# **VT DESIGNATED AGENCIES ZERO SUICIDE ROUND TABLE DISCUSSION** Implementation of Zero Suicide at the DAs: Challenges, Opportunities and Recommendations

## THURSDAY, APRIL 5, 2018

9:00 am - 1:00 pm (Check-in begins at 8:30 am) Fee: FREE to attend, lunch is provided CAPITOL PLAZA, MONTPELIER, VERMONT

#### What is Zero Suicide?

Zero Suicide is a commitment to suicide prevention in health and mental health care systems. It involves the implementation of a set of evidence-based tools and strategies used in a strong pathway of care for people who are suicidal. When implemented effectively, Zero Suicide reduces and even eliminates suicide deaths of those in our care.

#### **Target Audience:**

2-3 Representatives from each Designated Agency recommend Leadership Level Director/ Manager (e.g. Director of Crisis, Adults, and/ or Children and Family).

#### **Objectives:**

- Promote a deeper understanding of the VT Zero Suicide Plan and the elements and activities that move VT into full Zero Suicide implementation.
- Promote dialogue among Designated Agencies with experience implementing Zero Suicide and those considering a commitment to the principles and practices of Zero Suicide.
- Understand the roles of Primary Care, Hospital Emergency Department and Inpatient partners who work with VT D.A.s to ensure a suicide safe pathway of care.
- Think collectively about the challenges & opportunities for stages and levels of Zero Suicide implementation specific to VT D.A.s.

During this free four-hour professional development meeting, Howard Center, LCMHS, and NCSS will walk through the fundamentals of Zero Suicide implementation and evaluation. The Center for Health and Learning will facilitate with an open dialogue about the opportunities and challenges the Zero Suicide pilot sites present. The group will make recommendations to VT DMH and bring next steps back to their organizations.

Facilitator: JoEllen Tarallo, Center for Health and Learning Presenters: Steve Broer, NCSS Tom Delaney, UVM Michael Hartman, LCMHS Beth Holden, Howard Center

#### Fundamentals of Zero Suicide Implementation:

**LEAD:** Make an explicit commitment to reduce suicide deaths.

TRAIN: Develop a confident, competent, and caring workforce.

IDENTIFY: Identify every person at risk for suicide.

ENGAGE: Engage clients in a Suicide Care Management Plan.

**TREAT:** Treat suicidal thoughts and behaviors directly.

TRANSITION: Follow patients through every transition in care.

IMPROVE: Apply data-driven quality improvement.

### PRE-REGISTRATION REQUIRED: www.healthandlearning.org/events

The Joint Commission aims to assist all health care organizations providing both inpatient and outpatient care to better identify and treat individuals with suicide ideation. Clinicians in emergency, primary and behavioral health care settings particularly have a crucial role in detecting suicide ideation and assuring appropriate evaluation. Behavioral health professionals play an additional important role in providing evidence-based treatment and follow-up care.

-The Joint Commission; Sentinel Event Alert; Issue 56, February 24, 2016



A program of the Center for Health and Learning, under advisement of the VT Suicide Prevention Coalition

