You Cannot Afford to Miss This **Preeminent Suicide Prevention Event!**

The success of implementing Zero Suicide in VT relies on the connections between healthcare professionals and mental health organizations. It is critical for professionals to work with clients on the Pathway to Care from prevention through recovery.

The Zero Suicide Pathway to Care is: Screening, Safety Planning, Lethal Means Restriction, Treatment, & Follow-Up. The success of this pathway depends on a suicide savvy workforce at every stage with the goal that no one "falls through the cracks".

This Symposium will discuss the Pathway to Care and give you the tools to bring back to your community.

Here is What Last Year's Attendees Had to Say:

"Incredible, dynamic, smart presenters!"

"The magnitude of the speakers who presented was impressive."

Get hands on knowledge about the Pathway to Care and talk to experts in Suicide Prevention. Attend and move your community on a pathway to effective Suicide Prevention.

WHO SHOULD ATTEND

- Professionals working within Public Health, Mental Health, Medical, Education, Social Service, Government, Veterans, Corrections, National Guard
- Survivors of Suicide Loss or Suicide Attempt
- **ANYONE** interested in preventing self-harm and suicide

REGISTER ONLINE VTSPC.org/Symposium2017

Get Hands On Knowledge about the

Pathway to

June 5th at the Grand Killington Resort

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Pathway to Care for Effective Suicide Prevention

VERMONT SUICIDE PREVENTION SYMPOSIUM

June 5, 2017

Killington Grand Resort Hotel Killington, VT



www.VTSPC.org



AGENDA

8:00-9:00am REGISTRATION & LIGHT BREAKFAST

8:15am **NEWCOMER ORIENTATION**

This session has been designed for those who are new to the Vermont Suicide Prevention efforts & would like a detailed overview of all initiatives & activities as well as the foundation of our work - the VT Suicide Prevention Platform.

9:00am **OPENING** JoEllen Tarallo

VT Suicide Prevention: Where Do We Go from Here?

KEYNOTE Mike Hogan

Staying Alive: Progress toward Suicide Safe Health Care

FEATURED PLENARY Thomas Delaney

Data Retrospective - Suicide in VT

DISPLAY & NETWORKING BREAK

KEYNOTE Becky Stoll

It's a Marathon Not a Sprint: Implementing the Zero Suicide Framework

KEYNOTE E. David Klonsky

The Ideation-to-Action Framework and the Three-Step Theory: New Approaches to Understanding and Preventing Suicide

LUNCH

Suicide Prevention Advocacy Recognition Presentations

FEATURED TED-STYLE TALK

KEYNOTE Richard McKeon

Best Practices in Comprehensive Suicide Prevention

FEATURED TED-STYLE TALK

BREAK

WORKSHOPS

4:00pm **SESSIONS CLOSE**

The speaker itineraries are subject to change without notice

REGISTER ONLINE VTSPC.org/Symposium2017

Suicide Prevention Symposium Partners & Sponsoring Organizations







KEYNOTES

STAYING ALIVE: PROGRESS TOWARD SUICIDE SAFE HEALTH CARE

Mike Hogan, Ph.D, Principal, Hogan Health Solutions

Presentation will summarize data on suicide in healthcare which reveal how suicidal people "fall through the cracks." Keynote will describe recent developments to make healthcare environments (e.g. primary care offices, behavioral health settings, hospitals) "suicide safe." State and national progress on encouraging, implementing and evaluating these changes will be summarized.

IT'S A MARATHON NOT A SPRINT: IMPLEMENTING THE ZERO SUICIDE FRAMEWORK

Becky Stoll, LCSW, VP Crisis & Disaster Management, Centerstone

The risk of suicide attempts and death is reduced when collaborative safety planning with patients and their support systems occurs when high risk for suicide is identified. The presentation will highlight the key steps of Safety Planning including thorough Means Restriction Counseling so that providers can substantially reduce the number of suicide deaths and suicide attempts that occur in VT.

THE IDEATION-TO-ACTION FRAMEWORK AND THE THREE-STEP THEORY: NEW APPROACHES TO UNDERSTANDING AND PREVENTING SUICIDE

E. David Klonsky, Ph.D, Associate Professor, Department of Psychology Director, Personality, Emotion, & Behaviour Lab, University of British Columbia

Most people who consider suicide do not go on to make a suicide attempt. Moreover, most often cited risk factors for suicide-such as psychiatric disorders, depression, hopelessness, and even impulsivity-fail to distinguish between those who attempt suicide and those who only consider suicide. This talk will describe the need for and implications of the ideation-to-action framework, and present the Three-Step Theory (3St), a new theory of suicide positioned within this framework.



















BEST PRACTICES IN COMPREHENSIVE SUICIDE PREVENTION

Reducing suicide statewide requires a comprehensive approach, based on

health care response. Multi-component approaches and the evidence that supports them will be presented as well as the need in health systems to

address both mental health and substance use and misuse as part of their

MENTAL HEALTH, SUBSTANCE MISUSE, AND SUICIDE PREVENTION

RIDING THE ROLLER COASTER: IMPLEMENTING ZERO SUICIDE

evidence that includes a strong community response, as well as a strong

Richard T. McKeon, Ph.D., M.P.H., Chief of Suicide Prevention Branch,

Center for Mental Health Services of Substance Abuse and

Mental Health Services Administration (SAMSHA)

THE SAFETY NETS OF SUICIDE PREVENTION:

Jessica Bernard, Elaine de Mello, Megan Rigoni, Tony Stevens

THE THREE-STEP THEORY OF SUICIDE: APPLICATIONS

FOR SUICIDE PREVENTION & CLINICAL PRACTICE

Thomas Delaney, Beth Holden, Julie Parker, Becky Stoll

PRESENTATION BY AFSP RESEARCH GRANT RECIPIENT

FROM HOSPITALS TO COMMUNITY CARE

suicide prevention efforts."

WORKSHOPS

E. David Klonsky, Ph.D

Richard T. McKeon, Ph.D., M.P.H.







ADDITIONAL PRESENTERS

JoEllen Tarallo, EdD, MCHES, FASHA Director, VT Suicide Prevention Center Executive Director, Center for Health and Learning

Jessica Bernard

Quality Management Chief of the Child, Adolescent and Family Unit, VT Department of Mental Health

Thomas Delaney, PhD

Assistant Professor, VT Child Health Improvement Program College of Medicine at UVM

Elaine de Mello, LCSW Connect Supervisor of Training & Prevention Services, NAMI NH

Beth Holden, MS, LCMHC, LADC Associate Director, Howard Center

Julie Parker, LCMHC Assistant Director of Outpatient, Crisis and Integrated Health Services, NCSS

Tony Stevens, MS, LCMHC Crisis Team Leader, NCSS

Registration fee includes materials, light breakfast & lunch

SPACE IS LIMITED, REGISTER EARLY!

Early Bird Registration (before April 7th, 2017) \$125.00 Regular Registration \$140.00

CEUs for attending event (pending) - optional \$35.00

Limited Scholarships Available: info@HealthandLearning.org

