

## A Joint Training for Regional Prevention Partnerships and Tobacco Control Program Community Grantees

# Addressing Substance Use in Rural Areas

**Goal for the Day:** To provide a forum for collaboration between Regional Prevention Partnership and Tobacco Control and Prevention Community Grantees to address substance use in rural areas.

### Objectives:

- Identify the culture and characteristics of rural communities
- Share the barriers and issues in rural communities as related to health and wellness
- Provide information on substance use in rural communities and factors explaining rates of use
- Identify an action item from the table topics
- Share resources with other partners.

### Who should attend?

Regional Prevention Partnerships Grantees, Community Based Tobacco Grantees, Vermont Department of Health staff and Community Stakeholders.

#### Morning Session: 9:45 am - 12:15 pm

**Facilitator:** Eric Haram, LADC

More than 1 in 5 Americans live within a rural area... where economic, religious, historical, and geographic factors combine to create a unique culture that influences mental health outcomes, physical health conditions, and health behaviors. During this half-day workshop the following topics will be addressed:

- Rural Definition and Statistics
- Rural Culture-Rurality
- Rural Issues/Barriers Related to Health
- Substance Use and Opioid Use
- Substance Use and Opioid Use in Rural Areas
- Factors Explaining Opioid Use Rates
- Training Workforce in Rurality

#### Afternoon Session: 1:00 - 3:30 pm

##### Structured Sharing and Facilitated Small Group Sessions

There will be opportunity to rotate through three topics for small group discussion during the afternoon session. If you have a topic for discussion, please send your idea to Beth Shrader at [bethshrader514@gmail.com](mailto:bethshrader514@gmail.com) by June 15<sup>th</sup>.

**Registration:** This training is offered at **NO CHARGE** and is funded through grants from the Vermont Department of Health, Alcohol & Drug Abuse Programs (ADAP) and Health Promotion & Disease Prevention Tobacco Control Program with support from New England Prevention Technology Transfer Center (NEPTTC).

**Resources:** There will be a Resource Exchange Table available throughout the day. Everyone is encouraged to bring any extra resources/materials/signs/brochures for others to take back to their community.

**Eric Haram, LADC** owns Haram Consulting LLC, a health and behavioral healthcare consulting firm offering technical assistance for all aspects of strategic planning, workforce development and clinical and business systems design for states, institutions and organizations. He's spent 25 years delivering, designing and directing substance abuse treatment services in hospitals, correctional facilities, and community behavioral health centers. He provides countless hours of advocacy for improved access to addiction and mental health treatment in the Maine State Legislature and was President and Board Chair of the Maine Association for Substance Abuse Programs from 2007-2013.



**REGISTER TODAY**

**Monday,  
July 8, 2019**

**Fireside Inn,  
West Lebanon, NH**

**9:00 am to 3:30 pm**

9:00 - 9:30 am Registration & Breakfast

9:30 AM Welcome & Introductions

9:45 am - 12:15 pm Morning Session

12:15 - 1:00 pm Lunch

1:00 - 3:30 pm Afternoon Session

**REGISTER AT:**

<https://bit.ly/2XrnTmN>

