

**Care in training**

We Care



## RSPH LEVEL 2 Award in Nutrition and Health

**One day course****Saturdays** *multiple dates available*6th October| 3rd November| 17th November  
| 1st December| 19th January| 2nd February

9:00am-5:00pm



Care in Training Education



### Level 2 Award in Nutrition for Health (QCF)

This course will provide you with a evidenced based knowledge and understanding of the relationship between diet and health and wellbeing, as well as the role of food labelling and other factors in food choices.

This qualification is perfect if you want to enhance your existing knowledge of human nutrition. It is also ideal for individuals who are in the catering, hospitality, care or leisure industries who need an understanding of what constitutes nutritious and healthy meals. In the health sector, it would be relevant for health trainers, other health professionals and staff in a range of public services who need a good knowledge of human nutrition. It is also appropriate if you need the underpinning knowledge required to apply for a university degree in Nutrition or Dietetics.

#### Dates and times

One day course on a Saturday 9am - 5pm (Multiple dates available)

#### Entry requirements

No formal educational qualifications required for entry onto this course and if you have special assessment needs please do let us know, as there is support available

#### Assessment

An end of course examination consisting of 30 multiple choice questions. Support is available if you have special assessment needs.

#### Award

Upon successful completion of this course, you will be awarded a Level 2 Award Certificate in Nutrition from The Royal Society for Public Health.

#### Cost

- The full cost of this one day course is **£90\***

[REGISTER NOW](#)

#### Further information:

Please email the qualifications department: [enquiries@carein.training](mailto:enquiries@carein.training)

**\* FREE IF YOU ARE AGED 70 OR OVER**

**Care in training**

Transforming access to learning  
and healthcare careers for  
everyone.

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