



Grief

March 15, 2017
1–4pm

St. Thomas Hospital Rutherford

1700 Medical Center Pkwy
Murfreesboro, TN 37129
\$45 for 3.0 CLE/CEUs



Register today at www.mhamt.org

Grief is a universal part of being human, and helping our clients (and ourselves) deal with grief can have a far-reaching impact on individual and family wellbeing. The speakers at this program bring personal and professional experience in working through times of grief, and can offer tools for therapists, social workers, and other professionals to make the grieving process one that leads to hope.

Sponsors and Partners



Registration: Grief

Please complete one form per participant.

Registration Fee: \$45 before 3/10/17; \$75 after 3/10

PAYMENT (Please Check One)

- Check (Payable to Mental Health America of Middle Tennessee)
 VISA MasterCard American Express

Card #: _____
 Expiration Date: _____ CVV Code: _____

Send completed registration with payment to:
 Mental Health America of Middle Tennessee
 446 Metroplex Drive, Ste A224
 Nashville, TN 37211

**Please note that the payment address is different from the physical address of the seminar.*

Register Online: www.mhamt.org

Questions? Call (615) 269-5355
 or email wcolclough@mhamt.org.

NAME	
ORGANIZATION	
ADDRESS	
CITY	
STATE and ZIP	
PHONE	
EMAIL	
CREDENTIALS	(i.e. LCSW, RN, MDiv)
DATE OF BIRTH	(for Nursing Credit and Certificate only)

Registration and Cancellation: Registration includes the seminar and respective CEUs/CLEs. A substitute may attend in your place, as there is no refund. There are no discounts for attending only a portion of the seminar. MHAMT reserves the right to cancel the event due to unforeseen circumstances, in which case registrants will be contacted and credit will be applied.

Grief and Bereavement March 15, 2017

Educational Objectives:

Upon completion, participants will be able to:

- Understand the grief issues surrounding the loss of a loved one to suicide.
- Demonstrate knowledge of the differences in grief process that occur because of age and developmental differences between individuals.
- Exhibit mastery over the presented grief resources provided to support therapeutic practices with grief.
- Understand the spiritual issues that may come to the surface when grieving

Agenda:

1:00pm
Registration

1:30pm
“Survivor’s Grief”
Cindy Johnson

2:15pm
“Caring for the Grieving”
Katherine Reynolds and Pam Quaintance
Alive Hospice

3:00pm
Break

3:15pm
“A Chaplain Looks at Grief”
Joel Reynolds
Alive Hospice

Continuing Education:

Certified Peer Recovery Specialists: This seminar has been approved for Continuing Education Hours toward Certified Peer Recover Specialist Renewal.

LPCs & LMFTs: This seminar has been approved for 3 hours of continuing education (CEs). In accordance with Rule 0450-01-.12 (2) of the TN Board for Professional Counselors & Therapists, this seminar is approved by a state association relevant to the field; additionally, it is approved by an accredited institution of higher education (U.T. Martin).

Nurses: This symposium has been approved by the University of Tennessee (UT)-Martin .3 CEUs. CEUs are awarded at the rate of one (1) CEU for every ten (10) hours of instruction. Upon completion of the program, the attendee will have a permanent record on file with the Academic Records Office at UT-Martin denoting this training. The attendee will also be issued a Certificate of Completion from UT-Martin. Attendees wishing to obtain a copy of a non-degree transcript may find instructions for doing so at the following website: www.utm.edu/departments/registrar/transcripts.php.

Social Workers: This program has been approved by the National Association of Social Workers-TN Chapter for 3.0 continuing education units of ethics.



Mental Health Academy is the outreach and programming arm of MHAMT that provides Continuing Education (CEUs) curricula for therapists, social workers, attorneys, and other professionals whose work involves mental health awareness.

Mental Health Academy seeks to offer twelve to fourteen such events a year, focusing on issues relevant to these various professional practitioners. These affordable programs will be held throughout the mid-state area as well as other parts of Tennessee.

The programs, half- or full days, are certified by the professional boards licensing the targeted professions and will generally provide three to six hours of CEU credit each. Speakers are chosen for their expertise in specific areas and their awareness of the current needs among the professions.



Seminar Directions:

Take Interstate 24 to Exit 76, then go east on Medical Center Parkway. St. Thomas Rutherford is on the left approximately one mile from Interstate 24.

Please park on the outer areas of the parking lot to allow patients and their families to have closer access to the hospital.

The seminar will be in the McDonald Conference Room on the 1st floor of the Education Building.

Faculty at a Glance

Cindy Johnson, BSW, is the Volunteer Coordinator at Avalon Hospice. She became involved with Tennessee Suicide Prevention Network following the death of her son Brandon, a student at MTSU, in 2009. She is the author of *Turning Tragedy into Hope: Becoming the Person You Never Even Imagined You Could Be* (CrossBooks, 2011), which focuses on suicide loss recovery from the perspectives of a mother, a mental health professional, and a practicing Christian.

Katherine Reynolds is a Grief Counselor for Alive Hospice counseling children, adolescents, and adults. She helps organize Alive Hospice’s teen retreat and has served as a camp counselor for Alive Hospice’s children’s summer camps, Camp Evergreen and Camp Forget-Me-Not.

Pam Quaintance’s social work career began as a hospice Homecare Social Worker in Georgia. Later she served as volunteer coordinator, bereavement coordinator and several years in management. Since 2005 she has been a Grief Counselor with Alive Hospice in their Murfreesboro office.

Joel Reynolds is a chaplain with Alive Hospice in Murfreesboro.