

The proven, the practical and the personal; work impacts on psychological health conference

Speaker profiles



Dr Moira Jenkins

PhD; M. Psych. (Clin); Grad. Dip. Conflict Management; MAPS

Dr Moira Jenkins is the founder and a Director of South Australian based Aboto Pty Ltd. She began her career as a clinical psychologist, however her career has developed from pure clinical psychology into the area of psychological/mental health in the workplace, management of high conflict behaviours and dispute resolution.

She takes an evidence based approach to assisting organisations prevent and manage workplace bullying, discrimination and harassment and other potential workplace psychological hazards.

Moira is an adjunct lecture in the school of psychology at the University of Adelaide, she is also an elected member on the city of Victor Harbor Council. Prior to Moira launching Aboto Moira worked as a trainer and conciliator for the South Australian Equal Opportunity Commission and was the Manager of the Complaint Handling Section of the commission.

Moira's PhD is from the University of Adelaide and her thesis focused on the different perspectives of workplace bullying complaints from the targets, the alleged perpetrator and the HR professional's perspective, with the aim of identifying ways in which organisations can better prevent and respond to conflict and allegations of bullying.

She has postgraduate qualifications in both mediation and conflict management, and is a member of the Leaders Institute of South Australia alumni, following her completion of the 2013 Governors Leadership Program.



Nick Arvanitis

Head of Workplace Research & Resources, *beyondblue*

Nick is currently Head of Workplace Research & Resources in the Workplace & Workforce Program at *beyondblue*. He is responsible for the development and review of *beyondblue*'s workplace resources, including the Heads Up website and the *beyondblue* National Workplace Program. Nick worked as the project manager for the National Mental Health Commission to establish the Mentally Healthy Workplace Alliance. Prior to his current role Nick managed a team in the Victorian Department of Health focusing on the development of Victoria's specialist mental health workforce. His educational qualifications are in Science and Law.



Sally Buchanan-Hagen

Consumer Academic at The University of Melbourne's Centre for Psychiatric Nursing & Casual Academic Deakin University

Sally Buchanan-Hagen is a Consumer Academic at The University of Melbourne's Centre for Psychiatric Nursing. Sally has a background in emergency nursing and also teaches at Deakin University. She writes for the International Bipolar Foundation and is a Youth Presenter for the Black Dog Institute. In 2016 Sally was a finalist for a Youth Advocacy and Youth Inspiration Award and has been an invited Keynote Speaker at several mental health nursing conferences. Sally's talk provides a rich and unique insight into working as a nurse with bipolar disorder. The talk highlights the challenges of working shift work when managing mental illness and the importance of therapeutic and supportive relationships in terms of recovery and returning to work.



Associate Professor Mark Howard

Director, Victorian Respiratory Support Service Institute for Breathing & Sleep Co-operative Research Centre for Alertness, Safety and Productivity
Austin Health

Dr Howard is a senior sleep medicine and respiratory physician at Austin Health, with a strong record of establishing clinical, research and community programs in sleep and respiratory medicine and contributing to professional activities including current board roles for the Australasian Sleep Association and Institute for Breathing and Sleep. As the Director of the Victorian state wide service for domiciliary ventilation he has developed new models of care for chronic ventilatory failure that have lead to two Victorian Public Healthcare Awards, established the first program for direct diaphragm pacing in Australia and developed a clinical trials program to evaluate optimal methods to care for people with ventilatory failure. Dr Howard has also undertaken a program of research assessing the impact of disordered sleep in occupational settings including an occupational health screening program that has been applied in industries throughout Australia. His work has contributed to the recently formed Co-Operative Research Centre for Alertness, Safety and Productivity.



Glenn Taylor

CEO Nursing & Midwifery Health Program, Victoria

Glenn Taylor is a registered nurse and CEO of the Nursing & Midwifery Health Program, Victoria. His experience is in psychiatric nursing and in the area of alcohol and drug work. He is in the privileged position of directly supporting his colleagues with their individual health challenges, whilst influencing the management and understanding of nurse and midwife health in Victoria. Glenn is keen to support

and assist the industry in understanding the health challenges experienced by many in our profession and highlighting how these challenges are associated with OUR industry's work.