

SOCIAL AND EMOTIONAL WELLBEING CONFERENCE

20th JUNE 2018

Ramada Resort Hotel, Grantham

Itinerary for the day – Here's what's going to happen!!!

TIME	ITEM
9.00 – 9.30	Registration then time for a tea/coffee and chat
9.30 – 9.40	WELCOME – Russell Postlethwaite
9.40 – 11.00	TALK 1: Introduction to Social and Emotional Wellbeing: what it means for your school. <i>Russell Postlethwaite and Emma Clink</i>
11.00 – 11.30	BREAK – tea/coffee and time to talk!
11.30 – 13.00	TALK 2: Informing Perspectives on the Digital Mind: Social Media and the Impact on Mental Health and Well-being. <i>Dr. Ed Chilton</i>
13.00 – 14.15	LUNCH – at last!
14.15 – 15.45	TALK 3: Mindfulness: growing emotional wellbeing and positive mental health in schools. <i>Dr. Bernadette Carelse</i>
15.45 – 15.55	Round up and final comments

There will also be a chance to win some bonus prizes throughout the day as well as look at the stands from other education focussed providers.

For tickets go to <https://wellbeing-conference.eventbrite.co.uk> or www.futuresinmind.org/conference

We very much look forward to seeing you there.

Russell Postlethwaite and Emma Clink
Consultant Educational Psychologists
Futures in Mind Ltd

‘Making a positive difference to the lives of children, young people and those who support them through the application of psychology’

Relationships • Respect • Collaboration • Integrity • Inclusion • Equality

www.futuresinmind.org

enquiries@futuresinmind.org

Tel: 07905 784610