

Trends and Challenges of the 21st Century Child

Conference Program Day 1

October 23rd 2017 8:30am - 4:30pm

International Convention Centre, Darling Harbour

Choose 1 of 3 Intimate Workshops with Internationally Renowned Experts:

Workshop 1

Dr Cheryl McNeil

The ultimate opportunity for professionals interested in becoming certified Parent Child Interaction Therapy (PCIT) clinicians. This workshop includes toddler case studies introducing the principles of PCIT and the skills of coding, leadership.

Workshop 2

Professor Jeremy Holmes

An interactive workshop explores the features of and intergenerational transmission of Attachment security and insecurity; the role of mentalising/‘mind-mindedness’ in child development and therapist-patient relationship; and the emergence of complex and nuanced narratives in the course of therapy.

Workshop 3

Professor Dorothy Scott

Renowned expert Professor Dorothy Scott will lead you through the six key components of effective services: family inclusive practice, holistic integrated responses, collaboration with other services, cultural competence and relationship-based practice and transformational leadership.

Exclusive GP's Dinner

23rd October 2017 6pm- 9pm

As families adjust to the challenges of parenting in the early years, GP's play a significant role in providing advice and support through this critical time. With this in mind Karitane is proud to host the GP dinner for our "Trends and Challenges of the 21st Century Child" Conference which will bring together the General Practice community for this exclusive event in the stunning surrounds of the International Convention Centre.

The night will feature presentations from:

Dr Vijay Roach - "Nurturing parents to grow happy children; an obstetrician's journey"

As Chairman of Gidget Foundation and Vice- President of the Royal Australian and New Zealand College of Obstetricians and Gynaecologists Dr Vijay Roach, MRCOG FRANZCOG, has a passion for supporting families experiencing perinatal anxiety and depression and will share his unique insights.

Dr Peter Hong - "Doctor, my baby won't stop crying"

Dr Peter Hong has been Karitane's admitting Paediatrician for 15 years, Throughout this time Dr Hong has extensive experience in assessing the unsettled infant. Dr Hong will discuss the challenges of supporting parents struggling with the unsettled infant.

REGISTER NOW: goo.gl/VPAF42

 **Karitane**[®]
Leaders in parenting services since 1923

Trends and Challenges of the 21st Century Child

Conference Program Day 2

October 24th 2017 7:45am- 5:30pm

International Convention Centre, Darling Harbour

Featuring Keynote Speakers:

Professor Jeremy Holmes

How attachment-informed psychotherapy helps strengthen and broaden resilience.

Professor Jeremy Holmes examines the attachment approach to resilience. Using specific case-examples he shows how the main categories of 'insecure attachment' represent attempts to survive emotionally in the face of adverse environmental conditions.

Professor Dorothy Scott

Working with Fragile Families: Inner worlds and outer worlds, past worlds and present worlds.

Increase your understanding of how parenting can be impaired by a number of different domains. Professor Dorothy Scott explores the need to understand how the outer world of the family affects its inner world, how its inner world affects its outer world, and how its past world affects its present world.

Dr Cheryl McNeil

Does Time-Out Traumatize Children?

Dr Cheryl McNeil discusses research on the controversial practice of 'time-out' to address the myths surrounding its implementation.

Plus other distinguished leaders explore concepts and best practices surrounding how relationships are maintained and professionals support children and their families in the 21st Century.

Characteristics, trends, co-admissions and service needs of women admitted to residential parenting services in the year following birth in NSW **Professor Hannah Dahlen**

Beyond Family Partnership Models **Nick Hopwood and Teena Clarke**

Early Life Determinants of Health: Call for early intervention **Professor Valsa Eapen**

Care at Your Fingertips: A Pregnancy and Parenting Health App **Kay Souter**

Results of the open trial of the PCIT adaptation for children with callous - unemotional traits **Dr Eva Kimonis**

Parent training by teleconference: An open trial of Internet-delivered Parent-Child Interaction Therapy (I-PCIT) with an Australian Sample **Georgette Fleming**

Reflecting on 30 years in Infant Mental Health - where have we come from and what comes next? **Dr Sarah Mares**

Panel discussion with keynote speakers hosted by **Dr Sarah Mares**

The day will be hosted by renowned social researcher **Mark McCrindle**

PLUS hear the story of inspirational guest speaker **Michael Crossland**



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Trends and Challenges of the 21st Century Child

Post - Conference Workshop

8:30am - 4pm 26th October 2017

Karitane, Carramar - 126 The Horsley Drive, Carramar NSW

Advanced PCIT Workshop

*Pre-requisite completed 5 Day PCIT Training

With Dr Cheryl McNeil

Master trainer Dr Cheryl McNeil will be providing training for professionals focusing on:

1. Specific strategies for training others in PCIT
2. Advanced coaching skills when using a 'Code the Coach' system
3. Advanced PDI coaching skills – emphasising systematic coaching in the areas of cognition, physiological arousal and behaviour



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Trends and Challenges of the 21st Century Child

Day 1 Program

October 26th 2017 - International Convention Centre, Darling Harbour

9am	Registrations Open		
9:30am	Workshops Commence		
	Workshop 1 - Dr Cheryl McNeil	Workshop 2 - Professor Jeremy Holmes	Workshop 3 – Professor Dorothy Scott
	The ultimate opportunity for professionals interested in becoming certified Parent Child Interaction Therapy (PCIT) clinicians. This workshop includes toddler case studies introducing the principles of PCIT and the skills of coding.	An interactive workshop explores the features of and intergenerational transmission of attachment security and insecurity; the role of mentalising/‘mind-mindedness’ in child development and therapist-patient relationship; and the emergence of complex and nuanced narratives in the course of therapy.	Renowned expert Professor Dorothy Scott will lead you through the six key components of effective services: family inclusive practice, holistic integrated responses, collaboration with other services, cultural competence and relationship- based practice and transformational leadership.
11am - 11:30am	Morning Tea		
11:30am	Sessions Recommence		
1pm – 1:45pm	Lunch		
1:45pm	Sessions Recommence		
4pm	Sessions End		

Trends and Challenges of the 21st Century Child

Day 2 Program

October 23rd 2017 - International Convention Centre, Darling Harbour

7:45am	Registrations Open	
8:15am – 8:40am	Official Welcome	
8:40am – 8:55am	Context of the 21 st Century Child	Mark Mc Crindle
8:55am – 10am	<p>How attachment-informed psychotherapy helps strengthen and broaden resilience.</p> <p>Professor Jeremy Holmes examines the attachment approach to resilience. Using specific case-examples he shows how the main categories of 'insecure attachment' represent attempts to survive emotionally in the face of adverse environmental conditions.</p>	Professor Jeremy Holmes
10am – 10:20am	<p>ARC Study: Characteristics, trends, co-admissions and service needs of women admitted to residential parenting services in the year following birth in NSW.</p> <p>Professor Hannah Dahlen shares the results from a recent mixed method ARC Linkage study which provided evidence about whether characteristics of parents admitted to the RPS (Residential Parenting Service) reflect currently understood 'risk' profiles and whether complications and interventions during childbirth may impact on parenting.</p>	Professor Hannah Dahlen
10:20am – 10:40am	<p>Beyond family partnership models.</p> <p>Learn what the essential ingredients of effective partnership with families are. This will go beyond what existing models and research tell us, focusing on diverse forms of expertise. The combination of useful new concepts and examples from existing practice will provide a useful platform for reflective practice.</p>	Nick Hopwood and Teena Clarke
10:40am – 10:55am	Morning Tea	
10:55am – 11:55am	<p>Working with fragile families: inner worlds and outer worlds, past worlds and present worlds.</p> <p>Increase your understanding of how parenting can be impaired by a number of different domains. Professor Dorothy Scott explores the need to understand how the outer world of the family affects its inner world, how its inner world affects its outer world, and how its past world affects its present world.</p>	Professor Dorothy Scott
11:55am – 12:20pm	<p>Early life determinants of health: Call for early intervention.</p> <p>Many Australian children are not achieving optimal health, development and wellbeing. Adverse environmental experiences interact with a child's innate biological and constitutional make-up in a cumulative manner, resulting in poor health and wellbeing outcomes. A sub-optimal start to life prevents children from reaching their health, social, educational and vocational potential as they progress along their life-course trajectory into adulthood. One major barrier to addressing this issue is the fact that research and clinical services typically operate within silos of expertise. This presentation will discuss the need to invest in a transdisciplinary, integrated and collaborative approach to translational research in order to achieve sustained, long-term and large scale improvements in child health and wellbeing.</p>	Professor Valsa Eapen
12:20pm – 12:40pm	<p>Care at your fingertips: A pregnancy and parenting health app.</p> <p>The global market has experienced a tremendous increase in the number of Smartphone users. This growth has a big impact on the ways in which people want to receive information. As a result a LHD in Australia developed the first pregnancy and early parenting mobile 'app' which integrated clinical information about maternity, mental and drug health and community child & family health service into a single portal.</p>	Kay Souter
12:40pm – 1:20pm	Lunch	

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October 23rd 2017 - International Convention Centre, Darling Harbour

1:20pm – 2:20pm	<p>Does time-out traumatize children?</p> <p>Dr Cheryl McNeil discusses research on the controversial practice of 'time-out' to address the myths surrounding its implementation.</p>	Dr Cheryl McNeil
2:20pm – 2:40pm	<p>Results of the open trial of the PCIT adaptation for children with callous - unemotional traits.</p> <p>Dr Eva Kimonis discusses results of the open trial of the PCIT adaptation for children with callous-unemotional traits, relating to the early assessment research clinic.</p>	Dr Eva Kimonis
2:40pm – 3pm	<p>Parent training by teleconference: An open trial of Internet-delivered Parent-Child Interaction Therapy (I-PCIT) with an Australian sample.</p> <p>Georgette Fleming discusses how novel telemethods can be used to overcome access-to-care barriers and expand community access to evidence-supported treatments for childhood conduct problems, using the example of Internet-delivered Parent-Child Interaction Therapy.</p>	Georgette Fleming
3pm – 3:15pm	Afternoon Tea	
3:15pm – 4pm	<p>Inspirational Speaker Michael Crossland shares his story</p>	Michael Crossland
4pm – 4:40pm	<p>Reflecting on 30 years in Infant Mental Health - Where have we come from and what comes next?</p> <p>This paper is an opportunity to reflect on the experience of 30 years working in the multidisciplinary field of infant mental health as a clinician and an educator. It is a chance to review the significant achievements and current standing of infant mental health as an area of research and practice, professional competency and training and to wonder about what should happen next for the discipline. There is the central issue of keeping infants and young children at the centre of all our work as well as continuing challenges particularly in the implementation and adequate funding of early intervention and prevention services, and in workforce development and support. This has implications for effective advocacy at funding and policy levels.</p>	Dr Sarah Mares
4:40pm – 5:10pm	<p>Our next steps - Panel discussion</p> <p>Facilitated by Dr Sarah Mares our Keynote speakers; Professor Jeremy Holmes, Professor Dorothy Scott and Dr Cheryl McNeil will discuss the question "Given the current trends and reflecting on your work and experience, what do you envisage as the challenges for the 21st Century Child?"</p>	Keynote speakers facilitated by Dr Sarah Mares
5:10pm – 5:20pm	<p>Conclusions and learning's from the day</p>	Mark McCrindle
5:20pm – 5:30pm	<p>Official Close</p>	

Trends and Challenges of the 21st Century Child Post- Conference Advanced PCIT Workshop

October 26th 2017 - Karitane Head Office, Carramar

8:30am	Registrations Open
9am	Workshop Commences
Advanced PCIT Workshop with Dr Cheryl McNeil *Pre-requisite completed 5 Day PCIT Training Master trainer Dr Cheryl McNeil will be providing training for professionals focusing on: <ol style="list-style-type: none">1. Specific strategies for training others in PCIT2. Advanced coaching skills when using a 'Code the Coach' system3. Advanced PDI coaching skills – emphasising systematic coaching in the areas of cognition, physiological arousal and behaviour	
10:30am – 11am	Morning Tea
11:00am	Session Recommences
12:45pm – 1:30pm	Lunch
1:30pm	Session Recommences
4pm	Session End