

Traumatic Injuries in Sports: Evaluation, Surgical Management and Rehabilitation

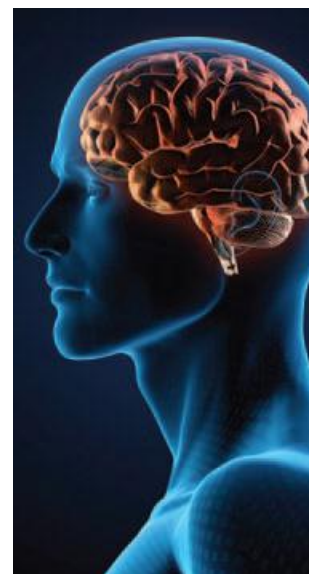
Saturday, July 18, 2015



**Hosted by Einstein Sports Medicine
and Moss Sports Rehab**

7:30 a.m. to 4:30 p.m.

**Einstein Medical Center
5501 Old York Road
Philadelphia, PA 19141**



www.mossrehabconference.com

 **MossRehab**
EINSTEIN HEALTHCARE NETWORK

TRAUMATIC INJURIES IN SPORTS: EVALUATION, SURGICAL MANAGEMENT AND REHABILITATION

Saturday, July 18, 2015
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Hosted by Moss Sports Rehab and Einstein Sports Medicine

Einstein Medical Center, Gouley Auditorium
5501 Old York Road, Philadelphia, PA 19141

Presentation overview: This course is designed to improve the knowledge base and expertise of the participant in the evaluation, examination and treatment of individuals sustaining a traumatic injury while participating in sports. Management of these injuries will be presented across a continuum from the time of injury through return to sport. The course faculty will discuss on-field and initial management, surgical interventions, rehabilitation considerations/interventions and functional testing to determine the readiness of an athlete to return to sport. The faculty will use lecture, case studies, and demonstration to explore the evidence to support rehabilitation management of athletes after a variety of traumatic sport-related injuries

Program Objectives:

1. Describe examination techniques used to determine the severity of a traumatic sports related injury at the acute, sub-acute and chronic stages.
2. Explain the on-the –field management of fractures and dislocations.
3. Describe surgical management of selected traumatic sports injuries
4. Select rehabilitation interventions specific to each type of traumatic sport injury, and describe the progression of the rehabilitation process.
5. Select appropriate functional tests and interpret the findings to advance the decision-making process for return to sport.
6. Discuss the evidence supporting the use of various examination tools, intervention techniques, and return to sport tests.

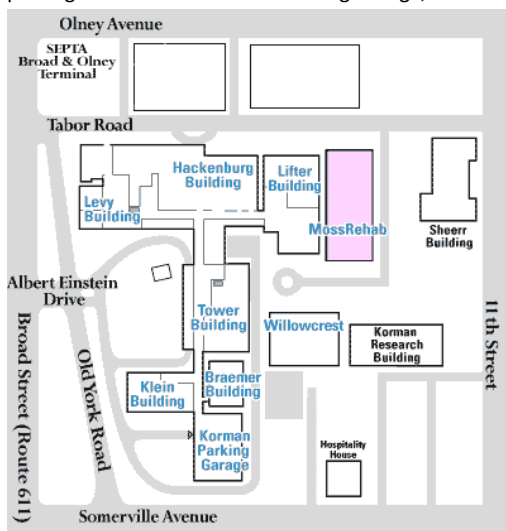
Course Level: Intermediate

Target Audience: physical therapists, athletic trainers and physicians.

Directions, Transportation and Parking Information:

See map of Einstein Medical Center below, or go to <http://www.einstein.edu/patients-visitors/directions-parking/philadelphia/> for directions.

Gouley Auditorium is located in the Braemer Building. Complimentary parking will be in the Korman Parking Garage, next to Braemer.



Registration: Registration can be made online at www.MossRehabConference.com, by postal mail, (see address below) or

fax this form to Sheila Wallace, 215-663-6984. Registration deadline is **Monday, July 13, 2015.**

For our cancellation and complaint policy, go to www.MossRehabConference.com.

Cost:	Allied Health Professionals:	\$75
	Physicians:	\$100

MossRehab/Einstein Full-time and Part-time Employees are automatically placed on a waiting list and notified by email if space is available.

Payment can be made online at www.mossrehabconference.com or by check only, paid to the order of MossRehab.

For questions about the program or registration, please contact Sheila Wallace at wallacsh@einstein.edu or by phone at 215-663-6457.

Advanced registration is required due to space limitations. Registration is on a first-come, first-served basis.

Refreshments: Complimentary continental breakfast and lunch will be provided.

Contact Hours: 7.25

Continuing Education (CE) Credits:

Requirement for successful course completion: Satisfactory completion of the continuing education units consists of full attendance with monitored sign in and sign out forms and completion of a course feedback form that includes self assessment of learning outcomes.

Accreditation statement: Einstein Medical Center Philadelphia is accredited by the Pennsylvania Medical Society to provide continuing medical education for physicians.

Credit designation statement: Einstein Medical Center Philadelphia designates this live educational activity for a maximum of 7.25 *AMA PRA Category 1 Credit(s)*[™]. Physicians should only claim credit commensurate with the extent of their participation in the educational activity.

Conflict of interest statement: Faculty and all others who have the ability to control the content of continuing medical education activities sponsored by Einstein Healthcare Network are expected to disclose to the audience whether they do or do not have any real or apparent conflict(s) of interest or other relationships related to the content of their presentation(s).

Board of Certification approved provider statement: Moss Sports Rehab is recognized by the Board of Certification, Inc. to offer continuing education for Certified Athletic Trainers. This program has been approved for a maximum of 7.25 hours continuing education. Board Of Certification (BOC) has approved 4.25 hours of EBP Category CEUs for Athletic Trainers. Certified Athletic Trainers are responsible for claiming only those hours actually spent participating in the continuing education activity. BOC approved provider number: P3422



Pennsylvania State Board of Physical Therapy and New Jersey State Board of Physical Therapy Examiners: This program has been submitted to Pennsylvania State Board of Physical Therapy and New Jersey State Board of Physical Therapy Examiners for 7.25 contact hours.

Conference Agenda

Time	Topics	Speaker
7:30 – 7:55		Registration/Continental Breakfast
7:55 – 8:00	Opening remarks, Welcome	Michael Parlatore PT, DPT
8:00 – 8:45	Latarjet Procedure for Recurrent Shoulder Dislocation	Brett Sweitzer, MD
8:45-9:15	Conservative and Post-Operative Rehabilitation of Posterior Shoulder Instability	Brian Eckenrode PT, DPT, OCS
9:15-10:00	Time Out	Scott Goldstein, DO
10:00 – 10:15	Exhibitor Hall	BREAK
10:15 – 11:00	Traumatic Knee Dislocations	Minn Saing, MD
11:00 – 11:30	Traumatic Patellar Dislocation: What do we do when Evidence has not caught up to practice?	Jonathan Reinfeld PT, DPT
11:30 – 12:15	Cervical Spine Injuries in Athletics	Jeffrey North, MD
12:15 – 12:45	Exhibitor Hall	Lunch Provided
12:45-1:15	Upper Quarter Connection: Utilizing Neurodynamics to Optimize Outcomes	Heather North PT, DPT
1:15 – 2:00	Return to Activity for the Athlete with Persisting Symptoms after Concussion	Thomas Watanabe, MD
2:00 – 2:30	Vestibular Rehabilitation for Refractory Post-Concussion Symptoms	Janine Brodovsky PT, DPT
2:30 – 2:45	Exhibitor Hall	BREAK
2:45 – 3:30	Functional Lower Extremity Testing for the Lower Quarter: What Does the Evidence Support? Functional Upper Extremity Testing for the Upper Quarter.	Breakout Session A – Ali El Kerdi PT, DPT, ATC/L Breakout Session B – Michael Parlatore PT, DPT
3:30 – 4:15	Functional Lower Extremity Testing for the Lower Quarter: What Does the Evidence Support? Functional Upper Extremity Testing for the Upper Quarter.	Breakout Session A – Ali El Kerdi PT, DPT, ATC/L Breakout Session B – Michael Parlatore PT, DPT
4:15	Closing Remarks, Raffle	Michael Parlatore PT, DPT

MAIL-IN REGISTRATION FORM (For online registration: www.mossrehabconference.com)

Registration and payment can be mailed to address below or faxed along with this form to Sheila Wallace at 215-663-6457 by **Monday, July 13, 2015**

- Yes, I will attend **Traumatic Injuries in Sports: Evaluation, Surgical Management and Rehabilitation** at Einstein Medical Center on July 18, 2015
- No, I cannot attend but am interested in this event. Please contact me for future educational events.

Name: _____ Credentials _____

Discipline: _____ Job Title _____

License No. _____

Organization: _____

Preferred mailing address: _____

City: _____ State: _____ ZIP: _____

Phone number: _____

Email: _____

Do you have any special needs of which we should be aware?

Fee: Allied Health Professionals \$75
Physicians \$100

MossRehab/Einstein Employees will be placed on a waiting list and notified by email if space is available.

Payment can be made by check only, paid to the order of MossRehab.

Please send your payment to:

MossRehab
Attention: Sheila Wallace
Room 369
60 Township Line Road
Elkins Park, PA 19027

CANCELLATION POLICY

For cancellations up to seven days prior to the course, there is a \$50 non-refundable administrative processing fee. For cancellations less than seven days prior to the course, there are no refunds. Full policy will be disclosed with course confirmation.

INFORMATION

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