

## ABOUT THE PRESENTERS

### An Introduction to DBT Philosophy, Structure and Tools

October 7, 2016

8:30 AM – 4:00 PM

Bangor Savings Bank, Augusta, ME



**Glenn Mayer, MS, LCPC, CCS** has been the Program Manager for the ACTION Program, a DBT treatment team for individuals with high level difficulties managing emotions without dangerous behavior, at Maine Behavioral Healthcare since 2008. He was intensively trained in DBT in 2007, again in 2010 and attended an advanced intensive in 2014. He has been participating in intensive online training for the past four years with Kelly Koerner, Ph.D through her training programs on the Practice Ground website. He has been practicing DBT therapy since 2007 and has also attended multiple two-day trainings with Behavioral Tech trainers, including DBT-S and DBT and Exposure Tx.



**Kim Blaney, MS, LCPC** has been a DBT Therapist with the ACTION Program at Maine Behavioral Healthcare since 2013. Prior to 2013 she worked as a Team Leader for Assertive Community Treatment at MBH. She completed DBT intensive training in 1998 and advanced intensive training in 2014.