



LEADING WITH EMOTIONAL INTELLIGENCE MASTERCLASS

“EMOTIONS DRIVE PEOPLE... PEOPLE DRIVE PERFORMANCE”

EMOTIONAL INTELLIGENCE (EQ) IMPACTS YOUR LEADERSHIP INFLUENCE, EFFECTIVENESS AND PERFORMANCE

Being successful is determined by much more than cognitive intelligence. Developing positive relationships, effectiveness, good decision-making, influence, as well as managing your wellbeing are essential elements of a great leader and primary success factors of emotional intelligence.

With an emphasis on performance, this workshop explores the importance of EQ in leadership today. Participants will be introduced to the fundamentals of EQ and how to apply EQ competencies to specific workplace situations. They will explore how their EQ impacts their ability to effectively lead and build relationships with staff and stakeholders.

WORKSHOP CONTENT

Why EQ matters? The Business Case for EQ

How EQ impacts leadership and organisational performance and agility

Applying EQ in the workplace

Explore the Six Seconds EQ in Action model and to improve self-awareness, influence, relationships, decision making, resilience and problem solving abilities

The role of empathy and trust in building relationships
Complete your own EQ Profile

Develop a personal action plan to improve your leadership influence, effectiveness, relationships and wellbeing.



PROGRAM DETAILS

The workshop provides evidence-based practices for leaders to grow through better self-awareness, self-management, motivation, empathy and social skills to increase their performance, leadership and wellbeing.



DATE

February 15th
8-45am – 5.00pm



DELIVERY PLATFORM

Live Workshop
with some online pre-work



TARGET AUDIENCE

Leaders, Managers, High Potentials, Employees.



COST

EARLY BIRD:
Full day \$595 + GST pp
Includes EQ profile

STANDARD: \$695 + GST pp
Includes EQ profile

Corporate program & rates
available upon request



ADDITIONAL SERVICES

Keynotes
HR Consulting
People Analytics
Workforce Solutions
Transformation Services

WORKSHOP OUTCOME

Participants will develop a greater understanding of how EQ can be developed and how it adds value to their role as a leader. Through the completion of their own Six Seconds EQ profile, participants will be provided with an insight as to how they can enhance their own EQ and leadership effectiveness.



Cliftons
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