

Lodging in Bartlett, NH

A block of rooms is being held at:

Attitash Grand Summit Hotel

104 Grand Summit Road
Bartlett, NH 03812

www.attitash.com/grand-summit-hotel.html
1-888-554-1900

The following single or double occupancy rates (including taxes and fees) are available for reservations made by August 19:

Handicap Accessible Studio \$162.63

Standard Deluxe Room or Studio Deluxe: \$174.33

Hotel check-in time After 4 pm

Hotel check-out time is Before 11 am

Luggage storage is available.

To reserve your room:

- telephone the hotel directly at **1-888-554-1900**
- specify that your reservation is affiliated with the Hitchcock Foundation

Additional lodging is available throughout the area.
The closest alternative is:

North Colony Motel

1/4 mile west of Attitash
1025 US Route 302, Bartlett
Reservations 1-800-685-4895
<http://northcolonymotel.com/>

The single or double occupancy rate is about \$65 including taxes and fees.

Directions to Attitash Grand Summit Hotel & Conference Center



Attitash Grand Summit Hotel & Conference Center

104 Grand Summit Road
Bartlett, NH 03812
Latitude: 44.078N Longitude: -71.283W

Note that GPS Coordinates may not get you exactly to hotel and conference center, but within the area

From I-91 north or south to I-93 south:

Take I-91 to Exit 19. Merge onto I-93 south toward Littleton, NH and follow to Exit 40. Merge onto US-302 east toward Bethlehem/Twin Mountain. In 34 miles you will enter Bartlett, NH. Continue on US-302 for 2 more miles, watching on right for large sign for Attitash Grand Summit Hotel. Turn right onto Grand Summit Rd and at 0.5 mile take first right into hotel and conference parking lot.

From the South on I-93: Take I-93 north to Exit 35:

Merge onto US-3 north toward Twin Mountain/Lancaster. At 10.5 miles, turn right onto Route 302 east. In 23 miles you will enter Bartlett, NH. Continue on US-302 for 2 more miles, watching on right for large sign for Attitash Grand Summit Hotel. Turn right onto Grand Summit Rd and at 0.5 mile take first right into hotel and conference parking lot.

 Dartmouth-Hitchcock

201507-175a

Parkinson's Disease Event:



Moving Forward with Parkinson's



An educational event for people with Parkinson's,
their care partners and the community.

Wednesday, September 9, 2015

Attitash Grand Summit Conference Center,
Bartlett, NH

 Dartmouth-Hitchcock

Moving Forward with Parkinson's

To enroll, please fill out the registration form below and mail with a check for \$20 per person.

Registration deadline: August 28, 2015

**Wednesday September 9, 2015
8:30 – 2:30 pm**

Attitash Grand Summit Conference Center
Bartlett, NH

This educational event will address the following topics:

How Do We Get There From Here? The Path to New Therapies in Parkinson's Disease

You will learn about:

- the challenges of drug development in PD
- the principals of clinical trials: testing medications for disease modification and symptom control
- the steps taken to bring new therapies from lab to clinical use

PushBack PD with Exercise! Using exercise to keep you moving...

We will consider:

- Why exercise?
- What does the research say about Parkinson's disease and exercise?
- What exercise is the best exercise?
- How do you incorporate exercise into your daily life?

Pay It Forward: A creative workshop with the Parkinson's Comfort Project

No sewing is involved and no prior artistic experience is needed!

You will:

- learn about the Parkinson's Comfort Project in a brief introduction by the program's founder
- learn why this workshop is called, "Pay It Forward"
- create a fabric block that will become part of a new quilt for the Parkinson's Comfort Project

Program Schedule



- 8:30 am Registration table opens**
Please visit our exhibit tables and enjoy the continental breakfast!
- 9:30 am Welcome and introduction**
Diane L. Sherman, PhD
Coordinator of Neurology Programs and The Parkinson's Center, Dartmouth-Hitchcock Medical Center
- 9:45 am How Do We Get There From Here? The Path to New Therapies in Parkinson's Disease**
James Boyd, MD
Associate Professor of Neurological Sciences, University of Vermont College of Medicine
Director, The Frederick C. Binter Center for Parkinson's Disease and Movement Disorders
- 10:45 am Break**
- 11:00 am PushBack PD with Exercise! Using exercise to keep you moving...**
Parminder K. Padgett, PT, DPT, NCS
Physical Therapist, University of Vermont Medical Center
- 12:00 pm Lunch and visit with our exhibitors**
- 1:00 pm Pay It Forward: A creative workshop with the Parkinson's Comfort Project**
Sonja Hakala
Author, Editor, Instructor, Independent Publisher
Founder of the Parkinson's Comfort Project
- 2:00 pm Closing Remarks and Adjourn**

Please note that space is limited and registration may close before August 28.

Attendee #1 Name

Address

Town

State

Zip

Phone number

Email

Attendee #2 Name/Hometown/State

Attendee #3 Name/Hometown/State

Attendee #4 Name/Hometown/State

Continental breakfast and lunch are provided.

Please mail this completed form with a check for \$20 per person made payable to "Hitchcock Foundation" to:

Diane L. Sherman
Dartmouth-Hitchcock Medical Center
One Medical Center Drive
Lebanon, NH 03756

Questions?

Contact the Parkinson's Center at Dartmouth-Hitchcock:
(603) 653-6672
Diane.L.Sherman@hitchcock.org

More Information

Visit patients.dh.org/parkinsons

