



# Behavioral Health and Aging

**June 5, 2015**  
8:30 a.m.-4:15 p.m.

**Trevecca Community Church**  
335 Murfreesboro Pike | Nashville, TN 37210

**Registration is free**  
**Includes 6 CEUs and lunch**

**Register online**  
**mhamt.org**  
**Space is limited!**

**Presented By:**



For many years, persons with substance abuse or mental health issues did not share the same life expectancy as their peers, but that gap is closing. Many long-term care facilities and CMHCs are struggling with managing mental health issues and addictions. What services are available for older adults, and what can we expect from the aging baby boomer population?

Plan to join Centerstone, Mental Health America of Middle Tennessee, Tennessee Dept of Mental Health and Substance Abuse Services, and Volunteer Behavioral Health for this timely seminar on June

**Sponsors:**



**Exhibit Booths Are Available! Call 615-269-5355 to learn more!**

*More on back*

**Registration: Behavioral Health and AGing**  
Please complete one form per participant.

**Registration Deadline is May 27 or until filled**

**Registration & Cancellations:**

<b>NAME</b>	
<b>FACILITY</b>	
<b>ADDRESS</b>	
<b>CITY</b>	
<b>STATE and ZIP</b>	
<b>PHONE</b>	
<b>EMAIL</b>	
<b>CREDENTIALS</b>	(i.e. LCSW, RN, JD)
<b>DATE OF BIRTH</b>	(for Nursing Credit and Certificate only)

**There is no cost to this seminar, but a registration is required for CEUs, lunch, and planning. A substitute may attend in your place. You may be subject to a \$25 cancellation charge if you cancel within 72 hours of the seminar. Online registration is available at [www.mhamt.org](http://www.mhamt.org); or send completed registration to:**

Mental Health America of Middle Tennessee  
295 Plus Park Blvd, Ste 201  
Nashville, TN 37217

*\*Please note that the payment address is different from the physical address of the seminar.*

**Register Online: [www.mhamt.org](http://www.mhamt.org)**  
Questions? Call (615) 269-5355 or email [tstarling@mhamt.org](mailto:tstarling@mhamt.org).

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### Educational Objectives:

Upon completion, participants will be able to:

- 1) Describe how older adults today are impacted by mental health and substance abuse issues.
- 2) Demonstrate how to have an intervention with a senior citizen about their addiction, need for long-term care, or need for conservatorship.
- 3) Identify aging resources available at four government departments or nonprofits.
- 4) List at least three interdepartmental strategies used to combat prescription drug abuse in Tennessee.
- 5) List risk factors and protective factors for older adults considering suicide.
- 6) Describe how aging veterans' behavioral health is impacted by today's military battles.

### Agenda:

8:00am	Registration
8:30am	Older Adults: 2015 - 2020
9:45am	Interventions and Tough Talks with Granny & Papa
10:45am	Resource Panel: TennCare, Fifty Forward, Adult Protection Services, and Tennessee Commission on Aging
11:45am	Lunch
1:00pm	Prescription for Success
2:15pm	Suicide and Aging Adults
3:15pm	Aging Veterans and Behavioral Health Issues
4:15pm	Evaluation and Adjournment

### Continuing Education (CEUs):

**ACLF Administrators:** This seminar is **approved** for 6 hours of ACLF Administrator credit, which is pending.

**Attorneys:** This seminar has been **approved** for 6.0 hours of CLE (general CLE only).

**LADACs:** This seminar has been pre-**approved** for 6.0 hours of NAADAC credit.

**Licensed Counselors:** TLPCA has been approved by NBCC as an Approved Continuing Education Provider, #6376. Programs that do not qualify for NBCC credit are clearly identified. TLPCA is solely responsible for all aspects of the program. This seminar is **approved** for 6.0 CEs.

**Nurses:** The University of Tennessee (UT)-Martin has **approved** this symposium for .6 CEUs. CEUs are awarded at the rate of one (1) CEU for every ten (10) hours of instruction. Upon completion of the program, the attendee will have a permanent record on file with the Academic Records Office at UT-Martin denoting this training. The attendee will also be issued a Certificate of Completion from UT-Martin. Attendees wishing to obtain a copy of a non-degree transcript may find instructions for doing so at the following website: [www.utm.edu/departments/registrar/transcripts.php](http://www.utm.edu/departments/registrar/transcripts.php).

**Social Workers:** This program is **approved** by the National Association of Social Workers-TN Chapter for 6.0 continuing education units.

**Other:** All will receive certificates of attendance.

### Seminar Directions:

From I-24 (W) or I-440 (E), take the Murfreesboro Road exit. Turn left (N) onto Murfreesboro Road and travel 2 miles. Trevecca Nazarene University is located on the left. Upon entering the campus, take the first drive on the right to Trevecca Community Church. Signs for the church are posted near the road.

### Speakers at a Glance

**Rodney Deaton, MD, JD**, is a graduate of Indiana School of Medicine and Harvard Law School, and he currently serves as the Medical director of the Warrior Wellness Unit at TriStar Skyline Madison. He is also an Assistant Professor of Psychiatry at Vanderbilt School of Medicine

**Sheryl Ludeke-Smith, MA, CTRS, CPHQ**, has over 30 years of experience in long term care as a national speaker, policy-maker, trainer, consultant, and service provider. She has served as VP of Alzheimer's Services for American Retirement Corp, Director of the Memphis Alzheimer's Association, National Director of Alzheimer's Care for Beverly, and today as a Divisional Memory Care Specialist for Brookdale Senior Living.

**Bob McFalls, MDiv**, an applied gerontologist, served as Board President of the National Assn of Area Agencies on Aging in Washington, DC before serving on staff as their COO. For six years he served as CEO of the Area Agency on Aging of Palm Beach and 17 years as Director of the Aging Commission of the Mid-South, based in Memphis, TN. Today he is CEO of the KY Pharmacists Association.

**Angela McKinney-Jones, MSSW**, is the Director of Prevention for TDMHSAS' Division of Alcohol and Drug Abuse Services. With seven years of tenure with the department, Ms. Jones is an expert on the impact alcohol and drugs have on Tennesseans.

**Scott Ridgway, MS**, has served as the Executive Director of the Tennessee Suicide Prevention Network since 2001. With a state-appointed Advisory Council and volunteers across Tennessee, he works collaboratively to implement suicide prevention strategies across the state.

**Karl Warden, JD, LLM**, is a Nashville attorney who practices, teaches, and writes in the areas of elder care, veterans benefits, asset protection, and ethics. Mr. Warden holds degrees from Vanderbilt University, WVU, and George Washington University.

The Resource Panel will include **Janet Jernigan**, CEO of Fifty Forward; **Michelle Jernigan**, Deputy for Long-Term Services and Support & Administration for TennCare; **Jim Shulman**, Executive Director of TN Commission on Aging; and **Devin Stone**, Public Information Officer for Adult Protection Services.