



Challenging Behaviors in Dementia Care: Recognizing & Meeting Unmet Needs

Monday March 30th, 2015
8:00 am – 12:00 pm

Registration: 8:00 (Breakfast)

9:00 **Welcome**

- Using Six Pieces of the Puzzle to Understand and Solve Challenges in Care

9:15 **Recognizing and Responding to Resistive and Distressed Reactions to Care**

- Anger & Refusals
- Physical resistance to care
- Physical aggression toward care provider – provoked & unprovoked
- Emotional or Physical 'Meltdowns'
- Crying out during care
- Repeated Calling Out – No volume control
- Role of Pain
- How to Calm and Comfort

10:15-10:45 **Sexual advances & explicit verbal and physical behaviors during care**

- What might be causing the problem and how to respond

Break

*Please note: Listed times and schedule are an approximation and subject to change.
These seminars will be filmed and attendees will be required to sign a release form before entering the classroom.*

11:00 **Hallucinations – visual, verbal, tactile**

- How to respond and redirect

11:30 **Sundowning**

- Environmental and time induced distress
- Options for coping

11:50 **Questions & Answers**

In-Home Dementia Caregiving: Teepa's Tips and Techniques

Tuesday March 31st. 2015

8:00 am – 3:30 pm

8:00 **Registration** (Breakfast)

9:00 **Welcome**

9:05-10:20

- Comforting Your Loved One:
(When they are agitated)
- Calming yourself:
(Nurturing yourself)
- Communicating with family members
(Have a meaningful visit)

Break

10:35 **Sleep disturbance**

- For the person and yourself

11:05 **Questions & Answers**

Lunch (provided)

12:30 **Medication concerns**

- Holistic approaches
- letting go of the 'magic pill idea
- moving from a curative to a palliative model

1:30 **Letting go of expectations**

- Be in the here and now with your loved one

2:00 **When is it time to let go?**

- When to get help
- When to place
- When to reconsider treatment options and care

3:00-3:30 **Questions & Answers**



Topics on currently available Teepa Snow DVDs and Online Video Streaming:

Topic	Recommended Program Title
Activities/Mental Stimulation	<i>Filling the Day with Meaning</i>
Dental Care	<i>Dental Care for People with Dementia</i>
Communication	<i>It's All In Your Approach</i>
Staying Healthy as a Caregiver	<i>Maintain Your Brain: Dementia Risk Reduction & Life After Diagnosis</i>
Lewy Body Dementia	<i>Understanding Lewy Body Dementia - What Everyone Needs to Know</i>
Frontotemporal Dementia	<i>Understanding Frontotemporal Dementias</i>
Showering, Bathing, Eating, Activities of daily living (ADLs)	<i>The Art of Caregiving (also available in Spanish)</i>
Palliative	<i>End of Life Care for People with Dementia</i>
Screenings, First Diagnosis to End of Life, Legal & Financial Preparations	<i>The Journey of Dementia</i>
Stages of Dementia, Safeguarding the Relationship	<i>Progression of Dementia: Seeing Gems - Not Just Loss</i>
Emergency Personnel Training	<i>Improving Emergency Services for Dementia Patients</i>
Safety Challenges in Hospitals	<i>The Inevitable Hospital Stay - How to Advocate for Your Loved One with Dementia</i>

Learn more at www.DementiaCareAcademy
or our Amazon Shop at www.pinesofsarasota.org/amazon

Event Special:

Get a \$5 discount per DVD purchased during our March 30th and 31st, 2015, Teepa Snow workshops!

