



Carers Week 2019

Monday 10 to Sunday 16 June

1 in 7 juggling work and care



Join us for a lunch and learn session hosted by Carers UK. Tower Hamlets Together is committed to supporting staff that have caring responsibilities.



Juggling work with caring for a loved one can be exhausting.

1 in 7 working people are depended on to care for an older, ill or disabled loved one and that number is rising.

If you're a line manager or a member of staff with caring responsibilities come to the lunch and learn to find out what help and support is available to you.

Tuesday 11th June, 12:15 - 1.45pm

Mulberry Place, Town Hall,
5 Clove Crescent, London E14 2BG

[Book your place now](#)

Through a presentation and Q&A, this session will help you to:

- Gain information on what it means to be a working carer.
- Hear about what support is available for carers - both in and outside the workplace.
- Identify options to help you/your colleagues combine work and care.
- Learn about how Employers for Carers, Carers UK and others can help.

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*Delivering better health
through partnership*

