



# SBIRT ALERT

July 26th, 2016

9-11am Nashville MHA of Middle TN 446 Metroplex Dr. Suite A-224 2-4pm Murfreesboro St. Thomas Rutherford 1700 Medical Ctr Pkwy McDonald Conf. Room

2 FREE contact hours / CEUs

#### WHAT IS SBIRT?

Screening, Brief Intervention, and Referral to Treatment (SBIRT) is an evidence-based practice used to identify, reduce, and prevent problematic use, abuse, and dependence on alcohol, tobacco, and illicit drugs. The SBIRT model was incited by an Institute of Medicine recommendation that called for community-based screening for health risk behaviors, including substance use.

Thanks to UT School of Social Work, MHA of Middle TN, and SAMHSA, this training will provide you several video-based trainings, information, and a flashdrive filled with resources for your practice and organization! **Register today at www.mhamt.org.** 

# Registration: SBIRT ALERT Register online at www.mhamt.org (events page)

Please complete one form per participant.

### **Registration Fee: FREE (but limited to 30 participants)**

NAME			
FACILITY			
ADDRESS			
CITY			
STATE and ZIP			
PHONE			
EMAIL			
CREDENTIALS	(i.e. LCSW, RN, MDiv)		
DATE OF BIRTH	(for Nursing Credit and Certificate only)		

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Please	Cneck	Location	or Event	Attending

□ Nashville □ Murfreesboro

#### Send completed registration to:

Mental Health America of Middle Tennessee 446 Metroplex Dr., Suite A-224 Nashville, TN 37211

## Register Online: www.mhamt.org

Questions? Call (615) 269-5355 or email kcalvin@mhamt.org

Registration and Cancellation: Registration includes the seminar and respective CEUs/CLEs. A substitute may attend in your place, as there is no refund. There are no discounts for attending only a portion of the seminar. MHAMT reserves the right to cancel the event due to unforeseen circumstances, in which case registrants will be contacted and credit will be applied.

#### SBIRT Training July 26, 2016

#### **Educational Objectives:**

After participating in this training, participants will be able to . . .

- Employ a brief intervention that is tailored to the patient and the severity of the substance use problem
- Modify the brief intervention for substance use problem as appropriate to the patient or situation
- Provide the client or patient with education and resources needed
- Make a referral, follow-up with, and reassess patients who receive treatment for substance abuse or tobacco use



April Mallory, M.S.W., LCSW is a social worker with many years of experience in substance abuse and psychiatric assessment and counseling. She is currently a lecturer at the UT College of Social Work.

#### **Agenda:**

Nashville / M'Boro



8:30a / 1:30pm Registration

9am / 2pm Screening Overview and Motivational Interviewing

9:30a / 2:30pm Brief Negotiation Inter-

views & Reluctant Clients

10am / 3pm BNI MI Process Strategies

10:30a / 3:30pm SBIRT Case Studies

11am / 4pm Evaluation & Adjournment



#### **Continuing Education:**

Certified Peer Recovery Specialist: This seminar is approved for Continuing Education Hours toward Certified Peer Recover Specialist Renewal. (Pending)

**Licensed Counselors:** Each participant will receive a certificate of completion with the educational objectives listed on the back of the certificate, which may be used for contact hours.

Nurses: The University of Tennessee (UT)-Martin has approved this symposium for .2 CEUs. CEUs are awarded at the rate of one (1) CEU for every ten (10) hours of instruction. Upon completion of the program, the attendee will have a permanent record on file with the Academic Records Office at UT-Martin denoting this training. The attendee will also be issued a Certificate of Completion from UT-Martin. Attendees wishing to obtain a copy of a non-degree transcript may find instructions for doing so at the following website: www.utm.edu/departments/registrar/transcripts.php.

**Social Workers:** This program is approved by the National Association of Social Workers-TN Chapter for 2.0 continuing education units.

**NOTE:** All attendees will receive a certificate of completion with the educational objectives listed on the back of the certificate, so that you can retain a copy for your individual audits and reporting.

# **Directions to Training Sites**

Nashville location (9-11am) — Mental Health America of Middle TN at 446 Metroplex Dr, Suite A-224 (37211) From Nashville, take I-24 to the Harding Place exit. Turn left onto Harding Place towards McDonalds. Then turn left at the Exxon TigerMart onto Metroplex Dr. As coming around the first curve, take a right into the Corporate Park business park., which is 446 Metroplex Dr. Building A will be the first building on your left. The seminar will be held in suite A-224. You may also park in the adjacent parking lot that is reserved for building 440. Please call (615) 269-5355 if you become lost.

Murfreesboro location (2-4pm) — St. Thomas Rutherford is located at 1700 Medical Center Pkwy (37129)

From Nashville, take I-24 to Murfreesboro. Take Exit 76, and turn left onto Medical Center Pkwy. Continue for about 2.25 miles. You pass a stoplight at Thompson Lane (Walgreens on your left) and a stoplight at Pei Wei Restaurant (on your right), and then you take a left at the next stoplight into St. Thomas Rutherford. Upon entering the lobby of the main hospital, you can ask the Information Desk for the McDonald Conference Room, which is around the corner from the gift shop. Signs will be posted. Please call (615) 396-4100 if you become lost.

Special thanks to the collaboration with the University of Tennessee College of Social Work, and special thanks to SAMHSA for SBIRT information provided at this workshop.