



Serving Military Personnel and their Families



May 3rd
9:00 am – 12:30 pm

**Clarksville/Montgomery
County Library**
Pageant Drive
Clarksville

ONGOING conflict. Multiple deployments. New paradigms of warfare. America’s military personnel and their families face struggles that their civilian counterparts might find foreign, even incomprehensible. Our panel of experts can help providers understand the needs of these neighbors and more effectively help them to manage during the conflicts as well as during the transition back stateside.

Sponsors and Partners:



Registration: Serving Military Personnel and their Families

Please complete one form per participant.

Registration Fee: \$45 before April 30; \$75 after April 30

PAYMENT (Please Check One)

- Check (Payable to Mental Health America of Middle Tennessee)
- VISA MasterCard American Express

Card #: _____
Expiration Date: _____ CVV Code: _____

Send completed registration with payment to:
Mental Health America of Middle Tennessee
446 Metroplex Drive, Ste A224
Nashville, TN 37211

**Please note that the payment address is different from the physical address of the seminar.*

Register Online: www.mhamt.org

Questions? Call (615) 269-5355
or email wcolclough@mhamt.org.

Registration and Cancellation: Registration includes the seminar and respective CEUs/CLEs. A substitute may attend in your place, as there is no refund. There are no discounts for attending only a portion of the seminar. MHAMT reserves the right to cancel the event due to unforeseen circumstances, in which case registrants will be contacted and credit will be applied.

NAME	
ORGANIZATION	
ADDRESS	
CITY	
STATE and ZIP	
PHONE	
EMAIL	
CREDENTIALS	(i.e. LCSW, RN, MDiv)
DATE OF BIRTH	(for Nursing Credit and Certificate only)

SERVING MILITARY PERSONNEL AND THEIR FAMILIES May 3, 2017

Educational Objectives:

Upon completion, participants will:

- Understand the difficulties faced by the families and children of active duty military personnel.
- Help veterans access the care available to them via the US Veterans Administration.
- Identify signs of Post Traumatic Stress Disorder in primary and secondary scenarios
- Identify effective means of addressing PTSD in clients' lives.

Agenda:

9:00am
Registration/Sign in

9:15
Assisting Children of Military Personnel
Rebecca Townsend

10:15am
Helping Veterans Navigate the System
Laurel Bowman

11:15am
Break

11:30am
Identifying PTSD and Means to Address It
Jenny Carr

Continuing Education:

Certified Peer Recovery Specialist: This seminar is pending approval for Continuing Education Hours toward Certified Peer Recover Specialist Renewal.

Licensed Counselors: All counselors and therapists will receive a certificate of attendance with the listed objectives, which they can submit for contact hours.

Nurses: This symposium is pending approval from the University of Tennessee (UT)-Martin .3 CEUs. CEUs are awarded at the rate of one (1) CEU for every ten (10) hours of instruction. Upon completion of the program, the attendee will have a permanent record on file with the Academic Records Office at UT-Martin denoting this training. The attendee will also be issued a Certificate of Completion from UT-Martin. Attendees wishing to obtain a copy of a non-degree transcript may find instructions for doing so at the following website: www.utm.edu/departments/registrar/transcripts.php.

Social Workers: This program is pending approval by the National Association of Social Workers-TN Chapter for 3.0 continuing education units of ethics.

Others: All will receive certificates of attendance.



Mental Health Academy is the outreach and programming arm of MHAMT that provides Continuing Education (CEUs) curricula for therapists, social workers, attorneys, and other professionals whose work involves mental health awareness.

Mental Health Academy seeks to offer twelve to fourteen such events a year, focusing on issues relevant to these various professional practitioners. These affordable programs will be held throughout the mid-state area as well as other parts of Tennessee.

The programs, half- or full days, are certified by the professional boards licensing the targeted professions and will generally provide three to six hours of CEU credit each. Speakers are chosen for their expertise in specific areas and their awareness of the current needs among the professions.



Seminar Directions:

The Clarksville/Montgomery County Library is located in Veterans Plaza, on Pageant Lane between Madison Street and Crossland Avenue.

Parking is plentiful throughout the Plaza.

The seminar will take place in the conference room, which is to the right upon entering the library.

Faculty at a Glance

Rebecca Townsend, EdS, LPC, is a Senior Licensed Psychological Examiner and a Tennessee Supreme Court Rule 31 Family Mediator. She holds a MA from Austin Peay State University, EdS from Tennessee State University, and Post-Masters Certificate Military and Veteran Behavioral Health through the US Department of Defense. She is in private practice in Clarksville.

Jenny Carr, BA, BS, joined Centerstone Military Services soon after its inception in 2007. In her first role with the organization she personally interviewed hundreds of veterans, service members, family members and experts ranging from the Korean War to the present day conflicts. Currently, she oversees Centerstone's online psycho-educational and support groups, in-person support groups, adaptive retreats and counseling services. Jenny has worked and published with Dr. Edward Taub and Dr. Gitendra Uswatte at their Constraint-Induced Therapy (CIT) Clinic at the University of Alabama at Birmingham (UAB) to develop real-world measures of physical rehabilitation techniques for both adults and children. She holds a BA in philosophy from Birmingham-Southern College and a BS in psychology from UAB.

Laurel Bowman, RN, CHPN, is President of Vetlinx Community Partnership for Veterans, which works with the Veterans Administration (V.A.) and all major Veteran Fraternal Organizations to find innovative ways of meeting the needs of veterans and their families. She is the former executive director of Guardian Hospice Accent Care.