



THE MASTERS COACHES ACADEMY

PRIMARY LEARNING OBJECTIVES

- Achieving results through setting vision
- Designing rigors & practices congruent with vision
- Exploring current reality in a neutral way
- Becoming resourceful, overcoming resistance, identifying limiting conversations
- Generous listening
- Coaching others to live in wonderment, curiosity and discovery
- Living in a question
- Judgments, assessments and assumptions
- Rackets, complaints
- Learning/results
- Self-significance
- Creating trust
- Developing your own coaching practice

TRANSFORMATIONAL COACHING

- Present action based on future vision
- Creating new results
- Designing practices & rigors consistent with mutual vision
- Generous listening
- Being tuned in to clients and adjusting or calibrating in order to achieve results
- Skills and mood: present, evoking, neutrality, championing

ORIENTATION

- Cover distinctions of Quest process
 - Enroll a client to coach through Quest process
 - Go through Quest process yourself
 - Choose buddies

OVERVIEW

- **Weekend 1**
 - Map out process
- Resources for coaching
- Work on "Way of Being" video work
 - Prior to weekend 2: complete reading: "The Three laws of Performance & Leadership and Self Deception"
- **Weekend 2**
 - Continue next 4 distinctions of MCA process
 - Limiting Conversations
- Internal, belief systems, human conversations
 - Practical Elements of Coaching
- Coaching group practice
- **Ropes/Challenge Course**
- **Weekend 3**
 - Video taping
 - Mastering self
 - Coaching exercises
 - Coaching business development
 - Celebration ceremony

QUEST PROCESS

1. VISION
2. INVESTIGATE CURRENT REALITY
3. WHAT'S WANTED AND NEEDED?
4. BREAKING FREE
5. COMMITMENT, HAVING IT HAPPEN
6. FINISHING WELL