

Jason R. Kilmer, Ph.D.

Dr. Jason Kilmer received his Ph.D. in Clinical Psychology from the University of Washington in 1997, and currently works at the University of Washington in both a student affairs and a research capacity. Jason is an Associate Professor in Psychiatry and Behavioral Sciences, and serves as an investigator on several studies evaluating prevention and intervention efforts for alcohol, marijuana, and other drug use by college students. He is also the Assistant Director of Health and Wellness for Alcohol and Other Drug Education in the Division of Student Life, working with different areas across campus (including health, counseling, Greek life, residence life, and intercollegiate athletics) to increase student access to evidence-based approaches. Jason also serves as the chairperson of Washington's College Coalition for Substance Abuse Prevention.

For over a decade, Jason has been a co-investigator on studies involving norm perception, perceived risk, and brief interventions related to marijuana use by college students and young adults. This work has also included efforts to identify the most salient and relevant unwanted effects of marijuana use among young adults with implications for prevention messaging and interventions. In his position in Student Life at the University of Washington, Jason is involved with the direct provision of prevention and intervention efforts addressing marijuana use. He is the principal investigator of Washington's Young Adult Health Survey, a cross-sectional and longitudinal survey of 18-25 year olds in Washington to assess substance use and emerging prevention and intervention needs following marijuana legalization. In 2015, Jason became a Research Fellow with The Montana Institute, and has been collaborating with Dr. Jeff Linkenbach and his colleagues on a number of projects that consider the use of Positive Community Norms to impact health in a changing legal climate.

Jason was the 2014 recipient of the National Prevention Network's Award of Excellence for outstanding contributions to the field of prevention. Jason was a 2017 and 2018 recipient of the Golden Apple award for teaching by the MEDEX Northwest Physician Assistant Training Program, and a 2017 recipient of the Sue Kraft Fussell Distinguished Service Award from the Association of Fraternity/Sorority Advisors. He was also the 2017 recipient of the Washington State Prevention Professional Award of Excellence.