

Faculty at a Glance ...

Kim Stringfield Davis has served as the CEO of the Child Advocacy Center which serves five Middle Tennessee counties since 2005. Ms. Stringfield Davis was the first to implement a Courthouse Dog Program in Tennessee, so as to reduce the fear and trauma experienced by multiple victimized children and youth.

Paige Holliman, M.ed, MTS, LCP/MHSP, holds two degrees from Vanderbilt University. Ms. Holliman is also an EAGALA-certified equine-assisted psychotherapist with a practice that focuses on mood disorders, relationship issues, addictions, cluster C personality disorders, and mild cluster B disorders.

Danielle Latham, LMT, NMT, SMBT, has been practicing massage therapy and bodywork that incorporates a unique integration of the mind-body-spirit since 2004. Ms. Latham's use of massage is developed to help clients relax, rejuvenate, and dig deeper into themselves.

Jessa Liewellyn, LMSW, has ten years of studio training in dance, primarily ballet, and has worked as a Wraparound Therapist in Massachusetts, as well as a therapist in Nashville. She concentrates on the mind, body, and spirit through dance therapy, putting to good use her pilot program of dance therapy (15 sessions) through the Refuge Counseling Center in Franklin.

Play Therapy will be co-presented by Jessica Capretto, M.Ed., NCC, a therapist at Centerstone; Rebecca Frary, a graduate student in Human Development at Vanderbilt University; and Janie Wilkerson, MFA, a graduate student at MTSU. All three presenters are graduate students of Ellen Slicker, PhD, a Registered Play Therapist Supervisor (RPT-S). Together, they will address Play Therapy for this seminar.

Eileen Wallach, LMSW, is the chief officer of Your Heart on Art, a down-to-earth and uplifting art workshop. Eileen's experience as a domestic violence and violent crime survivor led her to share her message that art can heal.

NOTE regarding Registration and Cancellation: Registration includes the seminar and lunch. A substitute may attend in place of the registered participant, as there is no refund. While MHAMT has never experienced a situation which dictated this action, we reserve the right to cancel the Therapeutic Activities event due to unforeseen circumstance, in which case each participant will be contacted and a full refund will be granted.



Founded in 1946, the agency formerly known as Mental Health Association of Middle Tennessee is now called Mental Health America of Middle Tennessee (MHAMT).

Its mission is to:

- ◆ Connect the community with specialized mental health and wellness resources
- ◆ Provide services that improve the quality of life
- ◆ Promote effective services where mental health needs exist

MHAMT believes that:

- ◆ Mental illness is real and treatable
- ◆ Every life is worth saving
- ◆ There is no health without mental health

This symposium is part of MHAMT's educational outreach. It reinforces our commitment to improving the quality of care for mental health consumers and to advancing research-based knowledge. It also serves as an important tool for professionals who work with mental health consumers.



DIRECTIONS

Travel East on I-440. Merge into I-24 West toward downtown Nashville. Immediately after exiting onto I-24 West, take the Murfreesboro Road exit. Turn right onto Murfreesboro Road. Take the next right (at Region's Bank) onto Plus Park Boulevard. Travel 1/2 mile up a hill and past the Gibson Guitar Headquarters. The Conference Center is located at 293 Plus Park Boulevard, Suite 201.

PARKING

Once you arrive at the Conference Center, it is best to park by the stairwell. There is additional parking at the back of the building with a ramp for convenience of transporting materials or not using stairs.

Should you encounter any difficulties in locating the conference center or parking areas, please call (615) 269-5355.



Therapeutic Activities Fri - Oct 17 - 2014 8:30AM - 4:15PM



Animal-Assisted Therapy Play Therapy * Dance Therapy Ethics of "Touching"

293 Plus Park Blvd, Suite 201
Nashville, TN 37217

**\$110 Registration * 6 CEUs and Lunch
Includes Your Paints & Canvasses!**

(Includes 1 Hour of Ethics)

295 Plus Park Boulevard, Suite 201
Nashville, Tennessee 37217

P: (615) 269-5355

F: (615) 269-5413

www.mhamt.org

Expressive Therapies



Clients with autism, dementia, mental illness, or deep secrets may respond to therapies that use more expressive techniques than traditional counseling.

This timely seminar will introduce participants to a variety of therapeutic

activities, such as art, dance, play, and animal-assisted therapies.

As a unique opportunity, each participant will participate in an Art4Healing session conducted by Your Heart on Art. This seminar includes paints and canvasses for your Heart on Art activity!

Symposium Objectives

Upon completion, participants will be able to:

1. Explain the rationale for using play therapy with children
2. Describe how animals, such as dogs and horses, can be used to therapeutically reduce or treat behavioral health disorders
3. List the clinical benefits of dance therapy
4. Demonstrate how creativity and painting can be relaxing, healing, and therapeutic
5. Compare and contrast the physical benefits of massage with the mental health benefits
6. Describe how the ethics of touching is different between a mental health care profession and that of massage therapy

General Outline: Six Hours of Coursework

8:00A	Registration
8:30-9:30A	Play Therapy
9:30 - 10:30A	Animal-Assisted Therapy
10:45-11:45A	Dance/Movement Therapy
11:45A-12:45P	Lunch
12:45P - 2:45P	Your Heart on Art
3:00P - 4:00P	Massage and Ethics of Touching
4:00P - 4:15P	Evaluation and Adjournment

Lunch catered by **Bacon & Caviar** of Nashville

Price includes paints & canvasses for your therapeutic art activity that you can keep!

Continuing Education Credits ...

LPC: TLCPA is a NBCC-approved Continuing Education Provider and a co-sponsor of this program. TLCPA may award NBCC-approved clock hours for events or programs that meet NBCC requirements. TLCPA maintains responsibility for the content of this event. 6.0 CEUs have been approved for this course.

Nursing: Materials have been submitted to the University of Tennessee at Martin (UT-Martin) for approval of this program for .6 Continuing Education Units (CEUs). Pending approval, CEUs are awarded at the rate of one CEU for every ten hours of instruction. Upon completion of the program, the participant will have a permanent record on file with UT-Martin's Academic Records Office for this training. The participant will also be issued a Certificate of Completion from UT-Martin. Instructions for obtaining a copy of the non-degree transcript, may be found on the following website: www.utm.edu/departments/registrar/transcripts.php.

Social Work: NASW-TN has pre-approved this course for 6 hours of CEUs for social workers, including 1 hour of ethics. Certificates of attendance will be made available.

LADAC: This educational program has been approved for 6 hours of NAADAC credit. Certificates of attendance will be made available to licensed alcohol and drug abuse counselors who need contact hours and proof of attendance at an educational seminar related to their profession.

Sponsors:



Registration:

Please print; complete one registration per participant.

NAME	
FACILITY	
ADDRESS	
CITY	
STATE	
ZIP	
PHONE	
EMAIL	
CREDENTIALS	(i.e. LCSW, RN, MSW)
DATE OF BIRTH	(for Nursing Credit and Certificate only)

REGISTRATION FEE

**\$110 before October 10, 2014
(\$125 after Oct 10)**

Registration and Cancellation: Registration includes the seminar, lunch, and respective CEUs/CEs. A substitute may attend in your place, as there is no refund. There are no discounts for attending only a portion of the seminar. MHAMT reserves the right to cancel the event due to unforeseen circumstances, in which case registrants will be contacted and credit will be applied. For more specific information about the speakers and outline, please call 615-269-5355.

Payment (Please Check One)

Check (Payable to Mental Health America of Middle Tennessee)

VISA MasterCard American Express

Card #: _____

Expiration Date: _____ CVV Code: _____

Send completed registration with payment to:

Mental Health America of Middle Tennessee
295 Plus Park Blvd, Ste 201
Nashville, TN 37217

**Please note that the payment address is different from the physical address for the seminar.*

Register Online: www.mhamt.org

Questions? Call (615) 269-5355 or email tstarling@mhamt.org.