

ABOUT OUR PRESENTER

Teresa Valliere, MSW, LCSW, LADC, CCS



Teresa Valliere is the former director of inpatient services for a women's substance abuse and co-occurring disorders residential continuum of care. In previous positions, she has led an ACT team; supervised a large detoxification and rehabilitation center specializing in co-occurring disorders, relapse prevention and early recovery for men and women; facilitated groups for anger management; and worked with domestic violence offenders. For more than 10 years, she has facilitated trainings on addiction, mental illness, co-occurring disorders, and supervision for a wide variety of agencies and organizations. She served as adjunct faculty for North Carolina State University, University of New England and University of Southern Maine in social work and counseling. She currently serves as visiting faculty in the psychiatry residents program at Maine Medical Center, teaching the social and cultural aspects of psychiatric care. She has expertise in trauma and recovery, relational theory, motivational interviewing and clinical supervision. She maintains a private practice in Portland serving adults, with a special focus on caring for caregivers through training, supervision, and self-care counseling for professionals in mental health, addiction, medical, legal and other helping professions.

The Fundamentals of Effective and Ethical Clinical Supervision

CHOOSE FROM THREE DIFFERENT TRACKS

WHERE: PeoplesChoice Credit Union, Saco, Maine
and Husson University, Westbrook, Maine

WHEN: October 24 – October 28, 2016
8:30 AM – 4:00 PM

TARGET AUDIENCE:
Supervisors and Providers of Mental Health
and/or Substance Abuse Treatment

AGENDA

Day 1: 10/24/16	Skills Assessment and Self-Evaluation <ul style="list-style-type: none"> • Overview of the week • Assessment of the supervisee • Self-assessment by the supervisor • Conversation: The primary tool of supervision
Day 2: 10/25/16	Clinician Professional Development <ul style="list-style-type: none"> • Clinical supervision: Many hats • Professional development: A developmental approach • Clinical supervision or psychotherapy? And other boundary dilemmas • Exploring countertransference with supervisees
Day 3: 10/26/16	Management and Administration <ul style="list-style-type: none"> • Communication: The core of effective management • Job descriptions: Clarity of roles, relationships and responsibilities • Structures: Time, expectations, supports, agendas, and individual and group supervision • Tools: Philosophy statement, supervision contract, evaluations, documentation, in-service, and continuing education
Day 4: 10/27/16	Professional Responsibility and Ethics <ul style="list-style-type: none"> • Scope and diversity of ethical issues in counselor/client relationships and in supervisor/counselor relationships • Values/principles/ethics • An ethical decision-making model • Ethics case studies/role play
Day 5: 10/28/16	Case Studies and Clinician Self-Care <ul style="list-style-type: none"> • Supervisor/clinician case studies • Assessment of secondary trauma, vicarious trauma, burnout, and compassion satisfaction in clinicians • Developing a comprehensive self-care plan • Self-care as an ethical/professional responsibility

IMPORTANT NOTES ON ATTENDANCE

Choose Track A (5 days), Track B (2 days), or Track C (1 day). The program will begin at 8:30 AM each day. Registration begins at 8:00 AM. Please wear or bring layers to maximize your comfort. Coffee will be available and lunch is on your own. You're welcome to bring your own.

PARKING

There is parking in the Credit Union lot but please do not park in spaces next to the building itself. Please see the parking map found on the online registration page. There is overflow parking at the near-by park & drive.

CONTACT HOURS

6 provided each day. Certificates will be available upon completion of an online evaluation. | This training provides 6 contact hours for nurses. CCSME Provider Unit is an approved provider of continuing nursing education by ANA-maine, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation. | 6 contact hours pending approval by the Maine Board of Alcohol and Drug Counselors. | 6 Category I contact hours for psychologists. CCSME is a pre-approved sponsor and provider of Professional Education Activities for Psychologists. | This program provides a certificate of attendance for 6 contact hours for social workers, licensed clinical professional counselors, and other professionals.

REGISTRATION

THE FUNDAMENTALS OF EFFECTIVE AND ETHICAL CLINICAL SUPERVISION

WHEN: Monday, October 24 - Friday, October 28, 2016

TIME: 8:30 AM – 4:00 PM

FEE: See Tracks A-B-C below

To register online please go here: www.ccsme.org/Events.htm

TRACK A: One-Week Training | 30 Contact Hours

WHEN: Monday, October 24- Friday, October 28, 2016 (5 days)

WHERE: M-W & F | PeoplesChoice Credit Union, 23 Industrial Park Rd, Saco, ME
Th | Husson University, 340 County Rd, Westbrook, ME

FEE: \$250

This one-week course on clinical supervision includes six hours of each of the following subjects: Professional Responsibility and Ethics, Skills Assessment and Self-Evaluation, Clinician Professional Development, Management and Administration, and Case Studies and Clinician Self-Care. This training fulfills the initial educational requirements for Certified Clinical Supervisor (CCS) and is useful for new and veteran supervisors. The format involves lectures, self-evaluation, and small and large group discussions.

TRACK B: Monday and Friday only | 12 Contact Hours

WHEN: Monday, October 24 and Friday, October 28, 2016 (2 days)

WHERE: M-W & F | PeoplesChoice Credit Union, 23 Industrial Park Rd, Saco, ME

FEE: \$100

This two-day course on clinical supervision includes six hours of each of the following subjects: Skill Assessment and Self-Evaluation and Case Studies and Clinician Self-Care.

TRACK C: Ethics for Clinical Supervisors | Thursday only | 6 Contact Hours

WHEN: Thursday, October 27, 2016 (1 day)

WHERE: Husson University, 340 County Rd, Westbrook, ME

FEE: \$50

This one day course on clinical supervision includes professional responsibility and ethics.