

Men's RX Team Division

Team Name	Athletes	Column1	Home Gym	Overall Rank	Total Points	Friday Night Metcon		Atlas Stones		Row Complex: Part A		Row Complex: Part B		G20/Box Jump		DL/Wall Ball	
						Rank	Score	Rank2	Score3	Rank4	Score5	Rank6	Score7	Rank3	Score4	Rank22	Score33
CrossFit Clemson RX	Trey Windham	Jayson Hopper	CrossFit Clemson	1	9	1	19:09:00	1	3:33	5	4:41:00	5	420	1	215	1	10:50
Upstate RX	John Hillers	Keith Wilder	AAYMCA/HIIT Crossfit	2	15	2	19:41:00	2	4:05	6	4:42:00	2	450	4	203	3	12:04
No Names	Josh Godfrey	Quintin Beck	Godfrey's Garage	3	23	4	21:21:00	4	4:46	1	4:32:00	5	420	7	176	5	12:17
He Must Workout	Richard Mataafa	Fred Dilworth	Iron Tribe Fitness	4	24	3	21:05:00	3	4:44	7	4:43:00	5	420	6	178	6	12:20
Guts and Butts	Adam Taylor	Gene Magliaro	Intensity Strength and Conditioning	5	24	5	21:40:00	6	5:06	2	4:36:00	2	450	3	205	8	12:31
Hillwood	PJ Gray	Ryan Mikke	Knight Performance Factory	6	28	9	24:11:00	9	5:39	4	4:39:00	1	470	5	189	2	11:32
Mayfair CrossFit	Ryan Martin	Chad Davidson	Mayfair CrossFit	7	30	10	24:27:00	8	5:27	8	4:44:00	4	425	2	207	4	12:14
Trent's Team	Gabe Grammer	Trent Johnson	Beast Mode - CHFB	8	41	8	24:03:00	5	4:52	12	5:03:00	10	385	8	169	9	12:33
The Dad Bods	Josh Harrison	Lee Clark	Mayfair CrossFit	9	43	6	22:46:00	11	6:38	10	5:02:00	11	370	8	169	7	12:30
PB&J All Day	Erik C. Mizell	Jon Mikel Byrne	Beast Mode - CHFB/Iron Tribe	10	45	7	24:00:00	12	6:50	2	4:36:00	8	415	11	156	10	12:35
6 weeks till first pitch	Paul Hines	Tim Trout	CrossFit Potentia	11	47	11	25:10:00	7	5:07	9	4:51:00	9	390	10	165	10	12:35
Should've been Scaled	Justin McDaniel	Brian DeShields	Beast Mode / Lions Roar	12	61	12	25:28:00	10	6:13	14	5:13:00	11	370	14	139	12	13:07
Adams Mill Beastmode	John Webber	Sam Lancaster	Beast Mode - GHS	13	64	13	25:48:00	15	8:03	10	5:02:00	11	370	12	149	13	13:08
Beauty and the Beard	Matt Wolford	Marty Whitten	4Balance Fitness	14	70	15	26:26:00	13	7:05	15	5:16:00	14	340	13	145	14	13:14
WOD I Get Myself Into?	Gregory B Ingram	Julian Nexsen	Iron Tribe Fitness	15	72	14	25:50:00	14	7:06	13	5:11:00	15	330	15	133	15	13:47

Women's Team RX Division

Team Name	Athletes	Column1	Home Gym	Overall Rank	Total Points	Friday Night Metcon		Atlas Stones		Row Complex: Part A		Row Complex: Part B		G20/Box Jump		DL/Wall Ball	
						Rank	Score	Rank2	Score3	Rank4	Score5	Rank6	Score7	Rank3	Score4	Rank22	Score33
Mother Lifters	Kimberly Ready	Jobeth Hite	CrossFit Greenwood	1	8	1	23:16:00	1	3:33	2	5:43	2	255	3	170	1	12:23
MalTar	Maleah Phipps	Tara Lloyd	Iron Tribe Fitness	2	10	3	25:04:00	2	4:13	1	5:38	3	245	1	173	2	12:32
Salute the Glutes	Ashley O'Hearn	Katie Haught	Forest Drive CrossFit/Carolina Cross	3	15	4	25:08:00	5	5:22	3	5:51	1	285	1	173	3	12:35
Dang! We Should Have Scaled	Kaycee Gallup	Krista Mayberry	CrossFit Potentia	4	20	2	24:52:00	3	5:04	5	6:02	4	235	5	141	5	13:10
CFG	Alice Polatty	Lauren Rhearden	CrossFit Greenwood	5	22	5	25:19:00	4	5:07	4	5:57	5	230	4	148	4	12:43
2 Brunettes and a Barbell	Lisa McGehee	Heather Haines	Beast Mode - CHFB	6	32	6	26:15:00	6	7:59	7	6:38	6	225	6	116	7	13:40
Booty By Bacon	Jessica Thomas	Emily Harris	Beast Mode - CHFB	7	34	7	26:43:00	7	10:03	6	6:29	7	190	7	89	6	13:14

RX Individual Male

Column1	Home Gym	Overall Rank	Total Points	Friday Night Metcon		Atlas Stones		Row Complex: Part A		Row Complex: Part B		G20/Box Jump		DL/Wall Ball	
				Rank	Score	Rank2	Score3	Rank4	Score5	Rank6	Score7	Rank3	Score4	Rank22	Score33
Herman Demmink III	Five Forks Crossfit	1	10	1	9:10:00	1	10:04	5	5:15	3	215	1	156	3	13:31
Paulo Passini	Powdersville YMCA	2	13	2	11:02:00	6	10:18	2	5:10	1	230	2	142	1	13:20
Art Hamilton	Crossfit Oyster Point	3	17	6	13:33:00	2	10:11	1	5:03	2	225	3	131	4	13:33
Loran Crowder	CrossFit Overton	4	20	7	13:40:00	3	10:13	4	5:14	4	205	4	123	2	13:30
Chris McElroy	Jeep Rogers YMCA	5	28	3	11:10:00	4	10:15	3	5:13	10	155	6	112	8	14:10
Drew Parker	CrossFit EX	6	30	8	14:00:00	5	10:16	7	5:33	6	185	5	114	5	13:40
Zack Enyart	Beast Mode - CHFB	7	32	4	11:35:00	7	10:19	6	5:17	9	165	8	88	5	13:40
Adam Britton	Crossfit OSC	8	39	9	15:08:00	9	10:32	10	6:11	4	205	7	100	7	13:44
Chad Alewine	AAYMCA crossfit	9	42	5	13:08:00	10	10:36	9	5:49	7	170	9	83	10	14:31
Austin Duncan	Jeep Rogers YMCA	10	43	10	18:06:00	8	10:30	7	5:33	7	170	9	83	9	14:19
Daniel Bagley	Auburn Barbell Club	11	55	11	20:00:00	11	15:00	11	15:00	11	0	11	0	11	15:00

RX Individual Female

Column1	Home Gym	Overall Rank	Total Points	Friday Night Metcon		Atlas Stones		Row Complex: Part A		Row Complex: Part B		G20/Box Jump		DL/Wall Ball	
				Rank	Score	Rank2	Score3	Rank4	Score5	Rank6	Score7	Rank3	Score4	Rank22	Score33
Caroline O'Sullivan	Crossfit Reaction	1	7	1	10:19:00	2	10:19	3	6:21	1	135	1	112	1	13:36
Amy Fryt	CrossFit Reaction	2	9	2	13:29:00	1	10:16	1	6:10	2	125	2	108	2	13:43
Crissy Santillano	Jeep Rogers YMCA	3	16	3	13:32:00	2	10:19	4	6:30	4	90	4	76	3	14:14
Heather Beam	Beast Mode - CHFB	4	18	4	16:13:00	4	10:35	2	6:20	3	105	3	79	4	14:29

Men's Open Division

Team Name	Athletes	Column1	Home Gym	Overall Rank	Total Points	Rowing Complex: Part A		Rowing Complex: Part B		G2O/Box Jump		DL/WB WOD		Surprise WOD	
						Rank	Score	Rank2	Score3	Rank4	Score5	Rank6	Score7	Rank22	Score33
Crossfit Clemson	Chase reeves	Christian laws	Crossfit Clemson	1	6	1	4:48	2	410	1	247	1	8:28	4	18
Dirty Cleaning	Sung Chong	Eldon Matthia	Beast Mode - CHFB	2	11	2	4:49	4	360	3	218	3	9:49	4	18
Team swoliosis	Matt Sandberg	Caleb Whitney	Crossfit HSLD	4	24	6	5:03	7	350	15	202	2	9:34	1	20
Bench Press and Beers	Jeff Fischer	John Pitzulo	Southern Moon Crossfit	3	24	17	5:19	4	360	6	211	6	10:41	2	19
Team Spartacus	Jonathan Slemenda	Daniel Gonzalez	CFS	5	26	8	5:07	7	350	8	208	9	11:28	2	19
Team Italy	Chris White	Valerio Forina	CrossFit Greenwood	6	29	4	4:55	7	350	2	220	15	12:08	13	17
The SwoleTrain	AJ Bolton	Curtis Hallman	CrossFit Greenwood	7	32	3	4:50	4	360	7	210	12	12:04	19	16
Little Town Big Weight	Woody Moore	Michael Messnier	Pacolet Fitness	8	33	7	5:04	13	340	8	208	5	10:38	19	16
90 Percent Vega	Armando Vega	Eddie Villalobos	HIT Crossfit	9	35	28	5:30	11	345	5	212	8	11:24	4	18
Swamp Donkeys	Zachary Register	Jeremy Johnson	Motivus	10	40	11	5:12	13	340	11	207	10	11:40	13	17
Young Tart & Old Fart	Gary Mullinax	Daniel Ellis	Primal Fitness	11	44	27	5:29	1	450	8	208	7	11:01	30	0
Penny Deserves Abs	Phil Head III	Aaron Dix	Beast Mode - CHFB	12	45	20	5:22	20	320	14	204	4	10:04	13	17
Captain Hookgrips	Michael Hray	Louis Schenk	Crossfit Clemson	13	48	4	4:55	11	345	15	202	14	12:07	23	15
Hustle and Muscle	Gary Morrison	Brandon Westmoreland	Beast Mode - GHS	14	54	15	5:17	7	350	13	205	20	12:24	19	16
Potentia Rope Pushers	Zach Sikkelee	Blake Jackson	CrossFit Potentia	15	60	10	5:09	19	325	22	193	21	12:25	4	18
Shrug Life	Mike Croft	Jon Goodman	Crossfit Rebels	16	60	13	5:13	20	320	18	201	23	12:27	4	18
Hard WODs and Greek BODs	Cliff Donald	Matt Tenry	AAYMCA Crossfit	17	60	19	5:20	24	310	25	179	11	11:58	4	18
Swole Mates	Ben Wagner	Quinn Nix	Swamp Rabbit CrossFit / Beast Moc	18	60	8	5:07	28	290	21	195	19	12:19	4	18
CFBI	Julian Hamilton	Chris Brown	Crossfit Bomb Island	19	65	22	5:23	3	390	24	180	22	12:26	13	17
Bomb Island Beasts	Randy Whitehead	Jason Blocker	Crossfit Bomb Island	20	65	20	5:22	20	320	15	202	28	12:42	4	18
Ebony and Ivory	Brian Hardy	DeAngelo Mack	CrossFit Athlete's Arena	21	69	23	5:26	20	320	19	199	13	12:06	30	0
Suns Out Guns Out	Greg B Olsen	Anthony Miller	Loray Mill Athletics	22	69	15	5:17	17	330	22	193	16	12:13	30	0
Brotein Shake	Christian Kloot	Bryson Campbell	CrossFit Athlete's Arena	23	71	13	5:13	13	340	26	173	17	12:17	30	0
Hermits United	Jacob Finney	Jan Ragon	Jeep Rogers YMCA	24	75	31	5:40	26	300	11	207	24	12:35	23	15
Body Weight Ninjas	Scott Yamasaki	Zach Banks	Beast Mode - CHFB	25	76	24	5:27	28	290	20	198	17	12:17	25	14
Old Dogs	Ryan Finney	Randy Creech	Jeep Rogers YMCA	26	77	24	5:27	17	330	26	173	24	12:35	13	17
We Got The Runs	Sean Calvert	Michael Merrell	Primal Fitness	27	78	31	5:40	26	300	4	213	30	12:56	30	0
Boulevard	Ryan Smith	Jason Collins	AAYMCA Crossfit	28	81	26	5:28	24	310	30	172	24	12:35	4	18
EtbF	Wally Frye	Dan Eller	Beast Mode - CHFB	29	83	11	5:12	31	280	31	170	24	12:35	13	17
Will lift for tacos	Eddie Deluna	Christian Belteton	Primal Fitness	30	97	33	5:43	13	340	26	173	33	13:10	30	0
Almost Masters	Clayton Kale	Chris Pantelis	Beast Mode - CHFB	31	98	29	5:34	31	280	26	173	32	13:05	19	16
Team Geezer 2.0	Andy Simmons	Jim Ryerson	Hupomone Garage Gym	32	98	17	5:19	28	290	33	148	29	12:53	26	13
Beast Mode Then Feast Mode	Mark Martin	Jordan Evans	AAYMCA Crossfit	33	110	34	5:50	31	280	32	151	31	13:03	29	8
Team Geezer	Brian Duncan	Steve Simmons	Hupomone Garage Gym	34	115	30	5:37	35	275	34	147	35	13:38	26	13
G Men	Jim Bucks	Gordon Smith	AAYMCA Crossfit	35	116	35	5:59	31	280	35	145	34	13:21	28	10
Oops	Shane Hayes	Michael Garner	AAYMCA Crossfit	36	124	36	6:01	36	220	37	139	36	14:16	30	0
Fundamental Beasts	Cameron Tuckfield	Bandford Cobb	Beast Mode - CHFB	37	125	37	6:11	37	115	36	141	37	14:41	30	0
411 Crossfit	Micah Talley	Ben Gordon	411 Crossfit	38	135	38	15:00	38	0	39	0	38	15:00	39	0
Team 411 Crossfit	Brooks C Talley	Chris Talley	411 Crossfit	39	135	38	15:00	38	0	39	0	38	15:00	39	0

Female Open Division

Team Name	Athletes	Column1	Home Gym	Overall Rank	Total Points	Rowing Complex: Part A		Rowing Complex: Part B		G2O/Box Jump		DL/WB WOD		Surprise WOD	
						Rank	Score	Rank2	Score3	Rank4	Score5	Rank6	Score7	Rank22	Score33
Unofficially Retired	Stephanie Cushing	Blakely Mattern	Knight Performance Factory	1	13.5	3	5:20	7	235	4	217	3	9:28	3	6
We Squat to PR	Debra Begonis	Rebekah Horn	Crossfit Clemson	2	14.5	7	5:40	1	250	2	250	8	10:51	1	8
Lion Chasers	Suzanne Flaughter	Mary Javdan-Inaloo	Easley YMCA	3	16.5	1	5:07	13	210	7	212	1	9:10	3	6
Beastie Girls	Autumn Finney	Morgan Finney	Jeep Rogers YMCA	4	16.5	5	5:33	3	240	5	214	6	10:25	3	6
Beast Mode Then Feast Mode	Lindsay Small	Tiffany Galloway	Beast Mode - GHS	5	21.0	11	5:44	2	245	3	239	11	11:01	1	8
Pineapple Squad	Sarah Croft	Katie Cavanaugh	Crossfit Rebels	6	24.5	11	5:44	3	240	6	213	10	10:59	3	6
Stop, drop & squat	Emilie Westmoreland	Kelsey Stroud	Beast Mode - GHS	7	28.5	16	5:48	10	220	1	253	7	10:49	15	5
Crossfit Bomb Island	Abby Boland	Melissa Watts	Crossfit Bomb Island	8	32.5	14	5:47	8	230	11	210	9	10:57	3	6
Crossfit Clemson	Kate Reeves	Maigan Nieri	Crossfit Clemson	9	36.5	24	6:10	10	220	13	204	5	10:17	3	6
Kipping It Real	Samantha Evans	Jana Schofield	AAYMCA Crossfit	10	37.5	19	5:58	12	215	9	211	2	9:23	22	4
Palmetto Made Factory Built	Brandi Jackson	Kristina Hiott	Knight Performance Factory	11	38.0	4	5:27	13	210	16	196	12	11:39	3	6
Shrug Life	Kendra Williams	Mary Briggs	Greer Athletic Club	12	38.5	22	6:00	3	240	11	210	4	9:48	22	4
FIVE FORKS CROSSFIT	ASHLEY IRVIN	RACHAEL HOBBS	FIVE FORKS CROSSFIT	13	40.0	14	5:47	3	240	14	198	16	12:17	3	6
CU ROWING	Lucy Wilkinson	Cortney Carter	Beast Mode - CHFB	14	42.5	2	5:19	26	185	7	212	14	12:06	15	5
Rosé All Day	Bryant Byrne	Betsy Philmon	Iron Tribe Fitness	15	46.0	8	5:41	23	195	14	198	15	12:16	3	6
Drop It Like A Squat	Kerri Donald	Reagan Smith	AAYMCA Crossfit	16	60.5	21	5:59	23	195	18	189	19	12:30	3	6
More barbells less burpees	Ashley McAllister	Heidi Gooch	AAYMCA Crossfit	17	61.0	19	5:58	8	230	20	183	20	12:34	15	5
Girls Gone Wod	Celena Gordon	Kendall Barnum	Beast Mode - CHFB	18	62.0	18	5:54	19	200	19	186	17	12:20	15	5
the other girls	Megan Gaminde	Taylor Beard	Beast Mode - CHFB	19	62.0	13	5:45	19	200	17	191	18	12:22	22	4
Will Squat for Food	Megan McDaniel	Dorothy Williams	Beast Mode - CHFB	20	63.0	23	6:01	13	210	21	180	13	12:00	22	4
Booty and the beast	Angela Rigdon	Tyra Balcombe	Powdersville YMCA	21	63.5	17	5:50	19	200	23	178	21	12:35	3	6
Team A&E	Ashley Ferrara	Erin Wise	Forest Drive Crossfit	22	67.5	28	6:22	17	205	9	211	21	12:35	30	0
KPF Buns-N-Guns	Wendy Arnold	Alex Feinberg	Knight Performance Factory	23	69.5	6	5:34	13	210	21	180	24	12:57	30	0
Crazy Chicks	Jodi Laws	Angie Galloway	Powdersville YMCA	24	76.0	10	5:42	26	185	26	167	21	12:35	22	4
Brown Burpee Babes	Kelly Brown	Sarah Brown	CrossFit Athlete's Arena & Fitness5	25	76.5	8	5:41	26	185	24	175	28	13:18	15	5
K&M	Kaitlyn Partain	Megan Smith	Mayfair CrossFit	26	88.5	33	6:35	17	205	29	148	27	13:14	15	5
Spartan Up	Amy LeRoy	Silvie Cleo	Beast Mode - CHFB	27	93.0	26	6:17	31	170	33	137	30	13:27	3	6
Beauties and barbells	Tania Houjeiry	Carley Williams	Crossfit Clemson	28	94.0	25	6:15	26	185	25	171	29	13:19	29	2
WTF?!-Where's the Finish?!	Sara Mullinax	Kristyn Smalley	Primal Fitness	29	94.5	30	6:23	23	195	28	160	25	13:07	30	0
Chalk dirty to me	Katelyn Syper	Meribeth Fields	Crossfit Bang Bang	30	98.0	27	6:18	34	155	34	117	26	13:11	15	5
Girl Power	Anna Hall	Kara McCloud	Beast Mode - CHFB	31	104.5	32	6:32	31	170	27	165	31	13:36	30	0
No Butts, No Glory	Cameron White	McKenzie Holbrooks	Crossfit Clemson	32	105.0	31	6:31	31	170	31	145	32	13:40	22	4
Mother Thrusters	Anna Ellis	Stephanie Ricketts	Primal Fitness	33	106.0	28	6:22	30	180	30	147	32	13:40	30	0
Pye Squared	Ashley Pye	Emily Pye	Beast Mode - CHFB	34	106.5	34	6:36	19	200	32	144	34	14:20	28	3

Master Male Division

Team Name	Athletes	Column1	Home Gym	Overall Rank	Total Points	Rowing Complex: Part A		Rowing Complex: Part B		G2O/Box Jump		DL/WB WOD		Surprise WOD	
						Rank	Score	Rank2	Score3	Rank4	Score5	Rank6	Score7	Rank22	Score33
Mall Walkers	Todd Holliday	Bill Gruss	HIT Crossfit	1	6.5	5	5:10	3	360	1	195	1	11:21	2	18
AMRAPPERS Delight	Brian Cheek	Brandon Cox	Crossfit Electric City	2	8.0	2	4:58	1	410	4	175	2	11:42	5	17
As Good Once As I Ever Was	Adam Shirley	Zach Southerland	Knight Performance Factory	3	15.5	1	4:42	3	360	3	177	4	12:02	1	19
MorHam	Graham Howle	Morry Steinbach	CrossFit Reaction	4	19.0	6	5:18	7	340	6	172	6	12:18	8	16
Arena Gladiators	Shane Miller	Kenley Loftis	CrossFit Athlete's Arena	5	19.5	8	5:22	12	185	2	191	3	11:55	8	16
Southern Roar	Richard Osborne	Flip Beal	Southern Moon/Lion's Roar	6	21.5	4	5:01	7	340	5	174	5	12:04	2	18
Weights Before Beer, Have No Fear	Alex Campbell	Stacy Dyer	Beast Mode - GHS	7	22.0	6	5:18	3	360	8	146	9	12:35	2	18
Lake Murray Militia	Terry Conroy	Jamison Temples	CrossFit Athlete's Arena	8	25.0	9	5:35	3	360	7	165	7	12:25	5	17
Hefewilson	Jeff McGehee	Tim Wilson	Beast Mode - CHFB	9	27.5	2	4:58	9	325	9	145	8	12:32	5	17
Bridgwater Roosters	Michael Fulmer	Randy Sturgeon	Beast Mode - GHS	10	29.5	12	5:49	2	380	11	142	11	13:39	8	16
Beastmasters	Scot Baddley	Gary Blue	Beast Mode - GHS	11	36.0	10	5:37	11	270	12	116	10	13:10	12	13
Fifty +	Dave Conley	Brian Spears	Beast Mode - GHS	12	36.5	11	5:40	10	310	10	143	12	13:40	11	14
CrossFit Greenwood Masters	Kevin Kessler	John Gary	CrossFit Greenwood	13	0.0	13	15:00	13	0	13	0	13	15:00	13	0

Master Female Division

Team Name	Athletes	Column1	Home Gym	Overall Rank	Total Points	Rowing Complex: Part A		Rowing Complex: Part B		G2O/Box Jump		DL/WB WOD		Surprise WOD	
						Rank	Score	Rank2	Score3	Rank4	Score5	Rank6	Score7	Rank22	Score33
Strong and Thick	Lea Hall	Chrissy Quелlette	Crossfit Bang Bang	1	4.5	3	5:51	1	255	1	176	1	11:40	1	6
Strangers in the WOD	Christina Harrell	Sara Ryberg	Lions Roar Crossfit / SRCR	2	6.0	1	5:41	2	220	2	170	2	12:17	1	6
Wrinkles & Tinkles	Stephanie Southerland	LeGette Shirley	Knight Performance Factory	3	9.0	2	5:46	3	210	2	170	3	12:26	3	4
Arena Amazons	Holli Miller	Amanda Campbell	CrossFit Athlete's Arena	4	14.0	4	6:32	4	160	4	84	4	14:11	4	0

Teen Female Division

Team Name	Athletes	Column1	Home Gym	Overall Rank	Total Points	Rowing Complex: Part A		Rowing Complex: Part B		G2O/Box Jump		DL/WB WOD		Surprise WOD	
						Rank	Score	Rank2	Score3	Rank4	Score5	Rank6	Score7	Rank22	Score33
Blister Sisters	Taylor Gerlach Lindsay Fagan		Rising CrossFit Ballantyne	1	4.0	1	6:04	2	230	1	233	1	8:08	1	5
Less Talking, More Chalking	Madeline Finney Sophia Finney		Jeep Rogers YMCA	2	6.0	2	6:13	1	190	2	174	2	11:58	1	5