

2017 Mark Scheifele Hockey Camp in support of KidSport Winnipeg



HOCKEY CAMP



Information Package
June 24-25, 2017



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Dates: Saturday June 24th & Sunday June 25th, 2017

Location: MTS Iceplex

Coaching team: Jets Hockey Development

Open to boys and girls ages 5-12

Join Winnipeg Jet Mark Scheifele as he takes to the ice in support of KidSport Winnipeg. We believe that no kid should be left on the sidelines and all should be given the opportunity to experience the positive benefits of organized sports. Your support of the camp will help us ensure that All Kids Can Play!

The 2-day camp is aimed at helping the next generation of hockey players grow and elevate their game while having a lot of fun! The camp takes place Saturday June 24 & Sunday June 25, 2017 and will be held on two sheets of ice at the MTS Iceplex - the official training facility of the Winnipeg Jets.

Jets Hockey Development: JHD is dedicated to providing every program participant with the very best opportunity to develop as a hockey player and person. Their goal is for all players to have a positive experience, increasing their confidence, skill and passion for the game of hockey and they strive to help athletes become better individuals and better hockey players.



KidSport
WINNIPEG REGION

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Initiation (2010-2011 YOB):

A right start hockey skills camp that will focus on the development of fundamental skating, puck control, shooting and an abundance of high energy games.

Novice & Atom (2008-2009 YOB & 2006-2007 YOB):

A progressive program that emphasizes edge control and skating, quick stick, passing and scoring.

Peewee (2004-2005 YOB):

A competitive program that emphasizes skill execution at a higher speed level including edge control and skating, quick stick, passing and scoring.

Goaltender Novice (2008-2009 YOB):

Dedicated goaltender instruction with a focus on the ABC's of Goaltending: Angles, Balance, and Control. Primary objective is to maximize net space.

Goaltender Atom ((2006-2007 YOB):

Dedicated goaltender instruction that aims to improve goalie movement, position and stance and improve shot preparation and puck handling.

Goaltender Peewee (2004-2005 YOB):

Dedicated goaltender instruction with an objective to teach effective timing of shots with effective puck tracking skills. Includes instruction on save selections, post save responses and recovery.

Multi-Sports Camp is designed to complement the on-ice development of hockey specific flexibility, agility balance co-ordination and plyometric power and reinforce development of hockey specific skills through off ice instruction.

Camp Information

Each day consists of both on-ice and off-ice training. On-ice training will be coached by the JHD team and assisted by Mark and guest coaches. Michael Hutchinson will assist with the goaltender training and goalies will have the opportunity to work on their development in the Ice Lab. Off-ice multi-sport training includes hockey specific agility, flexibility and stick handling training. During an off-ice Q&A session, kids will also have their picture taken with Mark and camp jersey autographed.

A jersey, commemorative camp poster, snack and lunch will be provided for all participants. Group pictures will be taken on-ice and parents will be given access to download them.

#Scheifs4kids

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Additionally, this year, there are two new off-ice sessions for all Novice, Atom & Pee wee participants and parents. Ben Fanelli (EMPWR Foundation) will give a presentation about the importance of recognizing, treating and recovering from concussions. There will also be a sports nutrition session discussing ways parents and kids can make nutritional choices that will benefit and fuel on-ice performance and recovery.

Equipment: participants are required to bring their own hockey equipment and will also require daily athletic wear for the multi-sports camp. Parents will be sent a detailed list of equipment requirements prior to the camp.

Session Times: times listed below may be subject to slight changes and will be confirmed prior to the camp. Participants will also be informed then of which group they are in – Group A or Group B – and sent a detailed itinerary. Group A will be on ice with Mark Scheifele on Saturday and other guest Winnipeg Jet coaches on Sunday. Group B will be on ice with other guest Winnipeg Jet coaches on Saturday and with Mark Scheifele on Sunday.

**PARTICIPANTS ATTEND THE SAME TRAINING TIMES ON BOTH SATURDAY JUNE 24th & SUNDAY JUNE 25th, 2017.
PARTICIPANTS WILL BE SENT A DETAILED ITINERARY PRIOR TO THE CAMP.**

Ages: 5/6 Initiation (2010-2011 YOB)

Cost: \$225

Time (tbc): 7:30 – 11:00 am.

Both Saturday and Sunday sessions consist of 45 minutes of multi-sport training, 60 minutes of on-ice training and lunch.

All Novice, Atom & Pee wee sessions on both Saturday and Sunday consist of 60 minutes of multi-sport training, 75 minutes of on-ice training, concussion awareness/sport nutrition sessions and lunch.

Ages: 7/8 Novice (2008-2009 YOB)

Cost: \$275

Time (tbc): 8:00 am – 1:30 pm.

Ages: 9/10 Atom (2006-2007 YOB)

Cost: \$275

Time (tbc): 10:30 am – 3:30 pm.

Ages: 11/12 Pee wee (2004-2005 YOB)

Cost: \$275

Time (tbc): 11:00 am – 4:30 pm.

