

Southern Illinois Drug Awareness Conference

April 17-18, 2019

John A. Logan College



Gatewa

Online registration at www.jalc.edu/cbi

CEUs available based on TWO Day attendance

MUST attend BOTH Days SEATING IS LIMITED

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ommunity Partnerships and Collaborations

Agenda

Wednesday April 17

8:30 - 9:00	Welcome and Opening Remarks Michelle Hamilton
	Current Drug Trends, Jonathon Edwards
9:00 – 10:00	Recovery Oriented Systems of Care (ROSC) and the Opiate
	Epidemic Rex Alexander
10:00 - 10:20	Break
10:20 - 11:20	Inter-agency Collaboration, Engagement and Other
	Strategies to Help Clients Avoid Slipping Through the Cracks
	Mark Sanders
11:20 - 11:30	Break
11:30 – 12:30	Breakout Round 1
12:30 – 1:45	LUNCH PROVIDED
	Update on Drug Courts Panel
1:45 – 2:45	Breakout Round 2
3:00 - 4:00	Breakout Round 3
Thursday April 18	
8:30 - 9:30	Breakout Round 4
9:30 - 9:45	Break
9:45 – 10:45	Breakout Round 5
10:45 – 11:00	Break
11:00 – 12:00	Breakout Round 6
12:00 – 1:30	LUNCH PROVIDED
	Panel of Agencies – New Program's by local providers
	Union County Detox, Centerstone, Gateway, Egyptian Health
	Services, Human Service Center, Shawnee Health Services,
	Southern Illinois Healthcare
1:30 - 1:45	Break
1:45 – 3:30	Vision for the Future, Mark Sanders
3:30 - 4:00	Closing and Door Prizes

Wednesday | April 17

Breakout Sessions Round 1:

12 Step Facilitation | Dr. Goldman and Shane Reister

NO to Drugs, YES to Sex! (Part 1-Loving Your Organs!) | Steven St. Julian

Tailoring Addictions Treatment: 18 Critical Areas of Focus for Adolescent Girls and Women | Mark Sanders

NARCAN Training | April Scales

Meth 101 | Jonathon Edwards

Medical Cannabis Update | Ami Ruffing

Nutrition and Recovery | Gajif McNeill

Building a Recovery Community Organization | Rex Alexander

The Beginning Steps to Human Trafficking | Patricia McKnight

Language Matters | Robert Riley

Breakout Sessions Round 2:

12 Step Facilitation | Dr. Goldman and Shane Reister

NO to Drugs, YES to Sex! (Part 1-Loving Your Organs!) | Steven St. Julian

Tailoring Addictions Treatment: 18 Critical Areas of Focus for Adolescent Girls and Women | Mark Sanders

Hidden in Plain Sight Part 1 | Michelle Bertinetti

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Medical Cannabis Update | Ami Ruffing

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The Beginning Steps to Human Trafficking | Patricia McKnight

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Breakout Sessions Round 3:

12 Step Facilitation | Dr. Goldman and Shane Reister

NO to Drugs, YES to Sex! (Part 1-Loving Your Organs!) | Steven St. Julian

Tailoring Addictions Treatment: 18 Critical Areas of Focus for Adolescent Girls and Women | Mark Sanders

Hidden in Plain Sight Part 2 | Michelle Bertinetti

 $Meth\ 101\ |\ Jonathon\ Edwards$

From Seed to Sale | Megan Archer

Nutrition and Recovery | Gajif McNeill

Building a Recovery Community Organization | Rex Alexander

The Beginning Steps to Human Trafficking | Patricia McKnight

Language Matters | Robert Riley

Thursday | April 18

Breakout Sessions Round 4:

Healing Trauma: The Promise of MDMA-Assisted Therapy | Vilmarie Narloch

NO to Drugs, YES to Sex! (Part 2- Protecting Your Privates!) | Steven St. Julian

Adolescent and Young Adult Males: Violence Interruption and Addictions Recovery | Mark Sanders

NARCAN Training | April Scales

Veterans Outreach Program | Richard Kulich

From Seed to Sale | Misty Benes

ETHIC Study | Brent Van Ham

Centerstone's MAT Grant, Hub and Spoke Model | Mona Miller and Angela Manns

Victim to Survivor Impact Testimony | Patricia McKnight

Safe Consumption Sites | Chad Sabora

Breakout Sessions Round 5:

Healing Trauma: The Promise of MDMA-Assisted Therapy | Vilmarie Narloch

NO to Drugs, YES to Sex! (Part 2- Protecting Your Privates!) | Steven St. Julian

Facilitating Opiate Recovery | Mark Sanders

Hidden in Plain Sight Part 1 | Michelle Bertinetti

Veterans Outreach Program | Richard Kulich

A General Overview of Adult Use vs Medical Cannabis | Travis Neal

ETHIC Study | Brent Van Ham

Centerstone's MAT Grant, Hub and Spoke Model | Mona Miller and Angela Manns

Victim to Survivor Impact Testimony | Patricia McKnight

Safe Consumption Sites | Chad Sabora

Breakout Sessions Round 6:

Healing Trauma: The Promise of MDMA-Assisted Therapy | Vilmarie Narloch

NO to Drugs, YES to Sex! (Part 2- Protecting Your Privates!) | Steven St. Julian

Facilitating Opiate Recovery | Mark Sanders

Hidden in Plain Sight Part 2 | Michelle Bertinetti

Veterans Outreach Program | Richard Kulich

Adult Cannabis 101 – What to Expect in a Changing Market | John Davey

ETHIC Study | Brent Van Ham

Centerstone's MAT Grant, Hub and Spoke Model | Mona Miller and Angela Manns

Victim to Survivor Impact Testimony | Patricia McKnight

Safe Consumption Sites | Chad Sabora

Breakout Descriptions

Adolescent and Young Adult Males: Violence Interruption and Addictions Recovery | Mark Sanders

Most of the violence in America is committed by adolescent and young adult males. There is a strong link between violence and substance use. In this presentation you will learn 17 risk factors for violence among males from boyhood to young adulthood and how to address it while facilitating addictions recovery.

Adult Use Cannabis 101 – What to Expect in a Changing Market | John Davey

A discussion of current metrics used in cannabis consumption; how to identify and prevent adolescent use.

*Building a Recovery Oriented System of Care in Illinois | Rex Alexander

DHS-SUPR began introducing Recovery Oriented values, principles and services into its system upon implementation of the federally funded Access to Recovery (ATR) program. ROSC progress has been made in reorienting the system from focusing solely on the traditional acute care approach to a chronic care approach. Shifting to this requires the entire system (prevention, intervention, treatment and recovery management) to embrace a recovery oriented approach. This session will explore the State's progress from ATR to the current system, and present DASA's plan to expand the continuum of care and ensure an appropriate mix of substance use disorder services and recovery supports for youth, adults and families is available and accessible throughout the State.

Building a Recovery Community Organization | Rex Alexander

As the State moves toward enhancing its' Recovery Oriented Systems a vital part will be identifying and establishing Recovery Community Organizations (RCOs). The workshop will discuss building these RCOs and linking them into a national movement to offer opportunities for the recovery community to express their collective voice on issues of common concern, responding to community-identified recovery support needs, and providing a forum for recovery-focused community service.

Centerstone's MAT Grant, Hub and Spoke Model | Mona Miller and Angela Manns

Medication Assisted Treatment (MAT) is an essential part of a comprehensive treatment for Opioid Use Disorder. This session will explore the 3 primary FDA-approved medications that are used to calm overly-active areas of the brain, reduce cravings and increase the chances of long-term recovery for those experiencing Opioid Use Disorder. Options include Vivitrol, Suboxone and Methadone. Participants will also learn the how to help their clients access MAT services in the local area.

*Current Drug Trends | Jonathon Edwards

This plenary session will provide knowledge about the current climate in drug trends in our region.

ETHIC Study | Brent Van Ham

Studying Opioid and Injection Drug Use and Impact on Infectious Disease in Southern Illinois.

- 1) Discuss the overall focus of the Delta Rural Health Study.
- 2) Describe the strategies and efforts to approach rural opioid and injection drug users.

Facilitating Opiate Recovery | Mark Sanders

More people are dying from opiate overdose deaths than car crashes and gun violence. In this presentation you will learn 10 strategies for facilitating opiate recovery. Emphasis will also be placed upon strategies to reduce rates of opiate related deaths.

General Overview of Adult Use Versus Medical Cannabis | Travis Neal

A discussion comparing and contrasting adult use (recreational) versus medical cannabis; highlighting general information on cannabis use.

Healing Trauma: The Promise of MDMA- Assisted Therapy | Vilmarie Narloch

Post-Traumatic Stress Disorder has long been one of the most difficult to treat conditions in the mental health field. Current strategies aid in providing some temporary relief from some of the symptoms endured by those with this disorder, but no one strategy has been able to effectively treat this complex disorder. In recent years, research on the use of MDMA to treat PTSD has grown, and the results show incredible promise. In this session, Dr. Vilmarie Fraguada Narloch will discuss the current state of the research on these medicines in treating PTSD, what we know about how and why this strategy is working, and what the future may hold for psychedelic assisted treatment in Illinois.

Hidden in Plain Sight Part 1 and 2 | Michelle Bertinetti

The Hidden in Plain Sight room provides clues from a teen's bedroom to help determine whether a child might be experimenting with or using drugs or alcohol. Room décor, hidden compartments and items to conceal use are located throughout the room. Providers can aid parents by being informed and facilitate intervention strategies if they think a child might be using drugs or alcohol. Addressing problem behavior early is important to preventing negative consequences of use including unsafe decision-making, car crashes and dependence. Can you find all of the items? Part 1 will be a walk through and Part 2 is a presentation revealing all of the items in the room.

*Inter-agency Collaboration, Engagement and Other Strategies to Help Clients Avoid Slipping Through the Cracks | Mark Sanders

Many persons with substance use disorders go back and forth between the addictions, criminal justice, mental health and criminal justice systems without fully recovering. In this presentation you will learn strategies to increase retention, decrease client premature termination and increase a seamless system to help clients seeking recovery avoid slipping through the cracks.

Language Matters | Robert Riley

Substance use disorder (the severest form of which is commonly referred to as addiction) is a chronic brain disorder from which people can and do recover. Nonetheless, sometimes the terminology used in the discussion of substance use can suggest that problematic use of substances and substance use disorders are the result of a personal failing; that people choose the disorder, or they lack the willpower or character to control their substance use. The evidence is clear that this is not correct; instead, research has shown that substance use disorders are neurobiological disorders.

Research has also shown that people with substance use disorders are viewed more negatively than people with physical or psychiatric disabilities. Researchers found that even highly trained substance use disorder and mental health clinicians were significantly more likely to assign blame and believe that an individual should be subjected to more punitive (e.g., jail sentence) rather than therapeutic measures, when the subject of a case vignette was referred to as a "substance abuser" rather than as a "person with a substance use disorder." In a public perception study the term "abuse" was found to have a high association with negative judgments and punishment. Negative attitudes among health professionals have been found to adversely affect quality of care and subsequent treatment outcomes. Shame and concerns about social, economic, and legal consequences of disclosing a substance use disorder may deter help seeking among those with substance use disorders and their families.

Meth 101 | Jonathan Edwards

Meth 101 will discuss the current trends in methamphetamine manufacturing and use in southern Illinois as well as the rise in crystal methamphetamine.

Medical Cannabis Update | Ami Ruffing

A general discussion of the current Illinois Medical Cannabis Market and the Opioid Alternative Pilot Program.

Medical Cannabis: From Seed to Sale | Megan Archer and Misty Benes

Discussion of the processing involved in manufacturing cannabis into medicine, traceability, and types of products that can be produced.

**This talk will be presented at least once by Megan Archer and once by Misty Benes.

NARCAN Training | April Scales

Narcan (Naloxone) is a medication used to block the effects of opioids, specifically in the event of overdose. In this free training hosted by April Scales, Overdose Prevention Educator with the Egyptian Health Department, attendees will:

- Learn the causes and contributing factors to an overdose
- Learn how to identify and respond to someone experiencing an overdose
- Learn how to properly administer Narcan to an individual experiencing an opioid overdose

NO to Drugs, YES to Sex! (Part 1-Loving Your Organs!) (Part 2- Protecting Your Privates!) | Steven St. Julian

A blunt and fun 2-part presentation about the link between sexual behavior and drug use, focusing on Hepatitis, HIV & other STD's. Participants will learn about transmission, testing, treatment and prevention of these diseases. Using straight talk and humor, attendees will have a better understanding of available resources and how to help those you help to get help. Caution: if you blush easily, this one might not be for you!

Nutrition and Recovery | Gajif McNeill

This session is designed to assist clinical practitioners in learning and adopting the importance of diet and nutrition to persons suffering from substance use disorders and how this relationship relates to recovery. There will be a discussion regarding primary and secondary recovery and the difference between the two. Clinicians will learn how to incorporate diet and nutrition into treatment planning, as well as how to establish linkages with professional dieticians and medical practitioners to assist in helping patients accomplish treatment goals. Finally, participants in the session will be asked to offer suggestions regarding advocacy to get more funding dedicated to these services at different levels of care.

*Panel of Agencies – New Programs

A panel of local providers will be discussing new and upcoming programs for Union City Detox, Centerstone, Gateway, Egyptian, Human Resource Center, Shawnee Health and SIH Break. Various points of view will be discussed and a Q & A session will be available.

Safe Consumption Sites | Chad Sabora

This session will serve to educate the attendees on the existence and history of safe consumption sites around the world. We will learn about the origins of these sites and their implementation as an effective harm reduction tool in reducing deaths, reducing the spread of disease, and how they serve as an entry point into treatment and recovery. We will thoroughly examine all the peer reviewed data surrounding these sites and discuss the pros and cons that have been identified over the last twenty years. We will examine the practices of the closest safe consumption site to the United States which is Insight located in Vancouver, Canada.

Tailoring Addictions Treatment: 18 Critical Areas of Focus for Adolescent Girls and Women | Mark Sanders

In this presentation you will learn 18 critical areas to focus in your work with adolescent girls and women seeking recovery, including: trauma; unhealthy relationships; co-occurring disorders; self-care; self esteem; stigma; isolation and the need for community and unique relapse triggers.

The Beginning Steps to Human Trafficking | Patricia McKnight

This presentation discusses the issues surrounding how adverse environments increase the risk for human trafficking. Beginning with the basic maltreatment of children, to the power and control over victims, the 2015 IL DHS statistics of childhood abuse, impact on teens, adult health and life skills, along with reporting, emergency procedures, and rebuilding skills to help those who have been harmed to reduce the negative influences of addictions, mental health, and physical wellness. The presentation takes approximately 60 min to review and discuss the material provided.

Veterans Outreach Program | Richard Kulich

The Department of Veterans Affairs has committed to preventing incarceration and reducing recidivism among Veterans through the development of the Veterans Justice Outreach (VJO) Program. Join us to understand the unique considerations of working with justice-involved Veterans and how the VJO Program strives to avoid unnecessary criminalization of mental illness and extended incarceration among Veterans by ensuring that eligible Veterans in contact with the criminal justice system have access to Veterans Health Administration mental health and substance use disorder services.

Victim to Survivor Impact Testimony | Patricia McKnight

This session includes a very graphic description of one woman's horrific experiences as a survivor of human trafficking. By sharing her story, you will be able to better understand victims of human trafficking that you may encounter in your profession, or in every day life. By understanding the depth of violence, fear, and shear terror they have experienced, you will be better equipped when called to assist these victims on their way to surviving. Be prepared for hearing about events that may cause you great discomfort.

*Vision for the Future | Mark Sanders

This presentation focuses on 10 predicted changes which will impact the future of addictions treatment and recovery. Emphasis will be placed upon maintaining the best of what is currently working and how to prepare for future changes on the individual, organizational and community levels.

12 Step Facilitation | Dr. Goldman and Shane R.

This presentation focuses on scientific evidence for an effective means of approaching 12-Step work to help with alcohol recovery. It provides an overview of the Twelve Step Facilitation Program and how 12-Step mutual aid groups are a key part of the system of continuing care for substance use disorders in the United States.

Speaker Biographies

Stacy Agosto

Stacy Agosto, LCSW is a subject matter expert on behavioral health treatment of substance use disorders. She is currently serving as a unit director at Shawnee Health, where she is managing the start-up of behavioral health programming for patients with addiction issues. She earned her Master's degree from the University of Chicago School of Social Service Administration and has worked as both a clinician and a supervisor of those providing mental health treatment. She has provided trainings to graduate students, behavioral health staff and medical providers on integrated care, behavioral health treatment and addiction.

*Rex Alexander

Rex E. Alexander is former COO, Project Director, for the State of Illinois Department of Human Services, Division of Substance Abuse Prevention and Recovery, ATR (Access to Recovery Program). He is currently the Project Director for the Recovery Oriented Systems of Care and the Recovery Support Services. President of Rex E. Alexander and Associates, a business management and behavioral health consultant firm. He has a Master's degree in Psychology and a Master's in Public Administration. He has also completed Executive and Management training at Kellogg Business School.

Access to Recovery is part of a Presidential initiative to provide client choice among substance abuse clinical treatment and recovery support service providers, as well as to expand access to a comprehensive array of clinical treatment and recovery support options, including faith-based programmatic options. Illinois under the direction of Rex has been awarded the grant three consecutive times 2004, 2007, 2010 and 2014 with funds totaling over 60 million dollars to serve the needy clients. The goals of the ATR program are to: expand capacity for treatment and recovery support services, support genuine client choice of service providers, increase the array of faith-based and community based providers available to clients for clinical treatment and recovery support services.

In 2002, Rex received the prestigious James P. Lyke African American Male Image Award for his work as in the community in training young males to be Men. He is also a recipient of the Augustus Tolton award the highest recognition given to a Black Catholic for exemplary service to the church and the Black community. Having taught at Montay College, Kennedy-King College, and the Addiction Counselor Training Program at Harold Washington, Rex brings academic credibility to his workshops.

Rex is the former director of Psychiatry and Behavioral Health at Mount Sinai Hospital in Chicago, and Coordinator for the Adolescent Treatment Center at Northwestern Memorial Hospital. He is author of several manuscripts geared toward helping people help themselves. He has appeared on both television and radio.

Megan Archer

Megan Archer joined the leso Medical Cannabis Cultivation team in its early stages of development in February 2016. Archer is currently the Manager of Extraction and Laboratory Operations at leso, LLC. She seeks to bring innovative, cutting-edge science to the cannabis industry. She oversees product research and development, extraction, purification, formulation and analytical chemistry in the leso laboratory. Prior to her work in the industry, she performed research in Environmental Chemistry at Southern Illinois University Carbondale. This research focused primarily on evaluating polychlorinated biphenyl exposure in several species of SIU's Campus Lake. Over the years, she has become dedicated to advancing her scientific development in multiple disciplines of chemistry. Archer is a SIUC Alumni, graduating with a Bachelor's degree in chemistry and a Master's degree in environmental toxicology.

Angie Bailey

Angie Bailey, MPH, MSEd, CHES, is the Community Benefits Manager at Southern Illinois Healthcare, a non-profit hospital system. She provides coordination and leadership in Community Benefits (CB) as she and CB staff work together with community partners to improve the health of the residents of southern Illinois. Ms. Bailey is a steering committee member of the Healthy Southern Illinois Delta Network (www.hsidn.org), and both the Jackson and Franklin/Williamson Communities Coalitions. She also serves on many southern Illinois coalition action teams that focus on substance misuse and mental health. Angie also co-chairs the Access to Care Committee, which works with many individuals to update resource guides for southern Illinois.

Misty Benes

Misty Benes began her employment at leso Medical Cannabis Cultivation in November 2018. After receiving a Bachelor of Science degree in Biomedical Sciences at Southern Illinois University Carbondale, she has directed her focus to research and development of medicinal products. Along with product formulation, she also aids in the extraction and purification of plant extracts. Additionally, Benes plays a key role in the development of in-house quality assurance testing. Before joining leso, she had experience in patient care at Carbondale Memorial Hospital and previous chemistry laboratory experience at John A. Logan College. Misty is very passionate about research and developing innovative techniques that can aid future patients in finding relief.

Michelle Bertinetti

Michelle was born and raised in southern Illinois and grew up in West Frankfort. She graduated from John A. Logan College in 1999 and from Southern Illinois University in 2001. She has a Bachelor's Degree in Workforce Educational Training and Development with a minor in Marketing. Her previous work experience has been 13 years in Pharmaceutical Sales, 1 year working in the Home Care and Hospice field and 2 years with Gateway Foundation.

Teri Cain

Teri Cain has been hired to lead the coalition of partners from various sectors of the community. She has previously worked with a SAMSHA Drug Free Community (DFC) grant in Oregon, a federal TRiO educational access grant in Wyoming, other non-profits, and in Vocational Rehabilitation for the State of Oregon. She has a passion for building community supports for recovery in part due to personal experience with family and friends with substance use disorders.

John Davey

John Davey joined the Medical Cannabis Cultivation Laboratory in October 2018. John specializes in extraction and purification of botanical extracts at leso, and excels at instrument maintenance and troubleshoot. With a passion for human health, John began his educational career at Rend Lake College and earned an Associates of Applied Science in Radiologic Technology. He continued his studies at Southern Illinois University Carbondale, earning a Bachelor of Science degree in Biologic Science. In his youth, John was heavily involved in the Boy Scouts of America which lead to him earning the rank of Eagle Scout. John strives to continue to make a change by putting his scientific efforts towards research and innovative cannabis science.

Matt Davis

Matt became a Probation Officer in August of 2000. In 2008, he was assigned to a special caseload of individuals with felony level drug charges. He works with the individuals, Court, and treatment facilities to reduce recidivism and substance use with those on his caseload. Matt has been a part of the Franklin County Drug Court since its inception in March of 2012, and was a part of a team of individuals who helped create the policy and procedure manual and requirements of the 2nd Judicial Circuit's Drug Court program. The Franklin County Drug Court Program brought in its first participant in January of 2013, and has been active for the past 5 years. Matt is working with Judge Tom Foster in getting the Franklin County Drug Court Program to be recognized and certified by the State of Illinois and the Administrative Office of Illinois Courts.

*Jonathan Edwards

Master Sergeant Jonathan Edwards began his career with the Illinois State Police as Trooper assigned to District 12 (Effingham) Patrol. During the majority of his time in District 12, Jonathan was assigned to the Special Enforcement Team primarily focusing on interstate narcotics interdiction. In 2008, Jonathan was assigned to Zone 7 Investigations as a Special Agent with the Methamphetamine Response Team (MRT). He has served as a Special Agent in MRT, General Criminal / Violent Crime Investigations, and the Southern Illinois Drug Task Force (SIDTF). In 2012 Jonathan was promoted to Sergeant and assigned as a Field Supervisor for SIDTF. In 2016, Jonathan was promoted to Master Sergeant and assigned as the supervisor for General Criminal / Violent Crime Investigations, serving as the District 4 Commander of the Child Death Investigative Task Force (CDITF). In February 2017 Jonathan was appointed as the Director of SIDTF. The SIDTF is a multi-jurisdictional task force that conducts narcotics investigations and promotes drug awareness/deterrent efforts in Illinois State Police Districts 13 (DuQuoin), 19 (Carmi), and 22 (Ullin) encompassing 21 counties in Southern Illinois.

Dr. Goldman

Dr. Goldman graduated from the Chicago School of Professional Psychology where her emphasis was on clinical psychology. She trained in community mental health centers, a private psychiatric unit in a hospital setting, schools, and had a concentration in acute psychiatric treatment and chronic health conditions. Prior to receiving her doctorate in Clinical Psychology she received her Master in Education from the University of Wisconsin. Her concentration was on learning disabilities, special education law, and training families to advocate for their children with special education needs. Dr. Goldman specializes in corrections, substance abuse, child & adolescent, family & couples, and highly conflictual divorces. In addition, she provides critical incident debriefing to first responders.

Judge Carey Gill

Carey C. Gill, Carterville. She has been a Circuit Judge for the First Judicial Circuit since February, 2017, serving the counties of Jackson, Williamson, Saline, Union, Johnson, Alexander, Pope, Pulaski, & Massac. She is currently assigned the Family docket in Williamson County, but has also heard Chancery, Traffic, Misdemeanors & Felonies in many counties within the Circuit. Previously, she practiced with the firm Barrett, Twomey, Broom, Hughes & Hoke, LLP for 16 years, and severed as a Special Assistant Attorney General for Illinois Department of Transportation and Illinois Department of Natural Resources. Judge Gill received her Bachelor's Degree in 1998 from Monmouth College, and her Juris Doctorate in 2001 from Southern Illinois School of Law. Ms. Gill serves on the ISBA Board of Governors, and has been a member of the ISBA Assembly for the past 12 years. Ms. Gill is a Past President of the Jackson County Bar Association and a past officer of the Southern Illinois American Inns of Court.

Judge Gill was a frequent lecturer on estate planning and living trusts. She has written for the Southern Illinois University Law Journal and the Illinois Institute of Continuing Legal Education. She has presented at the Women's Health Conference, Men's Health Conference, and SIH's Second Act program. Ms. Gill has also been very active in the community, previously serving as the legal advisor for Gum Drops, NFP and co-chairing the SIH Cancer Institute Gala until her appointment to the bench. She is proud of her two children: Gabriel (age 8) and Bethany (age 6)!

A'nna Jurich

A'nna Jurich, is a master level graduate of Southern Illinois University in Rehabilitation Counseling and is a Licensed Clinical Professional Counselor and CRADC. She is a trained Motivational Interviewing trainer and has provided ongoing training to Gateway Staff and other organizations since 2006. A'nna is the executive director at Gateway Foundation in Carbondale. She has worked with people suffering from substance use disorder and mental health since 1990; with adolescents, adults, and families. Her clinical training has been primarily focused in trauma and addictions.

Richard Kulich

Richard Kulich is a Licensed Clinical Social Worker who currently serves as the Behavioral Medicine Outreach Program Manager at the U.S. Department of Veterans Affairs Medical Center in Marion, IL. He is a Certified Clinical Criminal Justice Specialist through the National Association of Forensic Counselors. He has been practicing social work at the Marion VA Medical Center for 13 years. His experience includes working with Veterans dealing with justice-involvement, serious mental illness, homelessness and issues related to the transition from military to civilian life. Richard is a Veteran of the United States Marine Corps.

Angela Manns

Angela Manns is Director of Medical Services in Illinois. In this role she is responsible for managing statewide psychiatric and medical resources, and the state's Medication Assisted Treatment services for adults addicted to opiates. In addition to recruiting and supervising all Illinois nursing staff, she is very involved in recruitment and hiring of physicians and nurse practitioners for the organization.

Manns received her BS in nursing from Kaplan University in Davenport, Iowa and is currently pursuing her MS in Nursing from Maryville University in St. Louis. She has worked in medical services and Medication Assisted Treatment for Centerstone and its legacy organizations for six years.

Gajef McNeill

Gajef McNeill, MPA, CADC was educated and reared in Washington, D.C. from elementary to high school. He attended Ripon College in Ripon, Wisconsin where he received a Bachelor's Degree. He also received a Master's Degree in Curriculum Instruction and Media (MS) and a Master's Degree in Public Affairs (MPA) both from Southern Illinois University at Carbondale. He began work in the substance abuse field in 1989 providing prevention services. Mr. McNeill then attended the substance abuse track at the Rehabilitation Institute at SIUC, obtained his CADC, and began providing treatment services at the Hill House in Carbondale, which was established for the treatment of adolescent substance abusers. He left the facility to join an outpatient program in 1994 and worked there for six years before joining the Division of Substance Use Prevention and Recovery (formerly known as DASA) in September of 2001. Currently, Mr. McNeill works as a Contract Manager for DASA with responsibility for the southern 33 counties and in March of 2017 also assumed responsibility for management over the State's gambling disorder services program.

Patricia McKnight

Today Patricia, "Trish", is a strong advocate/activist whose proudest achievement is the update of Illinois Statute of Limitations for Involuntary Servitude/Sexual Servitude of a Minor, now allowing 25 years after 18th birthday, along with victim support services. She was a victim of family trafficking and twenty years in tolerating domestic violence. She has witnessed the impact on her children and how the trauma distortions influence mental health problems, addictions, even criminal behavior if we do not address it early with a positive support system. Trish has provided speaking/training throughout South Central Illinois concerning the lasting effects of family trauma and crimes against children. She completed 40 hr. Illinois Domestic Violence Advocacy training and is a Panel Member of Domestic Violence Offender Reform Education. She is a Mandatory Reporter, has received her Certification as a Human Trafficking 101 Trainer, and Certified Mental Health First Aid. She is a member of the Central Illinois Human Trafficking Task Force, focusing on the provision of victim/survivor recovery services. Locally a member of Clinton County Mental Health Coalition, Take Action Coalition, and Clinton County Health Improvement Coalition. Her drive is to inform teens & community members, but also to collaborate with educators, healthcare providers and first responders concerning the importance of Trauma Informed Response to help identify and assist victims/survivors of abuse, violence, and human trafficking, while protecting our equal right to be safe and live safe. Trish has been assisting others and studying national statistics and research since November 2010; after publishing her own journey through trauma and recovery, titled 'My Justice'.

Mona Miller

Mrs. Miller is a graduate of Southern Illinois University. She has been working with Centerstone since June 2017 and has recently accepted the opportunity to help develop the Medication Assisted Treatment program for Centerstone in the Southern Illinois region. Mrs. Miller has long history working in child welfare. She currently serves on the Rainbow Café Board as the Treasurer and is involved with The Poshard Foundation.

Vilmarie Fraguada Narloch

Vilmarie Fraguada Narloch earned her M.A. in Counseling and Psychological Services from Saint Mary's University of Minnesota, and a Psy.D. in Clinical Psychology from Roosevelt University. While at Roosevelt, she provided research support, report co-authorship, and event planning and coordination for the Illinois Consortium on Drug Policy. Her interests in drug education, access to treatment, and harm reduction policy and practice have led her to the provision of counseling and harm reduction services to college students, a predoctoral internship at a local public health department, and a postdoctoral fellowship in a small private agency. Additionally, Vilmarie has taught undergraduate and graduate courses in psychology and substance use disorder treatment. Vilmarie is currently the Drug Education Manager at Students for Sensible Drug Policy, and the Manager of Training and Technical Assistance for Heartland Alliance's Center for Systems Change, where she organizes and develops professional training on integrated mental health and substance use treatment for state-funded substance use disorder treatment providers.

Travis Neal

Travis Neal is a scientist and extraction specialist at leso, LLC Medical Cannabis Cultivation Center. The focus of his work at leso is to create clean products and provide safe medicine to the patients of Illinois. Travis takes part in the extraction and purification of plant extracts, as well as the formulation of medicinal products. He is a trained botanist at Southern Illinois University Carbondale with focus in ecology and environmental studies. Research and education have been a focus throughout pursuit of his advanced degree. Travis earned his Bachelor's degree in plant biology in 2014 with a minor in chemistry; he continued on to graduate studies and received his Master's degree in May 2017. He was the manager for the Noyce program, which is a National Science Foundation-funded grant. During this experience, he supported the endeavors of educators in impoverish areas across Southern Illinois, aiding them to become better scientists. Prior to his experiences in the cannabis industry, Travis earned the rank of Eagle with participation in Boy Scouts of America. He continues to advance his passion for botanical studies by applying his knowledge to the cannabis industry.

Robert Riley

In 2012 Robert met Chad Sabora while detoxing an opioid user at her home. They went on to form STL Heroin Help, a non-profit aimed at providing resources to opioid and other substance users. Robert and Chad have gone on to form the Missouri Network for Opiate Reform and Recovery, another nonprofit organization that provides education in local high schools, legislative advocacy and other community involvement battling the opiate epidemic. Robert has been labeled a recovery activist by addiction counselors throughout Missouri and continues to be part of the solution to the opiate epidemic gripping the country.

Robert is credentialed as a CRADC in the State of Missouri and is employed as an Addiction Counselor at Clayton Behavioral.

Ami Ruffing

Dr. Ruffing supervises scientific research compliance, chemical and biological safety, and hazardous waste disposal at Southern Illinois University Carbondale. She is also the Chief Science Officer at leso, LLC, a Southern Illinois medical cannabis cultivation facility.

Chad Sabora

Chad Sabora is the co-founder and executive director of the Missouri Network for Opiate Reform and Recovery. He received his undergraduate and graduate education in psychology and political science at the University of Illinois at Chicago. He then received his Juris Doctorate at the John Marshall Law School in Chicago, IL. Upon completion of Law School, he began employment as a prosecutor for Cook County, IL. Chad worked in various positions as a prosecutor; child support enforcement, abuse and neglect of minors, and juvenile delinquency. During his time as a clerk at the same office in law school he worked in the gang's unit, felony court, and special prosecutions. He also held several internships in law school that mainly focused on criminal and civil procedure. Chad is also a person in long term recovery from substance use disorder and due to his unique experience as a prosecutor and former heroin addict, he left the legal field to pursue drug policy reform advocacy. He helped form The Missouri Network for Opiate Reform and Recovery (Mo Network) in 2013. Since its formation Mo Network has help to write, lobby, and pass numerous pieces of legislation in Missouri; first responder access to Narcan, third party and OTC access to Narcan, 911 Good Samaritan Immunity in Missouri, and access to medication assisted treatment in treatment, veterans, mental health, and family court. Chad has been the focus of stand-alone episodes of the show Drug Wars on Fusion, and was part of an Emmy award winning episode of NBC news with Brian Williams, and he has also been an expert correspondent on CNN and MSNBC.

*Mark Sanders

Mark Sanders, LCSW, CADC, is an international speaker in the addictions and mental health fields whose presentations have reached thousands throughout the United States, Europe, Canada, and the Caribbean Islands. He is co-author of Recovery Management and author of Relationship Detox: How to Have Healthy Relationships in Recovery. His most recent book is entitled, Slipping through the Cracks: Intervention Strategies for Clients with Multiple Addictions and Disorders. He is a lecturer at the University of Chicago.

Judge Steve Sawyer

Judge Stephen G. "Steve" Sawyer (Retired) earned his Juris Doctor degree from the University of Illinois in 1979, having received a Bachelor Degree in Music Education from Eastern Illinois University in 1975. Judge Sawyer maintained a private law practice from 1979 until 1992, was Wabash County State's Attorney from 1980 until 1992, served as an Associate Judge of the 2nd Circuit from 1992 until 2002, and presided as the Resident Circuit Judge for Wabash County from 2002 until his retirement from the bench in 2013. During his 22-year tenure on the bench, Judge Sawyer presided over both civil and criminal matters throughout the 12-county Second Circuit; and he presided over the Juvenile Court docket in Wabash County continuously throughout that tenure. As Chief Judge of the 2nd Circuit from 2012 to 2013, Mr. Sawyer chaired the Conference of Chief Judges' Children and Families Committee, and was a member of the Illinois Supreme Court Committee on Child Custody Issues. During his tenure as Chief Judge, Judge Sawyer made child trauma awareness a priority for juvenile court stakeholders in the Circuit. He also spearheaded formation of the 2nd Circuit Coordinated Drug Court Program, and now serves as its Coordinator.

April Scales

April Scales, Overdose Prevention Educator with Egyptian Public and Mental Health Department, has provided Narcan Trainings to the southernmost region of Illinois since 2017. These services are made possible and are supported by the Illinois Department of Human Services, Division of Substance Use Prevention and Recovery, as a part of the Illinois Opioid-State Targeted Response grant from the U.S. Department of Health and Human Services, Substance Abuse and Mental Health Services Administration. As of January 2019, April, along with two (2) other colleagues, has taken the lead providing over 2000 individuals with this much needed training. In addition, those who attend the training and feel they may likely encounter someone who is at risk of experiencing an opioid overdose, are provided with free Narcan kits. The rising number of opioid related overdoses in our communities serves as a constant reminder of how much more education and resources are needed to equip our communities with necessary tools to help fight this epidemic. April and her colleagues continue to train populations that may benefit from this training, including but not limited to; law enforcement, first responders, school personnel, active users, formerly incarcerated individuals, individuals released from in-patient rehabilitation facilities, family members, human service agencies, etc.

Steven St. Julian

Steven St. Julian is a native of southern Illinois. Steven is currently the HIV Prevention, Outreach and Adherence Coordinator for the Southern Illinois HIV CARE Consortium, after having served 5 years as Illinois' first HIV+ Consortium Director. After attending University of Illinois and Southern Illinois University, Stephen went on to complete his J.D at Hastings College of the Law in San Francisco. Since the first appearance of HIV/ AIDS in 1981, Steven has actively served those infected or impacted by this disease. A 20-year member of Illinois' state committees addressing HIV Care and Prevention. Further recognition in his field includes being named "Outstanding HIV Advocate" in 2007, and honored again in 2010 with the "Sustained HIV/STD Leadership" award. Steven's most recent work has centered on better serving incarcerated and/or newly-released individuals. This most recent focus resulted from Steven serving on a team who spearheaded "The Prison to Community Transition Project". The project is a comprehensive program connecting individuals recently released from incarceration to a variety of needed services. Due to its pilot success, it won national recognition and is now being replicated statewide.

Dennis Trask

Dennis Trask, M.S. has contributed to the growth of many diverse community anti-drug abuse prevention coalitions in rural, suburban and urban communities including federal Drug Free Communities grantees. He has also served as a federal Drug Free Communities (DFC) grant peer reviewer five times and presented at various trainings and conferences. At one time Dennis served as the Conference Chair for Committee Caring Faith Communities (CCFC). In this role he successfully recruited, led and engaged a volunteer planning group in Missouri that produced three outstanding growing federally funded conferences addressing drug misuse and prevention. These events were major factors in CCFC being recognized by the White House for effectiveness.

Since December of 2015, Dennis has provided professional prevention training and support to the Southern Illinois Substance Abuse Alliance (SISSA). The coalition was created by a Partnership for Success Grant from the Illinois Department of Human Services to the Human Service Center of Metro East. SISSA is focused on preventing teen use of alcohol tobacco and other drugs using the Strategic Prevention Framework in Randolph County. Washington County joined coalition efforts in 2018. 2018 evaluation data indicates a 3% decrease in Randolph County 10th grade 30 day use of alcohol attributable to coalition prevention strategies. Dennis also lead successful a grant application for \$100,000 funded by the Amerisource Bergen Foundation in December of 2018 which is now supporting coalition efforts to prevent opioid misuse.

Brent Van Ham

Brent Van Ham grew up in Kankakee, Illinois, and moved to Carbondale following my enlistment in the US Navy. He has achieved an associate's degree in nursing from John A. Logan College (1997), a bachelor's degree in psychology from Southern Illinois University (2014) and a master's degree in rehabilitation counseling (2018), also from Southern Illinois University. Before joining SIU School of Medicine, he worked as an RN in multiple clinical settings, including physical-medical rehabilitation, medical-surgical, and brain and spinal cord rehabilitation. His interests in research include health disparities in rural areas and community and preventative health services.

Jeff Watkins

Jeff Watkins is the Director of Probation and Court Services for the First Judicial Circuit of Illinois. Jeff has 30 year's experience in the field of probation. As a part of the newly developed Williamson County Drug/Veterans Court team, he also serves in the capacity as the Problem Solving Court Coordinator for the First Judicial Circuit.

Judge Jo Beth Weber

Judge Jo Beth Weber serves as the Resident Circuit Judge in Jefferson County. Judge Weber has been married to her husband Scott for 35 years, and they have two adult children. She is a graduate of the University Of Illinois School of Social Work and the University of Illinois College Of Law. Judge Weber had over 20 years experience as an attorney prior to becoming a judge. Judge Weber worked in private practice in Champaign, Illinois, and at the Jefferson County State's Attorney's Office. She also worked as an attorney for the State Appellate Prosecutor's Office. She was a legal advisor for four different Appellate Court Judges before becoming Associate General Counsel at SIU-C, where she was in charge of litigation management and writing and negotiating many multi-million dollar University contracts. She was then appointed as the Deputy of the State Appellate Defender's Office in Mt. Vernon, Illinois. Judge Weber is the founder of the Jefferson County Youth Court. She also started the Jefferson County Drug Court and presides over that docket. Judge Weber also presides over the Juvenile Delinquent docket, a criminal docket, and is responsible for all administrative duties in Jefferson County. Judge Weber has been very active serving in her community and is the founder of Jefferson County's Hand Up Summit. She was recently given special recognition for outstanding service to the people of Jefferson County by the Jefferson County African American Heritage Committee, and received the Jefferson County Crime Stoppers Award in 2016 and 2018 as outstanding contributor of the year. In 2017, she was named Outstanding Working Woman of Illinois by the Illinois Federation of Business Women's Clubs for this Region, as well as the entire State of Illinois. Judge Weber was also chosen to teach Ethics to other judges at the past two Judicial Education Conferences. Judge Weber is the Southern Chair for the Women's Justice Task Force, and she was recently named the Chair of the Court Guidance & Training Committee. She is the Chairperson for the Legislative Committee in the Second Judicial Circuit. Judge Weber has also been appointed to serve on various committees for the Illinois Judges Association.

*Keynote Sessions and Speakers