

# ACCESSIBLE PREPAREDNESS

***NOT A "ONE SIZE FITS ALL" APPROACH TO PREPAREDNESS***

## **PREPAREDNESS 201 – Individual Preparedness**

- Learn how **YOU** can become better prepared to survive through an emergency.
- Understand what **YOUR** priorities are and how to plan for them.
- Create a list of items **YOU** need in an emergency kit and begin to create **YOUR** Emergency plan.
- Take one or all of the courses and prepare for **floods, power outage, wind storms, winter weather, fires, and more!**

Join us for the second Accessible Preparedness training at the Center for Disability Rights (CDR)

**Thursday, December 6<sup>th</sup>**

• **3:00PM – 5:00PM**

**OR**

• **6:00PM – 8:00PM**

**Center for Disability Rights  
497 State Street  
Rochester, NY 14608**



**REGISTER FOR FREE**

Details found at [www.eventbrite.com](http://www.eventbrite.com)

For more information, check out our website at

[www.monroecounty.gov/health-prepare-accessible-training](http://www.monroecounty.gov/health-prepare-accessible-training)



*For questions, contact Aaron Cignarale at 585-753-5453 or [aaroncignarale@monroecounty.gov](mailto:aaroncignarale@monroecounty.gov)*