

EMPOWERED TO LIVE FREE
SIAFU Men's Conference 2016

NO RESERVES RETREAT REGRETS

Stay awake, stand firm in your faith, be brave, be strong.

~ 1 Corinthians 16.13 (CEB)



2016 MIDWEST SIAFU ENGLISH MEN'S RETREAT

What to Bring

Place: Morning Star Ranch, Florence KS

Date: September 30-October 2, 2016

CLOTHES – Pack enough for each day of the retreat. Pack clothes that can get dirty. Label all clothes. There will be lots of outdoor activities so bring hiking boots, sturdy shoes or sneakers (one pair of closed toe shoes required).

PERSONAL GEAR

- Sunglasses (optional)
- Water Bottle
- Bible, Pen, Pencil
- Journal (optional)
- Flashlight
- Sleeping Bag or top sheet with a blanket
- Pillow and pillow case
- Towel
- Wash cloth and hand towel (optional)
- Laundry bag (can be a trash bag)
- Duffel bag or soft sided suitcase to pack everything
- Camera (optional)
- Fishing pole/tackle box if you plan to fish
- Ball glove if you plan to play softball

TOILETRIES – A small toiletry bag or plastic bucket is great for storing this stuff.

- Hand lotion (optional)
- Sun lotion SPF 30 (optional)
- Chap stick with sun screen (optional)
- Bug spray (with DEET is best)
- Soap
- Toothpaste and brush, floss
- Deodorant
- Shampoo and conditioner
- Hair care products, Comb, pick or brush

LEFT ITEMS – Any items such as clothing, shoes, books, luggage, personal hygiene items, bedding, etc. left behind must be claimed and picked up no later than two weeks after the retreat. Items not picked up or claimed will be taken to our ministry thrift store.