PROGRAM

| 08:00 | Registration | |
|-------|---|-------------------|
| 09:00 | Opening and welcome | Vincent Tse |
| | Bowel Topics | |
| 09:10 | Update on IBS and Diverticular Disease | Kim Phanthien |
| 09:30 | Obstructed Defaecation. Is physiotherapy clinically useful? | Wendy Hayes |
| 09:50 | Age and sex differences in faecal incontinence – how and why | Danette Wright |
| 10:10 | The story of Daniel, Constipation and the Bowel Diary in the Cloud | Janice Merriman |
| 10:30 | Q&A | |
| 10:40 | Morning Tea | |
| | Compounding Incontinence | |
| 11:00 | Fighting Fat: What we can do to help our obese patients | Lucy Bates |
| 11:20 | Recurrent UTIs - update on D-Mannose and Uromune® | Audrey Wang |
| 11:40 | Tackling frailty in the elderly | George Szonyi |
| 12:00 | What do we tell patients about mid-urethral slings | Jenny King |
| 12:20 | Q&A | |
| 12.30 | Lunch | |
| | From Childhood to Adolescence | |
| 13:30 | What's new in Enuresis? | Patrina Caldwell |
| 13:50 | Primary Care Management of bowel dysfunction | Sukanya De |
| 14:10 | Behavioural and psychological approaches in treatment resistant wetting in children and adolescents | Melissa Lim |
| 14:30 | Q&A | |
| 14:40 | Afternoon Tea | |
| | Current Trends | |
| 15:00 | Slow transit constipation – medical and surgical update | Nim Pathma-Nathan |
| 15:20 | Managing bladder dysfunction: don't forget the vulva and vagina | Jenny Bradford |
| 15:40 | Is robotic prostatectomy really any better? | Vincent Tse |
| 16:00 | Understanding male chronic pelvic pain | Shan Morrison |
| 16:20 | Q&A | |
| 16:40 | Close of Conference | |

SPEAKERS



Kim-Chi Phan-Thien is a colorectal surgical consultant at Sydney's St George Hospital. Kim has a Master of Surgery from the University of Sydney and is currently completing her PhD on functional bowel disorders at the University of New South Wales.



Wendy Hayes has a master's degree in Continence and Women's Health from Melbourne University and is involved in postgraduate education. Currently, she is the senior pelvic floor physiotherapist at St George Hospital working in close association with the Pelvic Floor Unit and is involved in research projects. Wendy has a special interest in the treatment of anorectal dysfunction.



Janice Merriman is currently working at ParaQuad NSW where she is a Continence Clinical Nurse Consultant. Her case load covers all ages and all types of incontinence. Before moving to ParaQuad she was at Multiple Sclerosis Limited working solely with people with MS and their care providers. Her initial continence role was for 12 years with the Canterbury Aged Care team but not limited to aged care clients.



Lucy Bates is currently based at Westmead Hospital. She has completed her subspecialty training in Urogynaecology on the Gold Coast and at St George Hopsital, Sydney. She completed her basic O&G training in Canberra, having also attended medical school in the inaugural year of the Australian National University. She has research interests in the overactive bladder and obstetric anal sphincter injuries.



Audrey Wang is a qualified Urological Surgeon with particular interests in incontinence, voiding dysfunction and reconstruction. She graduated from the University of Sydney with honors in 1998 and undertook urology training in NSW at Orange, Liverpool and Concord Repatriation General Hospitals.



Dr. George Szonyi holds the position of head of Geriatric Medicine at Royal Prince Alfred Hospital and Director of Medical Services at Balmain Hospital. He has been on the management committee of The Continence Foundation of Australia in NSW Inc. for over 20 years and held the positions of chairperson, treasurer and public officer over the years. He is presently the treasurer and public officer.



Dr. Jenny King is an Urogynaecologst and director of the pelvic floor unit at Westmead hospital. Jenny is a great supporter of all CFA activities and sits on the management committee of the CFA in NSW Inc.



SPEAKERS



Patrina Caldwell is a Senior Staff Specialist at the Children's Hospital at Westmead and an Associate Professor for the Discipline of Child and Adolescent Health, University of Sydney. She heads the multidisciplinary continence service at the Children's Hospital at Westmead.



Sukanya De is a general paediatrician with an interest in bowel and bladder disorders in children, having worked at the Bladder Clinic at The Children's Hospital at Westmead. She is currently in private practice where she sees a range of paediatric problems including children with day time wetting, enuresis, constipation and faecal incontinence.



Melissa Lim is a clinical psychologist working at the Children's Hospital Westmead in the Bladder Clinic. In addition to her role in the Bladder Clinic, she works with children and adolescents with mental health disorders including functional neurological symptom disorder in both an inpatient and outpatient capacity. She also provides psychological services to the renal team.



Pathma-Nathan is an experienced colorectal and general surgeon who has worked in the area for more than 15 years. He has been on the Board of the Hospital for Specialist Surgery (HSS) since its inception and is actively involved in the clinical and administrative functions of this new hospital. He also works as a Senior Staff Specialist at Westmead Hospital and Senior Lecturer at the University of Sydney.



Jennifer Bradford is a gynaecologist who practises exclusively in benign vulvo-vaginal disorders. She and her dermatologist colleague A/Professor Gayle Fischer have an extensive publication record in this area. Dr Bradford's special interest is in vulval pain, and its relationship to musculo-skeletal disorders.



Vincent Tse is an Urologist based at Concord Hospital. He has special interests in male and female stress incontinence surgery, neuro-urology, as well as urethral and pelvic floor reconstruction. He is an active member of AUA, ICS, IUGA, USANZ and UGSA. Nationally and abroad, he has been invited both as a surgeon and a speaker, as is a keen advocate of multidisciplinary care in the area of incontinence and pelvic floor medicine. He is currently a Clinical Associate professor at the University of Sydney.



Shan Morrison is one of ten Specialist Women's, Men's & Pelvic Health Physiotherapists and a fellow of the Australian College of Physiotherapists. She is the director of Women's & Men's Health Physiotherapy and has been practicing exclusively in pelvic floor dysfunction for 24 years. Shan is passionate about improving the well-being of women and men with pelvic floor problems.



GENERAL INFORMATION

DESTINATION: Sydney

Sydney is one of the world's most loved cities and it has a sunny and vibrant buzz that makes it the ultimate conference destination. There are always plenty of things to do in Sydney – from sightseeing and alfresco dining, to fun in the sand and surf at one of Sydney's idyllic beaches. See www.sydney.com for info on events and experiences around town.

VENUE: Dockside: Cockle Bay, Darling Harbour, Sydney

T: +61 2 9333 3800 W: <u>www.docksidegroup.com.au</u>

ACCOMMODATION:

Accommodation is available at various hotels in the CBD and Darling Harbour.

REGISTRATION INFORMATION

The 2018 CFA in NSW conference will be ticketed through Eventbrite: <u>cfansw2018delegate.eventbrite.com.au</u>

Program is subject to change —delegates will be notified day of conference of any changes to speakers.

You will receive your confirmation and tax invoice through email upon booking and payment.

If you have not received confirmation within 5 days please contact the secretariat. Please ensure your email address is current.

MEMBERSHIP:

Membership discount codes are supplied to current financial members of The Continence Foundation of Australia only. Use of codes will be monitored.

CANCELLATIONS, REFUNDS & DISCLAIMER

Cancellations received in writing before 4th April 2018 will attract an administration charge of \$100. After that date there will be no refunds. Registrations can however, be transferred within an organisation if the secretariat is advised in writing. The information contained in this brochure is correct at the time of going to print. The committee and/or organisers reserve the right to change without notice any part of the program and the speakers.

INSURANCE

Registrants and exhibitors are strongly advised to arrange health and travel insurance. The committee and organisers will not accept any liability for loss or injury.

PRIVACY ACT

If you DO NOT wish to have your details included in the list of delegates, please contact the Conference Secretariat:

Julie Kuorence T: +61 2 8741 5699

nsw.hpo@continence.org.au



LOCATION



At the center of the Cockle Bay Wharf precinct is a fountain featuring Steel Brolgas (birds). Head past the fountain towards the right hand side (near Lindt Café) and take the escalators up one level to Dockside.





GETTING HERE

VIA CAR:

Drive down Market Street towards Darling Harbour, turn left into Sussex Street and park at 201 Sussex Street, Wilsons Car Park on the right hand side. Take the elevator up to B and walk across the bridge to Dockside and L'Aqua. Also, you can park under the Darling Quarter building located at 1 Harbour Street, Wilsons Car Park. https://www.wilsonparking.com.au/

<u>Alternatively, you can use the www.parkopedia.com.au</u> to find parking costs, opening hours and a parking map of all Sydney car parks. See below a screenshot of the top six parking <u>spots sorted by distance from venue and cost</u>. We suggest you look up parking <u>beforehand for early bird rates</u>.



FROM CBD:

Walk down Druitt Street from city centre (Town Hall Station) and across the pedestrian bridge onto the Darling Harbour Foreshore. For Dockside turn right towards the Aquarium. At the centre of the Cockle Bay Wharf precinct is a fountain featuring Steel Brolgas (birds). Head past the fountain towards the right hand side (near Lindt Café) and take the escalators up one level to Dockside.

VIA TRAIN:

Exit at Town Hall Station and please use directions as above.

VIA TAXI:

Ask to be dropped off at Wheat Road drop off zone, Cockle Bay Wharf. The driver needs to take Wheat Road by keeping left when going past Darling Quarter and just after Goulburn Street. Take the escalators up one level to Dockside.

