

## ABOUT THE PRESENTER

### The Fundamentals of Effective and Ethical Clinical Supervision

October 24-28, 2016

8:30 AM – 4:00 PM

PeoplesChoice Credit Union, Saco, ME  
(Oct. 27 at Husson University, Westbrook, ME)



**Teresa Valliere, LCSW, LADC, CCS** is an individual therapist, group facilitator, clinical supervisor and trainer with 19 years of experience in a variety of settings. She was director of inpatient services for a women's substance abuse and co-occurring disorders residential programs; led an Assertive Community Treatment team; supervised a large detoxification and rehabilitation center specializing in co-occurring disorders, relapse prevention and early recovery for men and women; facilitated groups for anger management and with domestic violence offenders.

For the last 16 years she has been facilitating trainings on addiction, mental illness, co-occurring disorders, and supervision for a wide variety of agencies and organizations in Maine. She served as adjunct faculty for North Carolina State University, University of New England and University of Southern Maine in social work and counseling. She currently serves as visiting faculty in the psychiatry residents program at Maine Medical Center (Tufts Medical School).

She has expertise in trauma and recovery, relational theory, motivational interviewing, acceptance and commitment therapy, group facilitation and clinical supervision. She maintains a private practice in Portland Maine serving adults with a special focus on caring for professionals in mental health, medical, legal and other helping professions through training, individual and group supervision, and direct counseling.



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