

New Zealand Rugby Union

Developing Rugby Coaching Appraisal & Feedback Form

Name of Coach:		
Date of visit:		Union:

Team:	
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Appraisers Name:	
Position held:	

DRC Coach Appraisal & Feedback Form

Name _____

Date of Appraisal _____

Team _____

MANAGEMENT & ORGANISATION

The Coach:	C	NYC	N/E	Comments:
Clear Planning and preparation was evident in the use of a training plan etc.				
Clear goals for the session were evident				
The session was well organised				
Activities were relevant to the abilities and development levels of the players				
Achieved maximum player participation				
Able to keep to time allocated in session plan				
Player attention was maintained throughout the session				

Feedback and Work Ons:

COMMUNICATION PROCESSES

The Coach:	C	NYC	N/E	Comments:
Utilised effective questioning techniques throughout the session to test the level of understanding of players				
Actively listened to players comments				
Was positive in attitude and comments given to the players				
Gave effective and specific feedback and explanations				
Maintained a good balance between communication and active participation throughout the session				

Feedback and Work Ons:

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TECHNICAL & TACTICAL KNOWLEDGE				
The Coach:	C	NYC	N/E	Comments:
Emphasised positives and areas for improvement/development				
Related comments to the Game Plan				
Utilised key factor analysis during the appropriate skill progressions				
Corrected errors clearly and positively throughout the session and specifically reinforced correct technique				
Ensured that all demonstrations were accurate				
Players were required to make technical and tactical decisions during the session				
Feedback and Work Ons:				
OVERALL QUALITY OF TRAINING SESSION				
The Coach:	C	NYC	N/E	Comments:
The training plan was effectively transferred to the actual session				
Players enjoyed the session and were excited by the content of it				
A positive learning environment was evident that challenged the players to extend their skill base				
Was flexible and adaptable as circumstances demanded				
A safe environment was provided for all participants				
Feedback and Work Ons:				
Key Work Ons :				

1.	
2.	
3.	
Coach's Initials:	Appraiser's Initials: