

Meet the Presenters ...

Jenny Carr is the Program Director for Courage Beyond, an organization that provides confidential, no-cost or low-cost programs and services to military men/women and their families facing post-traumatic stress disorder. Jenny manages a 24/7 hotline and leads national online support groups for military spouses. In addition, Jenny arranges free counseling for military service members and their families through strategic partnerships.

Rodney Deaton, MD, JD, is a graduate of both Indiana University School of Medicine and Harvard Law School. Dr. Deaton currently serves as the Medical Director of the Warrior Wellness Unit at TriStar Skyline Madison, leading a team of professionals in providing care for active-duty military, especially those stationed at Fort Campbell Army Base. In addition, Dr. Deaton is an Assistant Professor of Psychiatry at Vanderbilt. Both are positions to which he brings a history of working with combat veterans through the VA Hospital in Indianapolis, Indiana.

Dan Edwards, LPC/MHSP, NCC, is the Clinical Coordinator and Readjustment Counselor at the Nashville Vet Center, a program established in 1979 to help eligible veterans make a post-war readjustment to civilian life. Dan incorporates his past service as an Army Infantry Officer from 1992 to 1997 in his work as a counselor for combat veterans and their families. He has also served as President of the Tennessee Licensed Professional Counselors Association.

Pamela Goodin, who serves as a Transition Patient Advocate, has been around the US Army for over 39 years. She has been a government employee for over 29 years. Pam is the proud mother of two veterans, one who is disabled, and she says, "I advocate for America's Heroes just as I want others to advocate for my children." Her awards include the prestigious Army Meritorious Civilian Service Medal and the Department of the Army Achievement Medal of Civilian Service, among others.

Major General Terry M. "Max" Haston was appointed the 75th Adjutant General in 2010. Upon assumption of duties, he became responsible for Tennessee's Military Department, which includes the Army National Guard, Air National Guard, Tennessee Emergency Management Agency, and Tennessee State Guard.

Stephanie McMahan, LCSW, manages the Joint Family Support Assistance Program (JFSAP) for Tennessee Military OneSource, an organization that provides resources and support at no cost to service men and women and their families. A Middle Tennessee State University graduate, Stephanie formerly served as a Force Protection Special Projects Officer with the Tennessee Army National Guard.

Mary Ross retired from the Army at the rank of Sergeant First Class after 21 years of service. Currently, one may find Mary working as the Deputy Executive Director for Nashville's Operation Stand Down, a program that provides services to all honorably discharged veterans with special emphasis on those who are homeless. Mary has also served as the National Commander of Women Veterans, and she is a Life Member of VFW Post 4895 and AMVETS Post 1776. In 2012, Mary was honored as the Tennessee Woman Veteran of the Year.

Alicia Weatherbee is a Program Manager for OEF/OIF/OND (Operation Enduring Freedom, Operation Iraqi Freedom, Operation New Dawn), an integral segment of the Department of Veterans Affairs that focuses on making sure that our returning troops get the health care and benefits they need.



Founded in 1946, the agency formerly known as Mental Health Association of Mental Tennessee is now called Mental Health America of Middle Tennessee (MHAMT).

Its mission is to:

- ◆ Connect the community with specialized mental health and wellness resources
- ◆ Provide services that improve the quality of life
- ◆ Promote effective services where mental health needs exist

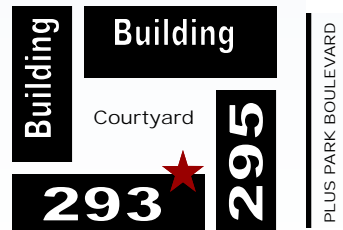
MHAMT believes that:

- ◆ Mental illness is real and treatable
- ◆ Every life is worth saving
- ◆ There is no health without mental health

This symposium is part of MHAMT's educational outreach. It reinforces our commitment to improving the quality of care for mental health consumers and to advancing research-based knowledge. It also serves as an important tool for professionals who work with mental health consumers.

DIRECTIONS

To the Conference Center at 293 Plus Park Boulevard, adjacent to the MHAMT Office (295 Plus Park Boulevard, Suite 201), Nashville TN 37217: Take I-440E until you reach the I-24 split (Nashville or Murfreesboro). Veer LEFT toward Downtown Nashville. Take the (immediate) RIGHT exit to Murfreesboro Road. Stay in the far RIGHT lane. Take the next RIGHT at Plus Park Boulevard (AAA Auto Sales and Regions Bank on the corner). Travel 1/2 mile up the hill until you reach 293 Plus Park Boulevard. We are on the RIGHT. The roof is greenish-teal. You may access the Suite 201 from the Central Courtyard, not curbside by the parking lot.



Star indicates location of Conference Center.

Serving Military Families

Sept 8

8:30AM - 4:15PM



Conference Center

adjacent to Mental Health America

293 Plus Park Blvd, Ste 201 * Nashville, TN

\$60 Registration * Complimentary Lunch

6 CEUs with 1 HOUR ETHICS



**295 Plus Park Boulevard, Suite 201
Nashville, Tennessee 37217**

P: (615) 269-5355

F: (615) 269-5413

www.mhamt.org

Serving Military Families

It is an understatement to say that witnessing killing, torture, and widespread devastation can be upsetting. Experiencing the unexpected and having one's life constantly threatened is not something an individual can turn off by simply returning home or being discharged from duty. Just the opposite, that hostility can spread and impact a spouse's security, a child's well-being, and a family's integrity.

Society points to Veteran's Affairs (VA), blames divorce on a long deployment, and fails to understand why the sons and daughters of service men and women are acting out, both at home and in school.

This seminar focuses on the whole family by providing perspectives on treatment, communication, and resources for service personnel, spouses, and children.

Register today!

Symposium Objectives

After completing this educational program, attendees will be able to:

1. Discuss the major impact warfare has on the families and extended relationships of service members
2. Assist a service member in getting the right help through Veteran's Affairs (VA)
3. Make a referral for a military family member who needs behavioral health services
4. Use a metaphor of a "starship" to easily explain Post-Traumatic Stress Disorder (PTSD) to a service member or the family
5. Describe resources offered through Courage Beyond, Operation Stand Down, Military One-Source, and the VET Center for the service member and the family

General Outline: Six Hours of Coursework

8:00A	Registration
8:30-9:30A	The Military-Family Impact, Major General Terry "Max" Haston and Mrs. Anne Haston
9:45-10:45A	Navigating the VA System, Pamela Goodin and Alicia Weatherbee
10:45-11:45A	Getting Help Takes Courage (Beyond), Jenny Carr
11:45A-1:00P	Lunch
1:00-2:00P	The PTSD Starship Has Landed, Rodney Deaton, MD
2:15-3:15P	Child and Youth Programs, Stephanie McMahan, LCSW
3:15-3:45P	Nashville VETS Program, Dan Edwards, LPC, MHSP
3:45-4:15P	Operation Stand Down, Mary Ross
4:15P	Adjourn



Continuing Education Credits ...

LADACs: This educational program is pending approval for six (6) hours of NAADAC credit. Certificates of attendance will be made available to licensed alcohol and drug abuse counselors who need contact hours and proof of attendance at an educational seminar related to their profession.

LPCs: TLCPA is an NBCC-approved Continuing Education Provider and a co-sponsor of this symposium. TLCPA may award NBCC-approved clock hours for events or programs that meet NBCC requirements. TLCPA maintains responsibility for the content of this event, which has been approved for 6.0 CEUs.

NURSING: The University of Tennessee (UT)-Martin has approved this symposium for .6 CEUs. CEUs are awarded at the rate of one (1) CEU for every ten (10) hours of instruction. Upon completion of the program, the attendee will have a permanent record on file with the Academic Records Office at UT-Martin denoting this training. The attendee will also be issued a Certificate of Completion from UT-Martin. Attendees wishing to obtain a copy of a non-degree transcript may find instructions for doing so at the following website:

www.utm.edu/departments/registrar/transcripts.php

SOCIAL WORKERS: This symposium has been pre-approved by the National Association of Social Workers - TN Chapter for 6.0 CEUs.

OTHER: A certificate of attendance will be made available for professionals who need contact hours.

Sponsors:



Registration: Serving Military Families September 8, 2014

Please print; complete one registration per participant.

NAME	
FACILITY	
CURRENT ADDRESS	
CITY	
STATE	
ZIP	
PHONE	
EMAIL	
CREDENTIALS	(i.e. LCSW, RN, MSW)
DATE OF BIRTH	(for Nursing Credit and Certificate)

DEADLINE FOR REGISTRATION September 3, 2014

Registration Fee: \$60.00

Registration and Cancellation: Registration includes the seminar, lunch, and respective CEUs. A substitute may attend in your place, as there is no refund. You may not receive a discount for attending only a portion of the seminar. MHAMT reserves the right to cancel the event due to unforeseen circumstances, in which case registrants will be contacted and credit will be applied.

Payment (Please Check One)

Check (Payable to Mental Health America of Middle Tennessee)

VISA MasterCard American Express

Card #: _____

Expiration Date: _____ CVV Code: _____

Send completed registration with payment to:

Mental Health America of Middle Tennessee
295 Plus Park Blvd, Ste 201
Nashville, TN 37217

*Please note that the payment address is different from the physical address for the seminar.

Register Online: www.mhamt.org
Questions? Call (615) 269-5355 or email tstarling@mhamt.org.