

Wellness that Works™



Get inspired to build healthy habits with our most livable program ever! WW will bring you food, mindset and activity content, plus recognize and reward you for behaviors that drive success.

Kick-off date: Tuesday, February 18, 10:45am to 12:00pm

Location: First session in Fuller Board Room, location varies weekly

Employees must be present to complete their registration and initial wellness check-in.

Can join after start of series, cost is pro-rated to the number of remaining weeks.

12 week Series: February 18 to May 5

Cost: \$156 per member, due at registration

Pre-registration requested: Contact Live Well/Work Well

(603) 650-5950 or livewellworkwell@hitchcock.org