

SEND Information Day 2018

Parent Carer Workshop Summaries

1. Transition into Employment – a.m. only

Lee Taylor and Paul Mulley – Equality Works, supported employment service in Joint Learning Disability Team

A workshop for parents to discuss employment related opportunities, challenges and issues. The team will share examples of Employment Pathways and these will be presented by some of the people they have supported into employment both paid and voluntary. The workshop will explore how Equality Works engages with employers to achieve successful outcomes and how working alongside other service providers, parents and benefit agencies ensures that the young person's aspirations, views and needs are met.

The Transition process can cause great anxiety for both parents and young people, so we hope that this workshop will give parents an opportunity to discuss employment related matters and to receive information that will help them to support their children with their future choices.

2. Behaviour – a.m. only

Emma Richards and Victoria Courtis – Inclusion and Intervention Specialist Teachers (Social, Emotional, Mental Health)

This workshop is aimed at helping parents to consider what behaviours are communicating and how to support some of these behaviours in the family home. It will look at how schools manage difficult behaviours and how some of these strategies can be adapted to use in other settings. It will also consider tricky transition times and ideas to de-escalate more challenging situations.

3. Primary to Secondary Transfer - p.m. only

Joanne Friday and Christina White – Inclusion and Intervention Specialist Teachers

Consider some of the challenges young people with SEND might have making the transition.

Consider some useful strategies that parents can use to support and empower their children to transfer more successfully.

Look at some resources that can help.

4. Promoting Health and Wellbeing with CAMHS – a.m. & p.m.

Join Andrew Edge, Consultant Family Therapist & Therapy Lead, MK Specialist CAMHS: Exploring ways of enhancing inclusion at times of transition to help promote good mental health and wellbeing.

This workshop will explore the challenges and opportunities that can face children, young people and their families at times of significant transition.

5. The Anti-Anxiety workshop – a.m. & p.m.

Come and join the Educational Psychology Service in discussions and activities designed to identify anxiety, learn about the causes and how to reduce it. Proven strategies for both adults and children.

6. Top Tips for Parents (Transition) a.m. & p.m.

Pat Bullen from NTDi/Preparing for Adulthood.

What do you need to know to prepare your young person and yourself for transition?

This workshop will look at the four pathways for preparing for adulthood and how parents and carers can be as prepared as possible for the move into adulthood and where appropriate, adult services.

7. ADHD - p.m only

Jacky More, from ADHD Smart Northants will be talking about ADHD and supporting strategies.