

Trends and Challenges of the 21st Century Child

Conference Program Day 1

October 23rd 2017 8:30am - 4:30pm

International Convention Centre, Darling Registration

Choose 1 of 3 Intimate Workshops with Internationally Renowned Experts:

Workshop 1

Dr Cheryl McNeil

The ultimate opportunity for professionals interested in becoming certified Parent Child Interaction Therapy (PCIT) clinicians. This workshop includes toddler case studies introducing the principles of PCIT and the skills of coding, leadership.

Workshop 2

Professor Jeremy Holmes

An interactive workshop explores the features of and intergenerational transmission of Attachment security and insecurity; the role of mentalising/‘mind-mindedness’ in child development and therapist-patient relationship; and the emergence of complex and nuanced narratives in the course of therapy.

Workshop 3

Professor Dorothy Scott

Renowned expert Professor Dorothy Scott will lead you through the six key components of effective services: family inclusive practice, holistic integrated responses, collaboration with other services, cultural competence and relationship-based practice and transformational leadership.

Exclusive GP's Dinner

23rd October 2017 6pm- 9pm

As families adjust to the challenges of parenting in the early years, GP's play a significant role in providing advice and support through this critical time. With this in mind Karitane is proud to host the GP dinner for our "Trends and Challenges of the 21st Century Child" Conference which will bring together the General Practice community for this exclusive event in the stunning surrounds of the International Convention Centre.

The night will feature presentations from:

Dr Vijay Roach - "Nurturing parents to grow happy children; an obstetrician's journey"

As Chairman of Gidget Foundation and Vice- President of the Royal Australian and New Zealand College of Obstetricians and Gynaecologists Dr Vijay Roach, MRCOG FRANZCOG, has a passion for supporting families experiencing perinatal anxiety and depression and will share his unique insights.

Dr Peter Hong - "Doctor, my baby won't stop crying"

Dr Peter Hong has been Karitane's admitting Paediatrician for 15 years, Throughout this time Dr Hong has extensive experience in assessing the unsettled infant. Dr Hong will discuss the challenges of supporting parents struggling with the unsettled infant.

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Conference Program Day 2

October 24th 2017 7:45am- 5:30pm

International Convention Centre, Darling Harbour

Featuring Keynote Speakers:

Professor Jeremy Holmes

How attachment-informed psychotherapy helps strengthen and broaden resilience.

Professor Jeremy Holmes examines the attachment approach to resilience. Using specific case-examples he shows how the main categories of 'insecure attachment' represent attempts to survive emotionally in the face of adverse environmental conditions.

Professor Dorothy Scott

Working with Fragile Families: Inner worlds and outer worlds, past worlds and present worlds.

Increase your understanding of how parenting can be impaired by a number of different domains. Professor Dorothy Scott explores the need to understand how the outer world of the family affects its inner world, how its inner world affects its outer world, and how its past world affects its present world.

Dr Cheryl McNeil

Does Time-Out Traumatize Children?

Dr Cheryl McNeil discusses research on the controversial practice of 'time-out' to address the myths surrounding its implementation.

Plus other distinguished leaders explore concepts and best practices surrounding how relationships are maintained and professionals support children and their families in the 21st Century.

Characteristics, trends, co-admissions and service needs of women admitted to residential parenting services in the year following birth in NSW **Professor Hannah Dahlen**

Beyond Family Partnership Models **Nick Hopwood and Teena Clarke**

Early Life Determinants of Health: Call for early intervention **Professor Valsa Eapen**

Care at Your Fingertips: A Pregnancy and Parenting Health App **Kay Souter**

Results of the open trial of the PCIT adaptation for children with callous - unemotional traits **Dr Eva Kimonis**

Parent training by teleconference: An open trial of Internet-delivered Parent-Child Interaction Therapy (I-PCIT) with an Australian Sample **Georgette Fleming**

Reflecting on 30 years in Infant Mental Health - where have we come from and what comes next? **Dr Sarah Mares**

Panel discussion with keynote speakers hosted by **Dr Sarah Mares**

The day will be hosted by renowned social researcher **Mark McCrindle**

PLUS hear the story of inspirational guest speaker **Michael Crossland**

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Post - Conference Workshop

8:30am - 4pm 26th October 2017

Karitane, Carramar - 126 The Horsley Drive, Carramar NSW

Advanced PCIT Workshop

*Pre-requisite completed 5 Day PCIT Training

With Dr Cheryl McNeil

Master trainer Dr Cheryl McNeil will be providing training for professionals focusing on:

1. Specific strategies for training others in PCIT
2. Advanced coaching skills when using a 'Code the Coach' system
3. Advanced PDI coaching skills – emphasising systematic coaching in the areas of cognition, physiological arousal and behaviour

