### Parish Nurse/Healthcare Ministry Retreat

# Search for Wisdom: Experience the Power of Renewal through Spiritual Reflection, Humor and Music Enrichment

Thursday, March 28, 2019

Manresa Retreat House 1390 Quarton Rd., Bloomfield Hills, MI 48304

his day is for healthcare ministers who seek renewal and refreshment. We will explore the ramifications of being in a desert and in that desert finding a sense of joy, community, and healing. We will begin with scripture and reflection, move to storytelling that will include humor and conclude with the benefits of music in our ministry.

#### SCHEDULE

#### Thursday, March 28

8:00 am	Mass (optional)
8:30 am	Check-in/Continental Breakfast
9:00 am	Program
12:15 pm	Lunch
12:45 pm	Program
3:30 pm	Adjourn

#### **5** Contact Hours

Ascension SE Michigan is approved as a provider of continuing nursing education by the Ohio Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation (OBN-001-91)

COST \$45 – Adult • \$35 – Student

Make checks payable: Archdiocese of Detroit–Central Operations

#### PRESENTERS

**Bridget Deegan-Krause** is a Chaplain and Formation Guide for Catholic health systems around the U.S. She frequently facilitates retreats and is a spiritual director. Bridget will introduce the desert theme and walk us through scripture passages that will add new meaning to the notion of having a *desert experience*. Resources will be provided.

Kathy Neuman is a Psychiatric Nurse/Nurse Practitioner and teaches at Madonna University. Kathy will delve into the history of humor and explore the health benefits of humor and laughter. She will give suggestions on ways we can integrate humor into daily life.

**Cammie Coffey** is a board-certified Music Therapist at St. Joseph Mercy Home Care & Hospice. She provides music therapy services to hospice patients in Southeast Michigan. Cammie plays the guitar and will give an understanding to the words *music appreciation*. She will close our day with a meditation and music.

## Register online by MARCH 25, 2019, at https://parishnursehealthcareministryretreat32819.eventbrite.com



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Additional information contact: Hyttinen.joyce@aod.org or call Theresa at 313-237-5934