Supporting Healthy Pregnancy and Children’s Nutrition

Jennifer Franco, CN, ACN

Sunday, March 22nd, 2020
8:30 am-5:30 pm

Courtyard Marriott
Los Angeles Westside
6333 Bristol Parkway
Culver City, CA 90230

COURSE GOALS
Provide attendees with a thorough understanding on how to assess and recommend a whole food diet and supplementation to support healthy pregnant women and children. Discussion will include: understanding daily nutrition requirements at each stage of fetal development, natural support for common discomforts of pregnancy, as well as nutrition recommendations for children from newborns to young adults. We will review multiple case studies as examples to further practitioner understanding.

WHAT YOU WILL LEARN:
On completion of this course, attendees will:

• Understand the daily recommended nutrition requirements of pregnant women
• Be able to offer specific nutrition recommendations based on trimesters of pregnancy
• Discuss natural options to support woman with the common discomforts of pregnancy
• Be able to develop nutrition programs for children of all ages
• Understand the basics of gut health and how/when to recommend probiotics to children
• How to guide and effectively communicate to parents of the child’s protocol

PLEASE CALL DAVID TO REGISTER TODAY!
(310) 351-5357 or email david@spofla.com

SPLA Seminar Cancellation Policy:
There will be no refunds for cancellations made within 7 days of the event. No shows will forfeit any monies paid. If you have any questions regarding this policy, please feel free to contact us directly.

• Course Category: Live Category 1
• CEP #1371
This course is pending approval by the California Acupuncture Board, Provider Number 1371, for 8 hours of continuing education.

Authorized Independent Representative