

2019 Health & Environmental Sustainability Conference

Thursday 2 May 2019

Be inspired to continue your journey towards a more sustainable life



7
hours
CPD

Costa Georgiadis

conference agenda

8am	Registration and trade display		
8.40am	Conference welcome Lisa Fitzpatrick, Branch Secretary, ANMF (Vic Branch)	11.35am	Waste Education Officer update on intervention/CWG Rachel McConville, Waste Education Officer, VHHSBA, Department of Health and Human Services
9am	State Address Lily D'Ambrosio MP, Minister for Energy, Environment and Climate Change and Minister for Suburban Development	12pm	What is happening at your workplaces? Clinical presentations – workplace innovations across Victoria
9.15am	How can we shape the future? Supporting communities and improving the planet Luke Barbagallo, Partnerships and Program Manager, Pollinate Energy	12.35pm	Panel discussion and Q&A
9.55am	Why you are being poisoned Joanna Immig, Coordinator, National Toxics Network	1pm	Lunch and trade display
10.30am	First State Super	1.55pm	Capturing the value in your waste – waste interventions and partnerships Steve Hope, Director, Odin E Waste and Dru Dissanayake, Registered Nurse, Alfred Health
10.40am	Morning tea and trade display	2.20pm	Call Triple-0! Climate change and mass casualty events Jane Currie, Nurse Practitioner and lecturer – Acute/Critical Care, University of Sydney
11.10am	Does Victoria care? Surveying concerns on climate change and its impact on health Dianna McDonald, Project Lead Social Research/Climate Change Program, Sustainability Victoria	3pm	Keynote: Ensuring our resources today for tomorrow Costa Georgiadis, Sustainable Gardener and Presenter, Australian Broadcasting Corporation
11.25am	CAHA – update on national strategy + community Libby Muir, Programs and Campaigns Manager, Climate and Health Alliance (CAHA)	3.40pm	Conference close and questions

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2019 Nurses & Midwives Wellness Conference

Friday 3 May 2019

Enhance your health, wellbeing and practice



Dr Richard Harris



Sarah Wilson

8
hours
CPD

conference agenda

8am	Registration and trade display	11.45am	Awareness changes everything. Tools that transform - you matter Marie Louise, co-founder, Evolve Yourself Institute
8.40am	Special activity	12.45pm	Loving what you do without all the negative Captain Jan Becker, chief executive officer, Becker Helicopters Group, midwife and founder of Midwife Vision
8.55am	Conference welcome Glenn Taylor, chief executive officer, Nursing and Midwifery Health Program Victoria and Lisa Fitzpatrick, Branch Secretary, ANMF (Vic Branch)	1.25pm	First State Super
9.10am	Random acts of kindness – video presentation	1.30pm	Lunch
9.20am	Keynote: Resilience, compassion and kindness in the face of stress – the story of the 2018 Thai cave rescue Dr Richard Harris, specialist anaesthetist, aeromedical retrieval, diving and hyperbaric medicine and wilderness and expedition medicine, and 2019 Australian of the Year	2.20pm	Stretching
10.25am	Morning tea and trade display	2.35pm	Keynote: Making the beast beautiful – addressing anxiety Sarah Wilson, Founder of I Quit Sugar, entrepreneur, author and journalist
11.05am	Kindness, compassion and connection: common values for personal and professional wellbeing Matt Ball, nurse practitioner, HUMANE Clinic and 2017 Mental Health Nurse of the Year	3.15pm	What can I take home? Practical techniques showcase Carolyn McDonald, senior clinician and registered nurse, Nursing and Midwifery Health Program Victoria and Mark Bunn, speaker, author and researcher – Health, Happiness & High-Performance
		4pm	Conference close and questions

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