

Sleep, Mood and Neurodegenerative Disorders: Identification and Management in Geriatric Patients

Time	Topic	Presenters
5.30pm-6pm	Registration & Light Refreshments	
6.00 – 6.10pm	Welcome & Introduction	Prof Sharon Naismith Clinical Neuropsychologist & Prof Simon Lewis Neurologist
6.10 – 6.30pm	Is treating depression different in the older patient?	Dr Chris Blackwell Psychiatrist
6.30 – 6.50pm	The ageing brain: Common problems in the elderly patient and the role of the geriatrician	Dr Catriona Ireland Geriatrician
6.50 – 7.10pm	Break	
7.10 – 7.30pm	Tackling sleep problems in the clinic	Dr Dev Banerjee Sleep Physician
7.30 – 7.40pm	Who and when to refer – Screening for Cognitive Impairment in the Clinic	Prof Sharon Naismith Clinical Neuropsychologist
7.40 – 7.50pm	Using lifestyle modification to optimise cognition and functional capacity in older patients	Dr Shantel Duffy Accredited Exercise Physiologist and Nutritionist
7:50 – 8:20pm	Case Studies	Chaired by Prof Simon Lewis Neurologist
8.20 – 8.30pm	Concluding remarks	Prof Simon Lewis Neurologist
8.30pm	Feedback forms & close	