

Saturday October 7, 2017

- 8:00 am Evolution of Treatment-based Classification of the Lumbar Spine and management of acute LBP
Patricia Crane PT, DPT, OCS, FAAOMPT
- 8:45 am Medical Screening for the Patient with Back Pain
Alex Haddad PT, DPT, OCS, MS, PhD
- 9:30 am Break
- 9:45 am The Pelvic Girdle/Sacroiliac Joint
James Poston PT, OCS, CFMT
- 10:45 am Treatment Approach to Management of Chronic Low Back Pain
Teresa Gero PT,DPT
Alexandra Nelson PT,DPT,OCS
- 12:00 pm Lunch
- 1:00 pm Lab: Acute LBP
Patricia Crane PT, DPT, OCS, FAAOMPT
John Morris PT, OCS
Alex Haddad PT, DPT, OCS, MS, PhD
- 2:00 pm Lab: Sub-acute LBP
John Morris PT, OCS, Cert. MDT
James Poston PT, OCS, CFMT
Danielle Monica PT, DPT
- 3:30 pm Lab: Chronic Pain
Teresa Gero PT,DPT
Alexandra Nelson PT,DPT, OCS
- 5:15 pm Conclusion



Comprehensive Treatment of Low Back Pain with a Therapeutic Approach

Treatment of acute to chronic pain with a manual therapy and therapeutic neuroscience approach



Hosted by MossRehab

Saturday, October 7, 2017

Moss Rehab
633 W. Germantown Pike
Suite 201
Plymouth Meeting, PA. 19462

COURSE DESCRIPTION:

This is a one day introductory level course that will instruct physical therapists in evaluation and treatment of patients with acute, subacute, and chronic low back pain.

Objectives

This course will review medical screening, the evolution of the treatment based classification systems, outcomes measures, the use of a regional interdependence approach, and therapeutic neuroscience approach to treatment of low back pain.

Through lecture and lab, participants will learn to apply the current physical therapy literature on low back pain through examination, exercise, and manual therapy interventions.

PATIENT POPULATION: Adolescents to Mature Adults

TARGET AUDIENCE: Physical Therapists

COURSE LEARNING OBJECTIVES:

At the conclusion of the course participants will be able to:

- 1) Discuss the evolution of the treatment based classification system for low back pain.
- 2) Identify appropriate screening tools for non-musculoskeletal, low back pain to help determine need for referral.
- 3) Describe and explain the interrelationship between pelvic girdle dysfunction and lumbar dysfunction.
- 4) Describe how central sensitization can contribute to chronic low back pain.
- 5) Demonstrate competent psychomotor performance of three mobilization techniques.

CEU ACCREDITATION STATEMENT

An application for 8.0 Contact Hours (0.8 CEUs) has been submitted to the **Pennsylvania State Board of Physical Therapy** and **NJ State Board of Physical Therapy Examiners**

ABOUT THE SPEAKER:

Patricia Crane PT, DPT, OCS, FAAOMPT, Cert. MDT

Trish has over ten years experience working with the outpatient orthopedic population and has focused her expertise on manual therapy interventions for the spine. As a Fellow of the American Academy of Orthopedic Manual Physical Therapy, she is passionate about teaching therapists evidence-based interventions to improve outcomes. She has published several articles related to orthopedic physical therapy care.

James Poston PT, OCS, CFMT

Jamie is a physical therapist at Moss Rehab in Philadelphia. He has spent almost twenty years improving the outcomes of individuals with lumbar and functional mobility ailments. He specializes in manual therapy approaches.

Teresa Gero PT, DPT

Alexandra Nelson PT, DPT, OCS

Alex and Teresa are both physical therapists in an outpatient orthopedic setting, treating a variety of musculoskeletal and neuromuscular conditions. Together, they initiated the "Take Back" program at MossRehab that has successfully managed patients with chronic LBP using a pain neuroscience approach.

Alex Haddad PT, DPT, OCS, MS, PhD

Alex is a physical therapist on the orthopedic team for Moss Rehab in Philadelphia. He is a teacher and mentor for the orthopedic residency program at Moss Rehab, an adjunct professor for Arcadia University PT department and is active in professional education for the Southeast District of Pennsylvania Physical Therapy Association. He is a skillful instructor and published author of orthopedic physical therapy.

CONFLICT OF INTEREST STATEMENT:

Faculty and all others who have the ability to control the content of continuing education activities sponsored by MossRehab/Einstein are expected to disclose to the audience whether they do or do not have any real or apparent conflict (s) of interest or other relationships related to the content of their presentation (s). No presenter or planner of this course has a conflict of interest.

Satisfactory completion of the continuing education units consists of full attendance with monitored sign in and sign out forms plus completion of a course feedback form that includes self assessment of learning outcomes.

REGISTRATION

DATE: Saturday, October 7, 2017

LOCATION: Moss Rehab
633 W. Germantown Pike Suite 201
Plymouth Meeting, Pa. 19462

FEE: \$150

Online or Check only made payable to MossRehab. Please send your payment to:

FAX or MAIL THIS FORM:

MossRehab

Attn: Sheila Wallace, Education Administrative Coordinator, Room 303 West
60 Township Line Road, Elkins Park, PA 19027

To Sheila Wallace at 215-663-6984

Name _____

Credentials _____

Profession _____

License # _____

Organization _____

Preferred Mailing Address _____

City _____

State _____ Zip _____

Phone number _____

Email _____

Do you have any special needs we should be aware about?

Cancellation Policy:

For cancellations up to seven (7) days prior to the course, there is a 25% non-refundable administrative processing fee. For cancellations up to three (3) days prior to the course, there is a 50% non-refundable administrative processing fee. For cancellations less than three (3) days prior to the course, there are no refunds. Full policy will be disclosed with course confirmation.

For questions call: Sheila Wallace 215-663-6457
email WallacSh@einstein.edu or visit us online at:

www.mossrehabconference.com

Registration Deadline is **October 4, 2017**



Contact Us