

Educational Event for Physical Therapists

Pre and Postpartum Pelvic Floor Dysfunction

Presented by Farah M. Zeises, PT, DPT and Jill Carnahan, PT, DPT

Tuesday, August 16, 2016

Registration 5:30 PM, Lecture 6:00 to 7:10 PM

1.0 Contact Hours or 0.1 CEU's

MossRehab at Plymouth Meeting

633 W. Germantown Pike

Plymouth Meeting, PA 19462

Cost: \$10

There are many changes that occur throughout the body within the pre and postpartum population that can lead to musculoskeletal dysfunction. Dysfunction is not only seen within the pelvic floor but also seen throughout the entire musculoskeletal system. Physical therapy has found to be an effective treatment option for this population. Through this one hour, introductory presentation, participants will gain an understanding of the common diagnosis in the pre and postpartum patients treated through physical therapy and when it is appropriate to refer to a pelvic floor therapist.

Target Audience: Physical Therapists

Learning Objectives:

At the conclusion of this course the participants will be able to:

1. List common diagnoses related to pre and postpartum changes that can be treated by physical therapy.
2. Describe what clinical findings would lead them to refer to a pelvic floor physical therapy specialist.
3. Identify contraindications and precautions when treating the pre and postpartum patient.
4. Describe (2) evaluation tools and (2) treatment options used in the pre and postpartum population.

Disclosures:

Financial: Farah Zeises, PT, DPT and Jill Carnahan, PT, DPT are employees of MossRehab.

Non Financial: Farah Zeises, PT, DPT and Jill Carnahan, PT, DPT have no relevant non-financial relationships to disclose.

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For Learning Objectives, Agenda, Cancellation Policy and to Register online, visit www.mossrehabconference.com

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Registration 5:30 PM and 6:00 PM Lecture

Tuesday August 16, 2016

Location: MossRehab at Plymouth Meeting

Register online at
www.mossrehabconference.com

RSVP by August 14, 2016

**For more information contact Sheila Wallace,
215-663-6457, wallacsh@einstein.edu**

Application has been submitted for 1.0 Contact Hour or
0.1 CEU to the PA State Board of Physical Therapy

*Satisfactory completion of the continuing education unit includes full
attendance with monitored sign-in/out forms and completion of course
feedback form that includes self-assessment of learning outcomes.*