

Planning Committee

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Mercy Health — Toledo Regional Continuing Medical Education

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Faculty

Stacey Hoffman, MD

Melissa Jensen, PhD

Burton L. Rogers Jr., EdD, MBA, ATC, PTA, CSCS

Jason Smith, DO, CIC

Sallie Usher, PT

Accreditation and Designation Statement

Mercy Health — Toledo Regional Continuing Medical Education is accredited by the Ohio State Medical Association (OSMA) to provide continuing medical education for physicians.

Mercy Health — Toledo Regional Continuing Medical Education designates this live activity for a maximum of 6.75 *AMA PRA Category 1 Credits™*. Physicians should only claim the credit commensurate with the extent of their participation in the activity.

The Ohio Nursing Board will accept a continuing education activity that has been approved or provided by a nationally recognized accreditation system of continuing education. The amount of continuing education credit designated on a certificate issued by the provider or approval body will be the amount accepted by the board.

This event has been approved for Category A CEUs for Athletic Trainers. OT, PT and BOC evidenced based approval pending.



St. Vincent Medical Center
Toledo Regional Continuing Medical Education
2213 Cherry Street, ACC Bldg., 3rd Floor, Suite 307
Toledo, OH 43608

Mercy Health — Orthopaedics and Sports Medicine presents

Concussion and Post Concussion Management



Saturday
November 9, 2019
7:30 a.m.-3:30 p.m.

Mercy Health — St. Anne Hospital
3404 W. Sylvania Avenue, Toledo, OH 43623



Agenda

7:30–8 a.m.

Registration

8–9 a.m.

Physical Therapy Assessment and Treatment of Vestibular and Oculomotor Deficits Following Sports Related Concussion

Sally Usher, PT

9–10 a.m.

Mastery of Return to Play Following Sports Related Concussion

Jason Smith, DO, CIC

10–10:10 a.m.

Break

10:10–11:10 a.m.

Behavioral Health Components of Post Concussive Syndrome

Melissa Jensen, PhD

11:10–11:45 a.m.

Lunch

11:45 a.m.–12:45 p.m.

Chronic Traumatic Encephalopathy (CTE): The Latest Evidence

Burton L. Rogers Jr., EdD, MBA, ATC, PTA, CSCS

12:45–1:45 p.m.

Gender Differences for Concussion Incidence and Management

Stacey Hoffman, MD

1:45–3 p.m.

Panel Discussion

3–3:15 p.m.

Questions/Closing Remarks

3–3:30 p.m.

Evaluation

Target Audience

Occupational Therapists, Physical Therapists, Athletic Trainers, Nurses and Physicians dealing with concussed athletes.

Purpose

This conference is focused on the education of Occupational Therapists, Physical Therapists, Athletic Trainers, Nurses and Physicians dealing with concussed athletes. Provide them tool box to develop and implement evidenced based return to play formulas and protocols: current evidence-based concussion management options.

Objectives

Upon completion of this course, participants will be able to:

- Define the gender significance of concussion rates
- Discuss the role of cervical spine and shoulder muscular strength as a potential contributor to concussion rates in the female athlete
- Compare and contrast concussion recovery rates of female and male athletes
- Define current evidence-based Return-to-Play protocols

- Outline current objective tools for Return-to-Play after Sport Related Concussion
- Discuss the implications of psychosocial aspects of Return-to-Play after Sport Related Concussion
- Define behavioral health symptoms in post-concussive syndrome
- List empirically based management techniques
- Consider stigma and utilize this awareness to structure recovery-focused conversations with athletes
- Apply timelines to the study of CTE, to include applied terminology
- List cognitive, emotional and functional changes which occurs as CTE progresses
- Compare and contrast current CTE diagnostic tools which are being investigated
- Screen for vestibular and oculomotor deficits in the concussed athlete
- Assess balance in the concussed athlete
- Assess oculomotor deficit in the concussed athlete

Registration

Concussion and Post Concussion Management

Pre-registration is required. Seating is limited.

Course Fee:

Includes course materials, Educational Credit, Continental Breakfast and Lunch.

- Mercy Health Clinicians: \$30
- Non-Mercy Health Clinicians: \$125
- Students: No Cost

How to Register Online:

1. Visit our online registration site at: [MH-Toledo-cme.eventbrite.com](https://mhtoledo-cme.eventbrite.com)
2. Select course and follow instructions
3. You will receive an immediate e-mail confirmation.
4. Print the e-mailed confirmation for your records. It is recommended to bring this print-out with you to the conference.
5. Registration will close on November 6, 2019.

Cancellations:

All cancellations must be in writing and sent to us via US mail, fax, or email (contact information below). All cancellations must be postmarked by November 6, 2019. No refunds will be made after November 6, 2019.

To pay by check, mail to:

Attn: Rita Darfour, MHA
Mercy Health — St. Vincent Medical Center
Continuing Medical Education Department
2213 Cherry St., ACC Bldg., 3rd Floor, Ste. 307
Toledo, OH 43608

If you have an questions regarding the registration process, contact Rita Darfour at: Mhtoledo-cme@mercy.com.