

Your wellbeing & work

a special day for Victoria's
nurse and midwife
unit managers

Monday 7 October 2019

7.30am	Registration and breakfast
8.30am	Conference opening & welcome Lisa Fitzpatrick, Secretary, Australian Nursing and Midwifery Federation (Victorian Branch) and Glenn Taylor, CEO, Nursing and Midwifery Health Program Victoria
8.40am	The role of NMHP Glenn Taylor, CEO, Nursing and Midwifery Health Program Victoria
8.55am	The mental health continuum Kayanne Breinstampf, Senior Clinician RN, Nursing and Midwifery Health Program Victoria
9.10am	Breakout session - concept interactivity
10.40am	R U OK? - information, concepts and resources Kayanne Breinstampf, Senior Clinician RN, Nursing and Midwifery Health Program Victoria
11.10am	Wellness wrap up and discussion Carolyn McDonald, Senior Clinician RN, Nursing and Midwifery Health Program Victoria
11.40am	Lunch break
12.30pm	Appropriate workplace behaviour Zoran Bukarica, Occupational Health and Safety Officer, Australian Nursing and Midwifery Federation (Victoria Branch)
12.40pm	Concepts and discussion Alison Ross, OHS (Bullying and Harassment) Officer, Australian Nursing and Midwifery Federation (Victoria Branch)
1.20pm	Management skills for addressing workplace conflict Megan Gordon, Tutor, School of Management, Massey University and member of Massey Mediation Services
2.05pm	Appropriate workplace behaviour case studies Carol Andrades, Consultant, Gordon Legal
2.35pm	Workplace investigations - process and insights Chris Hicks, Director, CWH Mediation & Workplace Relations
3.05pm	Session close and discussion
3.10pm	Mindfulness wrap up Carolyn McDonald, Senior Clinician RN, Nursing and Midwifery Health Program Victoria
3.15pm	Conference close



**Australian
Nursing &
Midwifery
Federation**
VICTORIAN BRANCH



NMHP
Nursing and Midwifery Health Program
CARING FOR NURSES AND MIDWIVES