer book or journal (optional)
- Hat and umbrella *if needed
- Camera
- Small backpack
- Flashlight
- Personal prescription medicine *If needed
- Allergy medicine *if needed

Have any questions or suggestions for things to add? Feel free to send a note to cozyconvos@kristenguillory.com