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Space is limited!

### **Presented By:**





# Behavioral Health and Aging

**June 8, 2016** 8:30 a.m.-4:15 p.m.

Trevecca Community Church 335 Murfreesboro Pike | Nashville, TN 37210

> Registration is <u>FREE</u> Includes 6 CEUs and lunch



We know that persons with mental illnesses or addictions do not have the same life expectancy as their healthy peers, but that gap is closing. Many long-term care facilities and CMHCs are struggling to manage mental health issues and chemical dependency. What services are available for older adults, and what can we expect from the aging baby boomer population?

Plan to join us for the 4th annual "Behavioral Health & Aging" seminar at Trevecca for multidisciplinary networking, CEUs, and focus on our aging adults.



**Registration: Behavioral Health and Aging** Please complete one form per participant.

#### Registration Deadline is May 31 or until filled.

NAME	
FACILITY	
ADDRESS	
CITY	
STATE and ZIP	
PHONE	
EMAIL	
CREDENTIALS	(i.e. LCSW, RN, JD)
DATE OF BIRTH	(for Nursing Credit and Certificate only)

**Registration & Cancellations:** 

There is no cost to attend, but registration is required for CEUs, lunch, and planning. A substitute may attend in your place. You may be subject to a \$25 cancellation charge if you cancel within 72 hours of the seminar. Online registration is available at www.mhamt.org; or send completed registration to: Mental Health America of Middle Tennessee 446 Metroplex Drive, Suite A224 Nashville, TN 37211 Fax: (615)269-5413 \*Please note that the registration address is different from the physical address of the seminar. Register Online: www.mhamt.org Questions? Call (615) 269-5355 or email tstarling@mhamt.org.

#### Behavioral Health and Aging June 8, 2016

### **Educational Objectives:**

Upon completion, participants will be able to:

- List some medications that might be potentially inappropriate for senior citizens and share why.
- Discuss medications in treating addictions in Tennessee's older adults.
- Give voice to sexual concerns of older adults—ages 60-90.
- Describe current treatments for geriatric depression.
- 5) List the criteria required for a judicial conservatorship.
- 6) Contact legislators about bills and proposals that will greatly impact senior citizens in TN.



### Mental Health America of Middle Tennessee

### Agenda:

8:00am	Registration
8:30am	Medication Update
9:45am	Treating Addictions in Older Adults
10:45am	Sex and Aging
11:45am	Lunch
1:00pm	Geriatric Depression
2:15pm	Conservatorships/Guardianships
3:15pm	Advocacy for Older Adults
4:15pm	Evaluation and Adjournment



### Continuing Education (CEUs):

ACLF Administrators: This seminar is <u>approved</u> for 6 hours of ACLF Administrator credit.

Attorneys: This seminar has been <u>approved</u> for 6.0 hours of CLE (general CLE only).

**LADACs**: This seminar is <u>approved</u> for 6.0 hours of NAADAC credit.

**Licensed Counselors:** TLPCA has been approved by NBCC as an Approved Continuing Education Provider, #6376. Programs that do not qualify for NBCC credit are clearly identified. TLPCA is solely responsible for all aspects of the program. This seminar is <u>approved</u> for 6.0 CEs.

**Nurses:** The University of Tennessee (UT)-Martin has **approved** this symposium for .6 CEUs. CEUs are awarded at the rate of one (1) CEU for every ten (10) hours of instruction. Upon completion of the program, the attendee will have a permanent record on file with the Academic Records Office at UT-Martin denoting this training. The attendee will also be issued a Certificate of Completion from UT-Martin. Attendees wishing to obtain a copy of a non-degree transcript may find instructions for doing so at the following website: www.utm.edu/departments/registrar/transcripts.php.

**Social Workers**: This program is <u>approved</u> by the National Association of Social Workers-TN Chapter for 6.0 continuing education units.

Other: All will receive certificates of attendance.

#### **Seminar Directions:**

From I-24 (W) or I-440 (E), take the Murfreesboro Road exit. Turn left (N) onto Murfreesboro Road and travel 2 miles. Trevecca Nazarene University is located on the left. Upon entering the campus, take the first drive on the right to Trevecca Community Church. Signs for the church are posted near the road.

### **Speakers at a Glance**

**Jennifer Bean, PharmD, BCPS, BCPP,** is a Clinical Pharmacy Specialist and the Psychiatry PGY2 Residency Program Director at the VA in Murfreesboro. Dr. Bean became board certified in pharmacotherapy in 2007 and psychiatry in 2012. She is an assistant professor for UT College of Pharmacy and preceptor for Samford, Belmont, Lipscomb, and Union.

**Jeanne Caudill, LCSW**, is a graduate of University of Kentucky and serves as the State Agency Public Guardian at Tennessee Commission on Aging. With 20 years of experience in working with people with mental illness, including work as a private therapist, and she now coordinates the state's guardian program.

**Stewart Clifton, Esq**, is a graduate of VU Law School and owner of Clifton Government Relations, LLC. He has served as Executive Director of TN Association of Legal Services, (TALS) and of Council of Community Services. He is a registered lobbyist and represents many nonprofits, including Alzheimer's Tennessee.

**Martha Laffferty, Esq**, holds degrees from Centre College and Vanderbilt University, and is currently the Legal Director for Disability Rights Tennessee. She is a contributing author to several legal encyclopedias, including the Encyclopedia of Civil Liberties.

**Colleen MacLean, Esq**, is a graduate of MTSU who received her JD from Boston University. She began her career at TDMHSAS as Director of the Forensic Services Section. She is a certified Elder Law Attorney who has worked in mental health law for 30 years. She is a charter board member of Guardianship and Trusts Corporation of Tennessee.

**Sam MacMaster, PhD**, received his doctorate from Case Western Reserve University and served as an Associate Professor for 15 years at U.T. With 26 years of addiction treatment experience, today he serves as Executive VP and Chief Clinical Officer of JourneyPure in Murfreesboro, TN. Dr. MacMaster has three books and over 60 peer review articles.

**Ginger Manley, APRN**, has spent 50 years as an RN, APRN, and Certified Sex Therapist. She has been in private practice and is retired from faculty of Vanderbilt's Medical and Nursing Schools. For 6 years she authored a monthly Q&A column on sexuality and aging, which she published as a book.

**Warren Taylor, MD, MHSc,** is a graduate of Duke and University of South Florida. He is an Associated Professor of Psychiatry and Director of the Mood Disorder Program, and his research focuses on geriatric depression.