



## Speakers & Panelists

### **The Rev. J. Doug Stormant** (*keynote*)

Doug started out as a Chemical Engineer, working for Celanese Chemical Company and then later, Fluor Engineering (1964-1975). Feeling the call to engage in a teaching ministry, he started a non-profit inter-denominational teaching ministry, "One in Christ, Inc." following his graduation in 1978 with a Master of Divinity from Melodyland School of Theology. After 8 years of traveling around in an inter-denominational teaching ministry, he chose to connect more closely with the personal lives of individuals. Accordingly, he returned for another year of Individual Theological Studies at the Episcopal Seminary of the Southwest. Subsequently, he was sent to Corpus Christi to start a new congregation, St. Mark's Episcopal Church, in the Diocese of West Texas. After 12 years at that location, he moved to San Antonio, Texas as the Rector of St. Francis Episcopal Church, where he served until he retired in 2006. Since retirement, he spends about half of his time in Angel Fire, New Mexico, where he and his wife have established "Bear Camp," affectionately named by their grandkids.

### **David Dudics**

A former tennis pro from the East Coast, David has a Bachelor's Degree from Mercyhurst University in Erie, Pa. He has worked in the investment and insurance business fields for 34 years in Corpus Christi.

### **Marcia Keener**

Marcia is an Elite Fitness Professional and a certified Wellness Coach. She believes totally in everyone's ability to make small changes leading to greater changes. She has a passion for working with people to assist them in becoming healthy and enjoying a better quality of life. It is important to her to teach the gift of health to others.

### **John Stearns**

John Stearns is a Financial Advisor and Certified Retirement Counselor with Stearns Wealth Management. John's interactions with his clients are what motivate him every day and he has dedicated his career to using the gifts he given him to make a difference in the world. His desire is that through his website, resources, and professional knowledge, he can help as many people as possible live comfortably in retirement through effective, comprehensive planning.

### **The Rev. Jonathan Wickham**

Rev. Wickham is the Rector for All Saints' Episcopal Church in Corpus Christi, Texas

## **Lisa Wright**

Lisa is the Owner/Director of Operations for Your Personal Best Training Studios. Lisa ran and taught aerobics classes in 1997-98, but struggled with “Skinny Fat”. She discovered resistance training and more importantly, Right Nutrition in late 1998, which led her into the sport of Natural Body Building. She won awards in three shows and had the privilege of judging several shows her own. Lisa continues to run, cycle, lift weights 2-3 times a week, and train as a cyclist to maintain a “toned” and functionally strong body at 53 years old. She founded *Your Personal Best Training Studio* in 1999, is a mother of two daughters, and is helping others to achieve their personal best!

### ***Variety of Panelists to include:***

#### **Kitty Dudics – topic: “Art: Your Wakened Path”**

Kitty has a Masters of Fine Art from UT San Antonio, and taught painting and design for 34 years at Del Mar College. In April of 2016, she was chosen as "One of the Top Ten Artists in Texas to Collect," by Texas Monthly Online Magazine. She is painting now for a one-person exhibit at The Rockport Center for the Arts in September.

#### **Ella Mason – topic: “Volunteering in schools”**

#### **John Stalmach– topic: “Photography”**

#### **Alison Witt– topic: “Stained Glass”**