

CONFERENCE AGENDA

Day One

Monday, June 26, 2017

8:00am - 9:00am

Registration and Breakfast in the Matterhorn A & B
We encourage you to visit our Information/Vendor Tables

9:00am - 9:15am

Opening: Marshall Collins, MiSHCA President, Matterhorn C & D

9:15am - 10:30am

Keynote Speaker: Jamie Sparks
Matterhorn C & D

Jamie Sparks, Kentucky Department of Education Coordinated School Health Project Director, is a noted “champion of physical education and activity” according to *Lets Move!*. A former health and physical education teacher, Sparks has devoted his work to provide physical education teachers with evidenced-based resources to encourage people of all ages to make physical activity a life-long commitment and for schools to be “the heart of health” by changing the school environment towards physical education. Since joining KDE, Jamie has worked on the Coordinated School Health initiative and has continued his work with Lets Move Active Schools, Kentucky Association of Health, Physical Education, Recreation and Dance (KAHPERD) and the American School Health Association.

Jamie’s session will enable the learner to understand the opportunities for school health with the federal Every Students Succeeds Act (ESSA). The “Well-Rounded” definition, that includes health education and physical education, provides a lot of potential for addressing non-academic barriers to learning via a focus on student wellness as well as examine how the Whole School, Whole Community, Whole Child (WSCC) model and local wellness policy requirements align to Title I, II and IV components of ESSA.

10:30am - 10:45am

Break

10:45am - 12:00pm

Choose from one of the following sessions:

A. Interrupting Prolonged Sitting with Activity (INPACT): A Classroom-Based Physical Activity Intervention

Matterhorn Room C & D

Rebecca Hasson, PhD

This presentation will provide attendees with an overview of InPact and helpful resources on how to increase movement and enhance learning in their classrooms. The presentation will also include a demonstration of different activity breaks that can be implemented in the classroom.

B. Creating Safe, Supportive and Inclusive Schools

Alberg 1

Stephanie DiPonio, MSW

This session will include an introductory overview of sexual orientation and gender identity, and why it is important for schools to be inclusive. It will also cover laws and policies related to schools relevant to LGBTQ youth, and the importance and impact GSAS have in schools.

C. Implementing the Whole School, Whole Community, Whole Child Model at the Building Level

Alberg 2

Nancy Burk, MA and Beverly Schroeder, MS

This workshop will provide a brief overview of the Whole School, Whole Community, Whole Child (WSCC) process and the Whole Child Grant awarded by Ottawa Area ISD. It will also discuss how the WSCC grant has changed school policies and procedures, program and activities in local schools and the impact they have had thus far on their students and staff attitudes and behavior, and their school's culture and climate.

D. Service Learning: Connecting Kids to the Community, School, and Peers through Philanthropy

Alberg 3

Tyler Augst, MSc

This presentation will (re)introduce attendees to using service learning as a teaching strategy that fosters student learning as well as positive outcomes for the whole child, school and community. The presenter will provide real examples of successful service projects related to health. Attendees will leave with a toolkit for project planning, philanthropy focused lessons, sample projects, and potential community partnerships.

E. Trauma 101: What it Looks Like in the Classroom

Alberg 4

Melea Bullock, MS & Maureen Smith, MA

Participants will learn what exactly is trauma and how trauma presents itself in the classroom. The presenter will give suggestions on what to do if you suspect a child has experienced trauma, and ways to prevent negative health outcomes that are often associated with traumatic childhoods.

12:00pm - 1:15pm

Buffet Lunch, Matterhorn A & B

We encourage you to visit our Information/Vendor Tables

1:15pm – 2:30pm

Choose from one of the following sessions:

A. Keynote's Breakout Session

Matterhorn C & D

Jamie Sparks, MPA

Continuing the conversation of aligning Whole School, Whole Community, Whole Child Model and the local wellness policy to Title I, II, and IV components of Every Student Succeeds Act (ESSA).

B. Less Shame...More Wonder! Positive Puberty Education Strengthens Connections

Alberg 1

Wendy Sellers, RN, CPC, MA

This session will go beyond the traditional approach to elementary puberty education that focuses exclusively on “the plumbing” and advance it to an evidence-informed, relevant approach based on best practice and National Sexuality Education Standards. The session will focus on exploring strategies to equip schools to provide sex positive puberty education that meets student needs and engages families.

C. Positive Classroom Management for School-Based Programs

Alberg 2

Christina Holmes, MAT

This presentation focuses on a few quick and easy tips for temporary/outside educators to create a positive working relationship with the primary classroom teacher, get and maintain student attention, and respond to noncompliance when it occurs. Participants will learn quick and easy positive classroom management tips to have in their pocket when going into the classroom.

D. Youth Suicide: A School Health Issue

Alberg 3

Catherine Livingston, MA, LPC

Participants will learn the importance of youth suicide prevention awareness in the school, recognize the role they have in educating their students about youth suicide, learn the risk factors, protective factors, and warning signs and become familiar with how to respond to at risk students.

E. I Like to Move It, Move It!

Alberg 4

Kristi Evans, MS

Adding physical activity into your class can help improve classroom behavior and increase students' concentration. This workshop will give you tools and activities to help you add more physical activity into your classroom. Be ready to move!

2:30pm-2:45pm

Break

(Assorted Coca Cola products and fruit juices available in the Matterhorn A & B)

2:45pm – 4:00pm

Plenary
Kids in Crisis
Matterhorn C & D
Anne King

Workshop will introduce participants to the basics of “normal” childhood so that we can understand what makes these kids “act the way they do” under the best circumstances. Participants will explore some of the challenges facing kids at home and learning what programming must look like to reach all kids.

Day Two

Tuesday, June 27, 2017

Hotel Check-out is at 1:00pm

7:30am – 8:30am

Breakfast in the Matterhorn A & B

We encourage you to visit our Information/Vendor Booths

8:30am – 9:30 am

Plenary Session
Social and Emotional Learning. What it is, and How it can be Implemented Locally
Matterhorn Room C & D
Paul Liabenow and Doni St. Amour, MEMSPA

High Quality Evidence Based Social Emotional Programs are critically important when supporting the development of Student Self-Management, Self-Awareness, Social Awareness, Relationship Skills and Decision Making Skills. The Michigan Elementary and Middle School Principals Association (MEMSPA) Executive Director, Paul Liabenow and Associate Director, Doni St. Amour will share critical highlights from the Collaborative for Academic, Social, and Emotional Learning (CASEL) research, and brain research. In addition, they will discuss findings from the CASEL Guide which offer assistance with local program assessments and ideas related to implementation plans for future Social Emotional Learning programming.

9:30am – 9:40am

Break

9:40am – 10:55am

Choose from one of the following sessions:

A. Successful Community Involvement in Elementary Physical Education
Matterhorn Room C & D
Scott Przystas, MAT

Attendees will hear from 2017 SHAPE Michigan Teacher of the

Year and learn about the programs that have brought business partnerships to the schools, in addition to funding, to help make a more active and healthy school.

B. Trends in Underage Drinking

Alberg 1

Dianne Perukel, BA

This presentation will provide information on alcohol and drug trends as well as how social media plays a factor in risky behavior. The presentation includes nearly 100 items that teens use to conceal their alcohol and drug use.

C. Basic Checklist for Healthier Classrooms/Healthier Kids

Alberg 2

Anne King, MA, SPADA

Participants will learn how to develop a healthier school climate by adopting basic guidelines with little or no cost minimal training and by instituting behaviors, expectations, strategies, and activities that become “how” we operate every day.

D. Verbal De-Escalation

Alberg 3

Micki Fuhrman, CPC

This workshop is designed for educators to learn the basic techniques of verbally de-escalating upset students, staff, or parents. Participants will learn to recognize signs of escalation and given tips and techniques to safely de-escalate situations.

E. Beyond Content Standards-Social Emotional Learning Standards

Alberg 4

Lauren Kazee, LMSW

This presentation will provide an overview of what Social and Emotional Learning (SEL) is, as well as its impact on youth and the adults who work with them. Participants will learn about Michigan SEL standards and the companion implementation guide.

11:00—12:15pm

Buffet Lunch~ Matterhorn

We encourage you to visit our Information/Vendor Booths

12:15pm – 1:30pm

Choose from one of the following sessions:

A. Project Healthy Schools: Taking Assessment into Action

Matterhorn Room C & D

Ben Ransier, M.ED and Krystofer Hernandez, MPH, CHES

Project Healthy Schools is a school-based program that focusses on reducing childhood obesity and its long-term health risks. This presentation will provide participants the knowledge and skill development opportunities to create and sustain healthy school environments that support the Whole School, Whole Community, Whole Child model.

B. Local School Wellness Policy Final Rule and Next Steps

Alberg 1

Emily Purves, RDN

This session will recap the final rule, highlight available resources and best practices, and will provide time for peer discussion.

C. Helping Students Get Along: What Staff Can do to Reduce Mean Behavior and Increase Caring and Connection

Alberg 2

Marcia McEvoy, PhD.

This presentation will discuss classroom-based and school-wide efforts to reduce mean and cruel behavior, including bullying through research-based prevention and intervention techniques.

D. E-Cigarettes, Hookah, and Michigan Youth: Tobacco Playbook Deja Vu

Alberg 3

Laura de la Rembelje, MA and Angela Clock, MPA

Participants will obtain evidence-based data on youth tobacco use trends as well as the dangers association with new generation tobacco products and how they are targeting youth. Presenters will bring products for participants to see, touch and smell!

E. How Excessive and Violent Media Harms Children and What We Can Do to Protect Them

Alberg 4

Kristine Paulson, MA

Children are now exposed to excessive and violent entertainment media that harms their social, emotional and physical health. This session presents an overview of the research and practical, research-based strategies educators and prevention workers can use to protect children from violent media overload and ensure a healthy environment.

1:30pm – 1:40pm

Break

(Assorted Coca Cola products and Fruit Juices available in Matterhorn A & B)

1:40pm – 2:40pm

Plenary Session

GROOVE your Body, Brain, and Being!

Matterhorn C & D

Heather Winia

Dance is a tool that inspires learning, creativity, self-awareness and expression. GROOVE is the method we use to facilitate simple dance moves that every BODY can do! We will all UNITE in a common step or rhythm while each participant gets to create and uniquely move their body the way they want. We build confidence, community and creativity through physical movement that is way more FUN than work.

2:40pm – 3:00pm

Door Prizes and Closing

Matterhorn C & D